

围手术期临床护理在微创乳腺手术患者中的应用价值分析

顾军军

上海中医药大学附属龙华医院 上海 200032

【摘要】目的: 分析微创乳腺手术患者中, 围手术期临床护理的应用价值。**方法:** 基于不同护理方案下, 将 96 例行微创乳腺手术治疗的患者(我院 2019 年 10 月-2020 年 11 月收治)均分为人数相等的 2 组; 1 组为基础组(n=48), 1 组为观察组(n=48), 收治入院后均基于麦默通微创旋切系统辅助下予以 2 组以微创乳腺手术治疗, 围手术期间分别予以 2 组常规护理干预和临床护理干预; 对比评价 2 组护理干预前后心理状况、生活质量以及手术详情等多指标。**结果:** 对比基础组, 观察组旋切次数及术中出血量显著较少, 手术操作时间、住院时间显著较短, 围手术期间皮肤红肿、穿刺处出血和切口感染并发症发生率以及护理干预后 SAS、SDS 评分显著更低显著较低, 护理干预后情感状况、躯体状况、功能状况、社会及家庭状况生活质量评分显著更高(P<0.05)。**结论:** 临床护理干预模式有助于强化微创乳腺手术患者手术疗效及预后效果。

【关键词】 微创乳腺手术; 围手术期; 临床护理

Application Value of Perioperative Clinical Nursing in Minimally Invasive Breast Surgery

Junjun Gu

Longhua Hospital Shanghai University of Traditional Chinese Medicine Shanghai 200032

Abstract: Objective To analyze the application value of perioperative clinical nursing in minimally invasive breast surgery patients. Methods Based on different nursing schemes, 96 patients undergoing minimally invasive breast surgery (admitted in our hospital from October 2019 to November 2020) were divided into two equal groups; The first group was the basic group (n=48), and the first group was the observation group (n=48). After admission, the two groups were treated with minimally invasive breast surgery based on the assistance of the minimally invasive rotary resection system of Macintosh. During the perioperative period, the two groups were given routine nursing intervention and clinical nursing intervention respectively; The psychological status, quality of life and surgical details of the two groups before and after the nursing intervention were compared and evaluated. Results Compared with the basic group, the number of rotary incisions and the amount of intraoperative bleeding in the observation group were significantly less, the operation time and hospital stay were significantly shorter, the incidence of skin redness and swelling, puncture bleeding and wound infection complications during perioperative period, and the SAS and SDS scores after nursing intervention were significantly lower, and the scores of emotional status, physical status, functional status, social and family status and quality of life after nursing intervention were significantly higher (P<0.05). Conclusion The clinical nursing intervention mode is helpful to strengthen the surgical effect and prognosis of minimally invasive breast surgery patients.

Keywords: Minimally invasive breast surgery; Perioperative period; Clinical nursing

峇丕 嗒替勒咳丕扫听咕叻噤夔 峭岨奚她哏 《勤嗯
↓ 璋 ▶ 吡罐囊岬呼 替巨 堍忙罐囊严忙 ▼ ① 偵愆刷忱她 吡
吡(ε)替怒啉怒俩她佶荆势慰噤扇唾侠伙愆復婺美 ↑ 伉势
 峭岨奚nm替度榭nA慄慮勒咳咕叻丕扫芥挑替 ↓ 兑循 峭丕
扫勒咳她倘否偶伉 依 惋替哏鸣研 惋(宥)勒咳 × 悒侧替
味岬 【势怒唢nm冽劬奄夸替傲丕侠伙愆復婺美慎动涸中替
勸丕罐潭 ← 处潭 卩 噪兑罐囊 ① ↑ 情迥啉替娶妻 六(日)夔
嚶兜她 吡(ε)替凡 × 勸唢潭 ▼ 孳優 L 卽全替え 【凡 × 峭

勤唢恒罐兢慧圖 ② ▶ 夔 峭丕扫勒咳替劬 治 丕 六噤夔
 峭岨奚她哏 勤唢曝侧扉徕惠彙吳替凡 × 峭勒咳她倘否
nA伉 二 悒岨奚 丕 扫 叻 哏 她 kε 呀替捻 倣 势慰愧她 卩 替nA 丕
徕 二 掙 势 慰 × 她 愆 復 荆 ↑ 哈 扇 徕 她 唢 替 怎 唢 官 慶 二 咕 唢 nm
圖 μ 击 ▼ ② 兢 孳 失 倦 僚 卩 卩 ↑ ↓ 咕 媿 媿 忒 ② 替 嶙 剝 互 卩 凡
 × 峭勒咳 丕 六 夔 叻 替 儿 关 一 互 倣 势 慰 倣 勒 唢 晒 挽 她 勿 墀 兢
 拒 曝 卩 噤 替 啉 媿 媿 堡 恁 夕 96) 乔 势 媿 媿 倣 媿 倣 倣 倣 倣
 凡 × 峭勒咳 势 慰 替 倣 勒 唢 丕 六 勿 墀 她 关 媿 ◉ 八 優 冗 丕

