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精细化护理管理对提高神经内科护理质量的效果分析

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【摘　要】：**目的：**探讨精细化护理管理对提高神经内科护理质量的效果。**方法：**研究对象为本院神经内科患者 100 例，并以电脑随机法分为参照（n=50）、研究（n=50）两组，分别给予常规及精细化护理管理，同时对比两组护理质量，研究起止 2021 年 6 月-2022 年 6 月。**结果：**研究组比参照组神经内科的各项目护理工作质量评分和护理满意度都更高，护理不良事件与护患矛盾事件发生率均更少，对比结果均具有统计学价值（P＜0.05）。**结论：**精细化护理管理的运用可以提高神经内科护理效率、质量和安全性，从而赢得患者更高的医疗服务认可度，具备进一步临床推广应用价值。

【关键词】：精细化护理管理；神经内科；护理质量；安全性；满意度

Analysis of the Effect of Fine Nursing Management on Improving the Quality of Nursing in Neurology Department

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Abstract: Objective: To explore the effect of fine nursing management on improving the quality of nursing in neurology department. Methods: 100 patients in the department of neurology in our hospital were enrolled in the study. They were randomly divided into two groups: reference group (n=50) and study group (n=50). They were given routine and refined nursing management respectively. At the same time, the nursing quality of the two groups was compared. The study started from June 2021 to June 2022. Results: Compared with the reference group, the study group had higher scores of nursing work quality and nursing satisfaction, and fewer adverse nursing events and nurse patient conflict events. The comparison results were statistically significant (P0.05). Conclusion: The application of fine nursing management can improve the efficiency, quality and safety of nursing in neurology department, so as to win higher recognition of patients' medical services and have further clinical application value.

Keywords: Refined nursing management; Internal Medicine-Neurology; Nursing quality; Safety; Satisfaction

伶┳ 婧宒ピ嫇夼■ 凋凋二咕慆捊她噤夔咽瞽屙┘ 勿夼夼刚撐←㈱扇瞽勍▾ 密勿墠儩× 克咾╗ 凑俩採異瞽俏堡嗣勿墠呀挽俩←儩× 扉侧←周墜慆兑徨嫽⇑ 屙揖┳ 夼■ 吵圁┐ �E)她勿墠徥嘪瞽孤來卄勿墠啿凿┼ 吵妍影厒㊦瞽劻┳ ╗ 墇▸ ┳ 六┐ 嗺慆吣搒她㈤夔墠凿瞽孤來卄勿墠▾ 墇▸ 嫇勴勿夼優┳ 岯呯瞽兢宒慮啥ン卄勿墠來嵛慱× 瞽【㎓嫀悚在偳墇呱撣媝異伐╟彙丁㈠kℓ瞽▾ 嗔密夼■ ×憤╗ 嵑俍她㈤勿咘┤[1]⇑ 屙┳ ╗ 娀媲孤來卄勿墠嬝墠伉婧宒ピ嫇勿墠┫ 她二⊡× 壨瞽咤嗂憔匪╗ 伉 2021 兡 6 咔-2022 兡 6 咔咽挽叵噤她芻屘 100 〕卻冗僈咕デ娀媲瞽墇傚二⊡ピ傃× ▾ ┐ 匀kΩ暺

1 资料和方法

1.1 ┆ 崹悚吗

娀媲傚恥┳ 咤掂婧宒ピ嫇 2021 兡 6 咔-2022 兡 6 咔咽挽叵噤她芻屘 100 〕瞽兢▾ 売峗掫咪噱ㄛ┳ ㊣埡暨n=50暩←娀嫇暨n=50暩┼ 宦⇑㊣埡宦売 26 〕暨52.00%暩佶 24 〕暨48.00%曭瞽兡斃 23-78 僖瞽优ㄟ暨64.28±3.74暩僖暻ㄋ吃岡兡捼 3-19 兡瞽优ㄟ暨14.66±3.80暩兡暻ナ┤ 13 〕暨26.00%暩峗吼嗚瞽11 〕暨22.00%暩峗丅彉瞽10 〕暨20.00%暩妲呥寬μℓ凌瞽10 〕暨20.00%暩侯央瞽 〕暨12.00%暩呥㊥⇑娀媲宦売 27 〕暨54.00%暩/佶 23 〕暨46.00%暩瞽兡斃 22-79 僖瞽优ㄟ暨64.36±3.80暩僖暻ㄋ吃岡兡捼 3-20 兡瞽优ㄟ暨14.71±3.84暩兡暻ナ┤ 12 〕暨24.00%暩峗吼嗚瞽11 〕暨22.00%暩峗丅彉瞽10 〕暨20.00%暩妲呥寬μℓ凌瞽10 〕暨20.00%暩侯央瞽7 〕暨14.00%暩呥㊥⇑ ┆ 崹悚吗傚嗺吳寁忏偕劂┺ 暨P>0.05暩⇑

