



匪呈ノ岫岩她擊棟替] 俏斂高斂 ← 哧哧便僚曝灼傲坵坵奈掉  
伴勢尉扁翟替T 徒T 慄宾塔否 ← 固坵L 汀替关治樵匪ユ璽 ←  
悶儀恂 ← 度癡 ← T 璽 ← 塌岐僚擊棟替一 佻傲愠傲 ← 噶埤擊雙  
棟她擊雙↑ 暨2際剝胤勿墀↑ 勿墀■ Gy关治傲 r 剝丁夫芥她  
丁孳kQ矩勢尉替什勢尉二匱十 復她处分替慄慮煇剝味刺 ← ▼  
剝岷剝她哧噱え 惹勢尉她剝塞塌分澤κ 吳号亂↑ 暨3際博  
κ 匱↑ 匱勢尉倘否夕悞博κ 替拿坵ナテ箭替卍午嶺泉囊  
宾 ← 墀嚶囊曠她× 璽替侈互喊响她培囊刺替愧□□ 馥 ← 圓噉 ←  
塘培 ← r 坵史反 ← 坵史反 ← 喊懷听愧⊙ ⊙ 伍倫傘僚听T 徒  
她博κ 替nA ▼ 襄微勢尉她岷岷孳寐剝儿替κ 帶悞□ 替侈互喊  
懷岷岷她冰刺 ← 啤掙刺⊙ T 卍↑

1.3 復僂口哈

暨1際勿墀吋哧噱暨2際俯卍剝儿噱暨3際太吞失塌壯 VAS ←  
VRS ← PPI 低乙<sup>[7]</sup>低○ 瞭暨4際娠妮忙靡壯 PSQI 低乙<sup>[8]</sup>低依瞭  
暨5際墀囊忙靡壯 SF-36 靡囊<sup>[9]</sup>低○ ↑

1.4 夔吋低○ 哈ノ<sup>[10]</sup>

呜吋T 失塌嚶掃曝咕吋T 失塌号亂替吳吋T 芥剝一扇↑

1.5 寔忡借乙啞

博璽 SPSS22.0 寔忡借思• 乙啞↑

2 结果

2.1 勿墀吋哧噱彙 1↑

彙 1 勿墀吋哧噱[n暨%際]

宦κ	同	呜吋	咕吋	吳吋	勿墀剝咕吋塵
復僂宦	65	32	31	2	96.92%(63/65)
傲埡宦	65	25	26	14	78.46%(51/65)
$x^2$					12.105
P					<0.05

2.2 俯卍塵替彙 2↑

彙 2 俯卍塵[n暨%際]

宦κ	同	俯卍同	俯卍塵
復僂宦	65	4	6.15%(4/65)
傲埡宦	65	9	13.85%(9/65)

$x^2$			13.584
P			<0.05

2.3 VAS ← VRS ← PPI 低乙替彙 3↑

彙 3 VAS ← VRS ← PPI 低乙暨  $x \pm s$  替乙際

宦κ	同	VAS 低乙		VRS 低乙		PPI 低乙	
		孰拒κ	孰拒nm	孰拒κ	孰拒nm	孰拒κ	孰拒nm
復僂宦	6	5.84±1	4.01±1	35.18±	25.34±	4.64±0	2.35±0
	5	.24	.01	1.35	1.02	.74	.36
傲埡宦	6	5.88±1	4.74±1	35.21±	28.39±	4.66±0	3.52±0
	5	.25	.11	1.64	1.38	.59	.44
t		0.023	40.674	0.471	217.492	0.105	21.957
P		>0.05	<0.05	>0.05	<0.05	>0.05	<0.05

2.4 娠妮忙靡替彙 4↑

彙 4 娠妮忙靡暨  $x \pm s$  替乙際

宦κ	同	溪户囉同暨囉際		夕姪呀挽暨h際		娠妮忙靡低乙暨乙際	
		孰拒κ	孰拒nm	孰拒κ	孰拒nm	孰拒κ	孰拒nm
復僂宦	6	5.28±	1.21±	4.25±	0.29±	8.12±1	3.29±
	5	1.52	0.37	0.68	0.16	.39	1.40
傲埡宦	6	5.32±	3.60±	4.24±	1.61±	8.10±1	6.37±
	5	1.27	1.05	0.59	0.31	.29	1.25
t		2.541	15.854	1.221	18.541	3.525	14.758
P		>0.05	<0.05	>0.05	<0.05	>0.05	<0.05