宦 _{LX}	同	听 _乙 喘 _同 暨 _喘 際	噴 _↓ T 擴 _岸 暨 _{ml} 際	勸 _噴 觀 × 呀 _挽 暨 _{min} 際	b _掂 呀 挽暨 _d 際
佢娘宦	48	13.51 ±3.68	46.52 ±2.82	47.73 ±2.60	8.54 ±2.68
復溪宦	48	8.40 ±1.50	28.40 ±2.60	24.41 ±1.10	6.10 ±1.50
t	/	8.909	32.729	57.230	5.504
P	/	0.000	0.000	0.000	0.000

2.2 唯悟 2 宦伴勸噴呀挽競_失_架罐_剝刺_兀

復_↓彙 2 替_傲唯_佢娘_宦替_復溪_宦伴_勸噴_呀挽_競妄_岷安_岷←
嬌_屮甸_T擴_丁乙_兮剛_規競_失架_罐壓_嗎咁_併慱_♩暨_{P<0.05}際↑

彙 2 唯悟 2 宦伴勸噴呀挽競_失架_罐剝_兀[_n暨%際]

宦 _{LX}	同	妄 _岷 安 _岷	嬌 _屮 甸 _T 擴 _T	乙 _兮 剛 _規	剝 _架 罐 _壓
佢娘宦	48	3暨6.25際	2暨4.17際	4暨8.33際	9暨18.75際
復溪宦	48	1暨2.08際	0暨0.00際	1暨2.08際	2暨4.17際
χ^2	/	/	/	/	5.031
P	/	/	/	/	0.025

彙 4 唯悟 2 宦勿墀_兢拒_スnm_罐囊_忙靡[_n暨_X±s際_替乙]

宦 _{LX}	同	剝 _架 罐 _壓		愧 _回 罐 _兀		π _良 罐 _兀		婚 _♂ ① _〓 翼 _罐 兀 _兀	
		勿墀 _ス	勿墀 _{nm}	勿墀 _ス	勿墀 _{nm}	勿墀 _ス	勿墀 _{nm}	勿墀 _ス	勿墀 _{nm}
佢娘宦	48	14.23±2.96	17.23±4.10	15.49±3.13	16.28±3.07	7.33±2.10	10.04±3.54	15.66±2.47	20.16±3.05
復溪宦	48	14.28±2.70	22.48±5.32	15.69±3.10	23.22±5.10	7.68±2.08	15.67±3.90	15.76±2.65	36.30±5.06
t	/	0.086	5.415	0.315	8.077	0.820	7.406	0.191	18.927
P	/	0.931	0.000	0.754	0.000	0.414	0.000	0.849	0.000

3 讨论

廣_樹傲_↓ 估_刺趨_回扁_霍替_兀 皓_止咀_▽ ①_兀 皓_宋寔_奚丁_兀
皓_侈罐_僚夫_介替_优儂_↓ 俚_架刺_←兌_徨刺_夫介_曝 ↓_慷兢_↑ 彙
妻_全側_估刺_勃魁_{nA}▽_兀 扇_傍怎_夫介_她嚟_夔替_納 _替麟_勢介_{nm}替_麟
罨_卻 ①_呀 ↓_咕 呵_她嚟_夔替_熱 ↓_椒 妻_呀 挽_她 ↓_叱 卽_嬗 替_兀
♂_↓ 扇_俚 弗_屮 唾_僕 候_媽 屮_母 [4-5] ↑_↓ 屮_▽ 嘍_替 六_优 ▽_勸 咳<sub>×
T</sub> 嚟_夔 皓_夫 介_她 T_↓ 促_勸 嚟_贊 勸_咳 嚟_夔 nm_良 俚_兔 屮_勢 魁_俚
璋_嗽 嚟_↑ 吳_凋 替_側 俚_兀 皓_夫 介_勢 魁_兀 卻_♀ ♀_壹 耄_掃 叻_咳 嚟_夔 替_廣
樹_噴 嬌_叻 咳_嚟 夔_嘍 吡_喝 儂_替 ↓_壯 ↓_勸 咳_猛 促_位 儂_↓ 估_刺 哈
鳳_刺 仗_值 夕_揖 乙_掃 替_↓ 慶_♂ 倣_勢 魁_咪 回_憤 勵_悞 悞_悞 卞_♂ 替_↑ **|**
嶼_【 勢_魁 nm_吳 嚟_儂 咳_叻 母_俯 丁_头 剛_替 哈_♂ 倣_勢 魁_罐 墀_① 孤_嬌
僚_俚 傾_揖 憤_勵 ↓_扇 迴_中 替_え 【_勢 魁_咳 nm_、 罐_↑ k_尪 巽_她 惡_刺

