

自我护理在肺癌免疫治疗中的应用效果

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【摘要】目的: 探究自我护理在肺癌免疫治疗中的应用效果。方法: 选取 86 例在本院行肺癌免疫治疗的肺癌患者分为两组。常规组进行常规护理, 实验组加强患者自我护理。对比分析两组患者各项数据。结果: 在无其他因素的干扰下, 实验组干预效果优于常规组, 患者生命质量较高, $P < 0.05$ 。结论: 肺癌患者自身护理意识的增强也能够一定程度上提高患者的生活质量, 控制患者病情。因此, 需要注重增强患者的自我护理意识, 同时对患者的身心状况予以重视, 保障患者的生命安全。自我护理效果明显, 能够延伸护理范围, 缓解癌症带来的相关症状, 帮助患者保持就医期间的积极心态, 防止患者受到不良事件的影响, 提高患者生活质量, 同时能够有效减少医患纠纷, 维持和谐的医患关系, 进一步提升医院医疗整体质量和水平, 值得推广。

【关键词】自我护理; 肺癌免疫治疗; 干预效果

Effect of Self-care in Immunotherapy of Lung Cancer

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Abstract: Objective: To explore the effect of self-care in immunotherapy of lung cancer. Methods: 86 patients with lung cancer who received immunotherapy in our hospital were divided into two groups. Routine nursing was performed in the routine group, and self-care was strengthened in the experimental group. The data of the two groups were compared and analyzed. Results: without the interference of other factors, the intervention effect of the experimental group was better than that of the routine group, and the quality of life of the patients was higher ($P < 0.05$). Conclusion: the enhancement of self-care consciousness of lung cancer patients can also improve the quality of life of patients and control their condition to a certain extent. Therefore, it is necessary to pay attention to enhancing the self-care consciousness of patients, and pay attention to the physical and mental conditions of patients to ensure the life safety of patients. The self-care effect is obvious. It can extend the scope of care, alleviate the related symptoms caused by cancer, help patients maintain a positive attitude during medical treatment, prevent patients from being affected by adverse events, improve the quality of life of patients, effectively reduce doctor-patient disputes, maintain a harmonious doctor-patient relationship, and further improve the overall quality and level of hospital medical care. It is worth promoting.

Keywords: Self-care; Immunotherapy for lung cancer; Intervention effect

嶂齋吩! 嫁伉夕增嘉伴匕卸芥磨丁嗚! 歷惛揮她刺荆
岨奚暫嶂齋卸芥④份惛偶! 俯咭暫兌徨她④份00匪埠嶗2E埝
抄啫齋mV愴夫芥←瞭現瞭懿nA豕愉嶂齋暫掃噴! 俠愴! 伶
學←巡埝份學勃刺寒伶學暫! 嶂齋勢芥她兌徨④份! 嶂齋伉
吹啫失婿兢! 吳鳴暫! 嶂齋愉芥擊(0)暫【澤偶同勢慰芥刺冒
怙暫嶗T璋! 噤! 剛丞亮←峒擇←齋mV价採瞭刺儿暫儿猛豕
愉噤剛暫兢④呀影傲(0)慧三怙夔! 妄々暫! シ能凡帶洗梳拒
T 啓処嬋処她シ能噤夔儲劬! 嶂齋噤夔她塢挡暫シ能噤夔
nmT璋她シ能腔呼挡塢2E以暫儲劬! 周啫嶂齋噤夔構伏她! |
客噤夔豐巡! 壯! シ能噤夔偶伉! 嶂-关嫁接2E暫σ做勢
慰候処憤劬! 俵卜僂暫份噴猛高豐嬈哂她勿埠啫喚暫做勢慰
慧三咕! 呀梳拒暫k0呀慶猛噤扇勢慰她唾勃勿埠暫庇揮勢慰她
T 復良L荆! 唾勃勿埠剛怙暫慧扁互斗勿埠她嚶兜暫慧! 噤

儼任シ能噤夔她啫啫暫2E掙勢慰她墻一偃夕暫冒抄勢慰墻偶
啫! 啫娥儼! 提乙啫唾勃勿埠她啫否④箇中暫區卷唾勃勿埠
她T 六0 ^暫璋位二回刺儿匀愴俏! 暉

1 资料和方法

1.1 悚吗

啫唾娥儼甸儼 86) 嶂齋勢慰暫优乙T T 宦暫兑循宦勢
慰 43) 暫迥斃T 24 峯 75 儼暫优斃暨45.89±17.14際儼暫儼
3 兑循勿埠! 儼標宦勢慰 43) 暫迥斃T 25 峯 76 儼暫优斃
暨46.36±18.47際儼暫兌兑循勿埠她佢娘! 一互勢慰唾勃勿埠! |
T 宦勢慰佢啫悚吗吳鳴儼寫! |

1.2 娥儼啫噓

1.2.1 兑循宦

兑循勿埠! 区埝循儼噤娶做勢慰慧三兑循勿埠暫兢め儼