2.5 墀囊忙靡替彙 5↑

彙 5 墀囊忙靡暨  $x \pm s$  替乙際

宦κ	同	愧□T 崙		婚σT 崙		德崙T 崙		忒姬T 崙		削□や 母	
		孰拒κ	孰拒nm	孰拒κ	孰拒nm	孰拒κ	孰拒nm	孰拒κ	孰拒nm	孰拒κ	孰拒nm
復僂宦	65	74.52±	90.11±	75.21±	91.66±	72.33±	92.65±6.	73.24±	90.57±	75.28±	91.58
		5.68	6.35	4.57	6.33	5.16	04	6.02	6.33	5.17	±7.25
傲埡宦	65	74.65±	81.84±	74.96±	80.48±	71.98±	79.36±5.	74.05±	82.64±	75.48±	83.24
		5.10	5.67	5.02	6.58	4.98	99	5.78	6.21	5.05	±6.95
t		0.142	8.128	0.308	10.245	0.408	13.071	0.812	7.740	0.231	6.948
P		嗽0.05	<0.05	嗽0.05	<0.05	嗽0.05	<0.05	嗽0.05	<0.05	嗽0.05	<0.05

### 3 讨论

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#### 参考文献:

[1] 咳寔培, 寐<sub>1</sub> 堉<sub>2</sub> 堉<sub>3</sub> 堉<sub>4</sub> 堉<sub>5</sub> 堉<sub>6</sub> 堉<sub>7</sub> 堉<sub>8</sub> 堉<sub>9</sub> 堉<sub>10</sub> 堉<sub>11</sub> 堉<sub>12</sub> 堉<sub>13</sub> 堉<sub>14</sub> 堉<sub>15</sub> 堉<sub>16</sub> 堉<sub>17</sub> 堉<sub>18</sub> 堉<sub>19</sub> 堉<sub>20</sub> 堉<sub>21</sub> 堉<sub>22</sub> 堉<sub>23</sub> 堉<sub>24</sub> 堉<sub>25</sub> 堉<sub>26</sub> 堉<sub>27</sub> 堉<sub>28</sub> 堉<sub>29</sub> 堉<sub>30</sub> 堉<sub>31</sub> 堉<sub>32</sub> 堉<sub>33</sub> 堉<sub>34</sub> 堉<sub>35</sub> 堉<sub>36</sub> 堉<sub>37</sub> 堉<sub>38</sub> 堉<sub>39</sub> 堉<sub>40</sub> 堉<sub>41</sub> 堉<sub>42</sub> 堉<sub>43</sub> 堉<sub>44</sub> 堉<sub>45</sub> 堉<sub>46</sub> 堉<sub>47</sub> 堉<sub>48</sub> 堉<sub>49</sub> 堉<sub>50</sub> 堉<sub>51</sub> 堉<sub>52</sub> 堉<sub>53</sub> 堉<sub>54</sub> 堉<sub>55</sub> 堉<sub>56</sub> 堉<sub>57</sub> 堉<sub>58</sub> 堉<sub>59</sub> 堉<sub>60</sub> 堉<sub>61</sub> 堉<sub>62</sub> 堉<sub>63</sub> 堉<sub>64</sub> 堉<sub>65</sub> 堉<sub>66</sub> 堉<sub>67</sub> 堉<sub>68</sub> 堉<sub>69</sub> 堉<sub>70</sub> 堉<sub>71</sub> 堉<sub>72</sub> 堉<sub>73</sub> 堉<sub>74</sub> 堉<sub>75</sub> 堉<sub>76</sub> 堉<sub>77</sub> 堉<sub>78</sub> 堉<sub>79</sub> 堉<sub>80</sub> 堉<sub>81</sub> 堉<sub>82</sub> 堉<sub>83</sub> 堉<sub>84</sub> 堉<sub>85</sub> 堉<sub>86</sub> 堉<sub>87</sub> 堉<sub>88</sub> 堉<sub>89</sub> 堉<sub>90</sub> 堉<sub>91</sub> 堉<sub>92</sub> 堉<sub>93</sub> 堉<sub>94</sub> 堉<sub>95</sub> 堉<sub>96</sub> 堉<sub>97</sub> 堉<sub>98</sub> 堉<sub>99</sub> 堉<sub>100</sub>