2.3 唯悟 2 宦勿墀_兢拒_スnm_罐囊_忙靡

復_↓彙 3 替_傲唯_佢娘_宦替_復溪_宦伴_勸噴_呀挽_競妄_岷安_岷←
嬌_屮甸_T擴_丁乙_兮剛_規競_失架_罐壓_嗎咁_併慱_♩暨_{P<0.05}際↑

彙 3 唯悟 2 宦勿墀_兢拒_スnm_罐囊_忙靡[_n暨_X±s際]

宦 _{LX}	同	SAS _暨 乙 _際		SDS _暨 乙 _際	
		勿墀 _ス	勿墀 _{nm}	勿墀 _ス	勿墀 _{nm}
佢娘宦	48	54.34±3.28	43.42±2.25	54.47±4.30	42.46±2.78
復溪宦	48	55.67±3.83	31.20±2.03	54.72±4.43	30.24±2.56
t	/	1.827	27.938	0.281	22.403
P	/	0.071	0.000	0.780	0.000

2.4 唯悟 2 宦勿墀_兢拒_スnm_罐囊_忙靡

復_↓彙 4 替_傲唯_佢娘_宦替_復溪_宦伴_勸噴_呀挽_競妄_岷安_岷←
嬌_屮甸_T擴_丁乙_兮剛_規競_失架_罐壓_嗎咁_併慱_♩暨_{P<0.05}際↑

刺_寒 ↑_憻 趙_老 替_佢 ↓_凡 ×_勸 咳_她 架_優 L_卽 全_兀 替_凡 ×_兀 皓_勸
咳_夫 博_扁 權_替 兢_抗 ↑_六 皓_夫 介_嚟 夔_↓ T_側 嗎_悞 卩_Y 替_崑 澤_兀
T_六 怠_俚 兀 皓_夫 介_勢 魁_L (屮) 儂_她 于_堅 L_卽 全_嚟 側_俚 俚_惠 彙
吳_替 兀 皓_夫 介_嚟 夔_↓ 替_凡 ×_兀 皓_勸 咳_她 關_嬰 偶_抗 ①_㊚ 怠_俚 替_二
回_俏 兀 暉_暨 1_際 勸_咳 ×_♂ 儂_替 咕_L ↓_勢 魁_咳 nm_× 兮_她 喝_儂
圖_μ 嚟_暨 2_際 nA_之 俚_二 掙_勢 魁_× 兮_她 趨_復 刺_嚟 暨₃ 嚟_咳 nm_兢
失_架 罐_ス 壓_備 ↑_治 樹_替 凡_× 兀 皓_勸 咳_她 備_否 ↑_吳 嚟_端 璋_{(ス) 夕}
(ス) 趨_替 廣_樹 叻_咳 夔_嚟 她_備 否_良 估_哈 呵_嚟 夔_勢 魁_夫 介_替 ↓_麟 剝_乙
之_備 乙_掙 ↑_六 皓_夫 介_勢 魁_夫 介_嘔 官_她 嚟_呵 嚟_慶 猛_促 抗_L ↓
啟_敵 儂_凡 ×_听 乙_咳 嚟_夔 她_{k_尪} 呀_一 互_倣 勢_魁 俚_勸 咳_呀 挽_她 T
六_勿 墀_兢 拒_斯 替_哈 咕_呵 勿_墀 兢_拒 否_她 備_否 咕_L ↓_互 卩_勢 魁_夫
介_變 勿_丁 罐_囊 忙_靡 ↑_訖 城_娘 忤_夕 96] 介_勢 T_城 娘_傲 恥_替 ↓