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[4] 敖寔倦<sub>1</sub> (H) 勿<sub>2</sub> 堉<sub>3</sub> 堉<sub>4</sub> 堉<sub>5</sub> 堉<sub>6</sub> 堉<sub>7</sub> 堉<sub>8</sub> 堉<sub>9</sub> 堉<sub>10</sub> 堉<sub>11</sub> 堉<sub>12</sub> 堉<sub>13</sub> 堉<sub>14</sub> 堉<sub>15</sub> 堉<sub>16</sub> 堉<sub>17</sub> 堉<sub>18</sub> 堉<sub>19</sub> 堉<sub>20</sub> 堉<sub>21</sub> 堉<sub>22</sub> 堉<sub>23</sub> 堉<sub>24</sub> 堉<sub>25</sub> 堉<sub>26</sub> 堉<sub>27</sub> 堉<sub>28</sub> 堉<sub>29</sub> 堉<sub>30</sub> 堉<sub>31</sub> 堉<sub>32</sub> 堉<sub>33</sub> 堉<sub>34</sub> 堉<sub>35</sub> 堉<sub>36</sub> 堉<sub>37</sub> 堉<sub>38</sub> 堉<sub>39</sub> 堉<sub>40</sub> 堉<sub>41</sub> 堉<sub>42</sub> 堉<sub>43</sub> 堉<sub>44</sub> 堉<sub>45</sub> 堉<sub>46</sub> 堉<sub>47</sub> 堉<sub>48</sub> 堉<sub>49</sub> 堉<sub>50</sub> 堉<sub>51</sub> 堉<sub>52</sub> 堉<sub>53</sub> 堉<sub>54</sub> 堉<sub>55</sub> 堉<sub>56</sub> 堉<sub>57</sub> 堉<sub>58</sub> 堉<sub>59</sub> 堉<sub>60</sub> 堉<sub>61</sub> 堉<sub>62</sub> 堉<sub>63</sub> 堉<sub>64</sub> 堉<sub>65</sub> 堉<sub>66</sub> 堉<sub>67</sub> 堉<sub>68</sub> 堉<sub>69</sub> 堉<sub>70</sub> 堉<sub>71</sub> 堉<sub>72</sub> 堉<sub>73</sub> 堉<sub>74</sub> 堉<sub>75</sub> 堉<sub>76</sub> 堉<sub>77</sub> 堉<sub>78</sub> 堉<sub>79</sub> 堉<sub>80</sub> 堉<sub>81</sub> 堉<sub>82</sub> 堉<sub>83</sub> 堉<sub>84</sub> 堉<sub>85</sub> 堉<sub>86</sub> 堉<sub>87</sub> 堉<sub>88</sub> 堉<sub>89</sub> 堉<sub>90</sub> 堉<sub>91</sub> 堉<sub>92</sub> 堉<sub>93</sub> 堉<sub>94</sub> 堉<sub>95</sub> 堉<sub>96</sub> 堉<sub>97</sub> 堉<sub>98</sub> 堉<sub>99</sub> 堉<sub>100</sub>

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[6] 咳寔寔<sub>1</sub> (H) 勿<sub>2</sub> 堉<sub>3</sub> 堉<sub>4</sub> 堉<sub>5</sub> 堉<sub>6</sub> 堉<sub>7</sub> 堉<sub>8</sub> 堉<sub>9</sub> 堉<sub>10</sub> 堉<sub>11</sub> 堉<sub>12</sub> 堉<sub>13</sub> 堉<sub>14</sub> 堉<sub>15</sub> 堉<sub>16</sub> 堉<sub>17</sub> 堉<sub>18</sub> 堉<sub>19</sub> 堉<sub>20</sub> 堉<sub>21</sub> 堉<sub>22</sub> 堉<sub>23</sub> 堉<sub>24</sub> 堉<sub>25</sub> 堉<sub>26</sub> 堉<sub>27</sub> 堉<sub>28</sub> 堉<sub>29</sub> 堉<sub>30</sub> 堉<sub>31</sub> 堉<sub>32</sub> 堉<sub>33</sub> 堉<sub>34</sub> 堉<sub>35</sub> 堉<sub>36</sub> 堉<sub>37</sub> 堉<sub>38</sub> 堉<sub>39</sub> 堉<sub>40</sub> 堉<sub>41</sub> 堉<sub>42</sub> 堉<sub>43</sub> 堉<sub>44</sub> 堉<sub>45</sub> 堉<sub>46</sub> 堉<sub>47</sub> 堉<sub>48</sub> 堉<sub>49</sub> 堉<sub>50</sub> 堉<sub>51</sub> 堉<sub>52</sub> 堉<sub>53</sub> 堉<sub>54</sub> 堉<sub>55</sub> 堉<sub>56</sub> 堉<sub>57</sub> 堉<sub>58</sub> 堉<sub>59</sub> 堉<sub>60</sub> 堉<sub>61</sub> 堉<sub>62</sub> 堉<sub>63</sub> 堉<sub>64</sub> 堉<sub>65</sub> 堉<sub>66</sub> 堉<sub>67</sub> 堉<sub>68</sub> 堉<sub>69</sub> 堉<sub>70</sub> 堉<sub>71</sub> 堉<sub>72</sub> 堉<sub>73</sub> 堉<sub>74</sub> 堉<sub>75</sub> 堉<sub>76</sub> 堉<sub>77</sub> 堉<sub>78</sub> 堉<sub>79</sub> 堉<sub>80</sub> 堉<sub>81</sub> 堉<sub>82</sub> 堉<sub>83</sub> 堉<sub>84</sub> 堉<sub>85</sub> 堉<sub>86</sub> 堉<sub>87</sub> 堉<sub>88</sub> 堉<sub>89</sub> 堉<sub>90</sub> 堉<sub>91</sub> 堉<sub>92</sub> 堉<sub>93</sub> 堉<sub>94</sub> 堉<sub>95</sub> 堉<sub>96</sub> 堉<sub>97</sub> 堉<sub>98</sub> 堉<sub>99</sub> 堉<sub>100</sub>

[7] 堉<sub>101</sub> 堉<sub>102</sub> 堉<sub>103</sub> 堉<sub>104</sub> 堉<sub>105</sub> 堉<sub>106</sub> 堉<sub>107</sub> 堉<sub>108</sub> 堉<sub>109</sub> 堉<sub>110</sub> 堉<sub>111</sub> 堉<sub>112</sub> 堉<sub>113</sub> 堉<sub>114</sub> 堉<sub>115</sub> 堉<sub>116</sub> 堉<sub>117</sub> 堉<sub>118</sub> 堉<sub>119</sub> 堉<sub>120</sub> 堉<sub>121</sub> 堉<sub>122</sub> 堉<sub>123</sub> 堉<sub>124</sub> 堉<sub>125</sub> 堉<sub>126</sub> 堉<sub>127</sub> 堉<sub>128</sub> 堉<sub>129</sub> 堉<sub>130</sub> 堉<sub>131</sub> 堉<sub>132</sub> 堉<sub>133</sub> 堉<sub>134</sub> 堉<sub>135</sub> 堉<sub>136</sub> 堉<sub>137</sub> 堉<sub>138</sub> 堉<sub>139</sub> 堉<sub>140</sub> 堉<sub>141</sub> 堉<sub>142</sub> 堉<sub>143</sub> 堉<sub>144</sub> 堉<sub>145</sub> 堉<sub>146</sub> 堉<sub>147</sub> 堉<sub>148</sub> 堉<sub>149</sub> 堉<sub>150</sub> 堉<sub>151</sub> 堉<sub>152</sub> 堉<sub>153</sub> 堉<sub>154</sub> 堉<sub>155</sub> 堉<sub>156</sub> 堉<sub>157</sub> 堉<sub>158</sub> 堉<sub>159</sub> 堉<sub>160</sub> 堉<sub>161</sub> 堉<sub>162</sub> 堉<sub>163</sub> 堉<sub>164</sub> 堉<sub>165</sub> 堉<sub>166</sub> 堉<sub>167</sub> 堉<sub>168</sub> 堉<sub>169</sub> 堉<sub>170</sub> 堉<sub>171</sub> 堉<sub>172</sub> 堉<sub>173</sub> 堉<sub>174</sub> 堉<sub>175</sub> 堉<sub>176</sub> 堉<sub>177</sub> 堉<sub>178</sub> 堉<sub>179</sub> 堉<sub>180</sub> 堉<sub>181</sub> 堉<sub>182</sub> 堉<sub>183</sub> 堉<sub>184</sub> 堉<sub>185</sub> 堉<sub>186</sub> 堉<sub>187</sub> 堉<sub>188</sub> 堉<sub>189</sub> 堉<sub>190</sub> 堉<sub>191</sub> 堉<sub>192</sub> 堉<sub>193</sub> 堉<sub>194</sub> 堉<sub>195</sub> 堉<sub>196</sub> 堉<sub>197</sub> 堉<sub>198</sub> 堉<sub>199</sub> 堉<sub>200</sub>

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[11] 捷<sub>101</sub> 堉<sub>102</sub> 堉<sub>103</sub> 堉<sub>104</sub> 堉<sub>105</sub> 堉<sub>106</sub> 堉<sub>107</sub> 堉<sub>108</sub> 堉<sub>109</sub> 堉<sub>110</sub> 堉<sub>111</sub> 堉<sub>112</sub> 堉<sub>113</sub> 堉<sub>114</sub> 堉<sub>115</sub> 堉<sub>116</sub> 堉<sub>117</sub> 堉<sub>118</sub> 堉<sub>119</sub> 堉<sub>120</sub> 堉<sub>121</sub> 堉<sub>122</sub> 堉<sub>123</sub> 堉<sub>124</sub> 堉<sub>125</sub> 堉<sub>126</sub> 堉<sub>127</sub> 堉<sub>128</sub> 堉<sub>129</sub> 堉<sub>130</sub> 堉<sub>131</sub> 堉<sub>132</sub> 堉<sub>133</sub> 堉<sub>134</sub> 堉<sub>135</sub> 堉<sub>136</sub> 堉<sub>137</sub> 堉<sub>138</sub> 堉<sub>139</sub> 堉<sub>140</sub> 堉<sub>141</sub> 堉<sub>142</sub> 堉<sub>143</sub> 堉<sub>144</sub> 堉<sub>145</sub> 堉<sub>146</sub> 堉<sub>147</sub> 堉<sub>148</sub> 堉<sub>149</sub> 堉<sub>150</sub> 堉<sub>151</sub> 堉<sub>152</sub> 堉<sub>153</sub> 堉<sub>154</sub> 堉<sub>155</sub> 堉<sub>156</sub> 堉<sub>157</sub> 堉<sub>158</sub> 堉<sub>159</sub> 堉<sub>160</sub> 堉<sub>161</sub> 堉<sub>162</sub> 堉<sub>163</sub> 堉<sub>164</sub> 堉<sub>165</sub> 堉<sub>166</sub> 堉<sub>167</sub> 堉<sub>168</sub> 堉<sub>169</sub> 堉<sub>170</sub> 堉<sub>171</sub> 堉<sub>172</sub> 堉<sub>173</sub> 堉<sub>174</sub> 堉<sub>175</sub> 堉<sub>176</sub> 堉<sub>177</sub> 堉<sub>178</sub> 堉<sub>179</sub> 堉<sub>180</sub> 堉<sub>181</sub> 堉<sub>182</sub> 堉<sub>183</sub> 堉<sub>184</sub> 堉<sub>185</sub> 堉<sub>186</sub> 堉<sub>187</sub> 堉<sub>188</sub> 堉<sub>189</sub> 堉<sub>190</sub> 堉<sub>191</sub> 堉<sub>192</sub> 堉<sub>193</sub> 堉<sub>194</sub> 堉<sub>195</sub> 堉<sub>196</sub> 堉<sub>197</sub> 堉<sub>198</sub> 堉<sub>199</sub> 堉<sub>200</sub>

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