宙夕啥ン暉暨1暩优┳ 勃掂婧宒ピ嫇叵噤暻暨2暩兡斃≥18僖暻暨3暩姬剝娀媲ピ傃┘ kℓ劂㊣└ ⇑

卵掃啥ン暉μℓ兢暨1暩孤婧/噓慄/忒姬堳分写兑暻暨2暩剌刜岨奚暻暨3暩┳ 六悚吗嘁尔偨后刜⇑

1.2 勿墠吤噱

㊣埡宦甍彐兑循勿墠嬝墠瞽勿墠■ Gy徥傚夼■ 冗僈壨巡←摓搫←慱ㄩ←攉囊匚傝瞽▾ ㊦兢夼失揯捨嫽⇑ 娀媲宦甍彐孤來卄勿墠嬝墠瞽二⊡ㄛ匡暉暨1暩冔嬓孤來卄嬝墠ㄇ異瞽扚傚㈤掂嫇偷她偳捻剝儿忿尥妠关她恹◑ ⊡孳瞽兢娊偯宦宪家响丁妠デㄛ宦瞽▾ 娊偯┓ kℓ饑♪她二⊡屻峎丁儩× ピ傃⇑

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暨2暩揮搦嬝墠孤寀丱瞽响冔惀孤寀丱她揮搦嬝墠⊡孳瞽—冱傚勿墠■ Gy她┗ ┣ 揮搦佡忛瞽伉冢惀揮搦劂忱┐ 她撣異噻劂nmめ俍勿墠忯♠丁寀嵛勿墠儩× 瞽俏【壨六唌她咻亹克捨嗒夼■ 惍で瞽伉勸挽ピ忿尥T 儀処伐圾y 唅忱瞽傚崕咬べcm她夼■ め俍処墠冢傝儩× 嫽暻呱nm傚勿墠■ Gy她噱ㄹ姬忱丁噱凔劂忱—▾ 儭任瞽兢佡ノ揮搦╚ ● 侚尥峎ㄊ⇑ 暨3暩勿墠■ Gy她孤寀丱嬝墠瞽ㄱ忐丁孳寁她佡ノ循弓瞽兢ㄴ壨偁值⊡⇐怀呯喤丁墇伓阨掷傚吃偕甍彐忞徼瞽慷唗傲nA▾ 勱墠忿愰丱励旻復吃偕ピ傃瞽咍咕ㄴ╝ 勿侒僈冗偕┻ 暻kℓ呀搔徥冱丱傚┗ ┣ 姬忱她危厖瞽兢冢傝勿侒媔哌㊣—勿墠吃偕哷勸⇐傚敻採夬夼她囤夕卹忖暻ㄨㄏ俠慶凰摵め俍叡× 勴峎忛宦丁勿墠× ┣ 婗巽儩× 瞽兢伉勿墠慮媝┥ ㄴ壨┆ 兎┆ 她冽巨阨撣勿墠儩× 屘她后⊡勴咦嚶挑瞽▾ ㄉㄗ午嗷┥ ■ 她☞惄┻ 侚瞽 │ 扁阨(ㄷ)儩× 恺扉暻嗔俠慶搔┓ 吡刽家佡忛寀摽瞽阨撣佡忛勴咦瞽【 剪屘伉姁咱ピ偕♂婧寀ピ嫇勿墠吤噱瞽 │ 扁阨撣勿墠峎ㄇ暻ゃダ(ㄩ)┤■ Gy展呿ㄹ異瞽ゲ偳兢寀丱ピ傃瞽佡忛nm搔甍彐展忯瞽 │ 扁傚(ㄩ)┤■ GyGHz吤揖她峎ㄇ嚶挑冽励ダ吤♪展呿瞽兢扚傚庈冯墆嵛甍彐冱丱佡ノ瞽兢傚展呿家哖└ 庐戠婸ㄴ匷拹瞽 │ 扁冽励咍偁她坜ㄻ叼哖⇑ 暨4暩冔媺孤寀丱儩× 嚦媝瞽傚夕掂卻忴慮媝⇐勿墠嚦媝⇐丁掂㊦伱忪慮媝嫽嚦媝冔媺妠关她儩× 嚦媝佢瞽兢—▾ 彐┳ 循巽暻俏卻减慮媝┥ 勿侒凰摵媔哌慰卻兢┳ ㄩ成μℓㄔ墠夕掂妅忝瞽┳ 剪屘忴呉咕デ循偯丁ｂ掂墆侁瞽憬呀kΩ姬┳ 噤(ㄩ)儽兢忞徼噻劂╚ 揹嫽暻伉勿墠儩× 甍彐┻ 亠瞽凰摵啾鹵剪屘她偳捻剝ルㄋ忐└ 挲她勿墠揯唤暻伉勿墠ピ傃偳否慮媝┥ 凰摵噻劂噓慄儩× 瞽【剪屘丁傻■ 哈—埯削勿墠她二⊡剝ル瞽め俍傚剪屘慡⊡ゃ丹堳ル丁処分她諙忯瞽兢憬呀甍彐妠デ她揯捨嬝墠儩× 瞽兢偳呀怫后揯唤瞽▾ ㊦呀侚墠ㄉㄗ攤她吣掷搔暻伉勿墠偨嚥nm瞽徥冢傝⇐兎ㄈ剪屘㊦呀ㄔ俍丁掂勓寍瞽兢め俍攤囊こゃ吃岡她匚傝暻偯呀甍彐売怆纱忪瞽兢掷怋剪屘她呱慲堳ル瞽㊦呀危厖剪屘剝ルｾﾝﾄ ㄩ瞽め俍忝冷儩× 瞽兢慄姬剪屘㊦呀ㄈ掂侜忴⇑

1.3 匚唅復傒

暨1暩娪偷崕ㄹ扉彙忯♠婧寀ピ娪勿墠恺扉瞽ㄨ匡勿墠吐╟ ⇐夼勸嬝墠⇐佢娘勿墠⇐偑ダ勿墠⇐ゃ丹吃岡⇐噓慄勴傲⇐勿墠分異⇐■ 吐デ刃㊦揮搦伶學慡忱瞽GHz揹优 100 乙瞽乙同惄撣勿墠恺扉惄撣[2]⇑

暨2暩寁忏勿墠┓ 嵑╚ ● 暨勿墠儳拡⇐揮搦╚ ● ⇐噓慄掷搔暩㊦勿剪姡妣╚ ● ㄉㄗ攤塺⇑

暨3暩娪偷崕ㄹ扉彙忯♠婧寀ピ娪剪屘勿墠均劂異瞽均劂塺暨4-5 乙澤乙■ 同(ㄏ)嗺暩+佢咤均劂塺暨2-3 乙澤乙■ 同(ㄏ)嗺暩=刽均劂異⇑

1.4 寁忏偕乙哑

SPSS 25.0 堃咤煚● 侚墠娀媲同鹵瞽ㄣ扉悚吗▾ “t”忏嬚瞽偯刜同鹵壨 x^2 呿偳瞽兢乙ㄨ▾ 暨 $\bar{X}$±s暩└ 暨%暩彙婗瞽P瞥0.05 呀┳ 寁忏偕劂┻ ⇑

2 结果

2.1 勿墠恺扉忯乙傚嗺

GHz揹勿墠恺扉忯乙娀媲宦优暾㊣埡宦瞽傚嗺咕寁忏偕劂┻ 暨P瞥0.05暩⇑ 怏徨彙 1暺

彙 1 勿墠恺扉忯乙傚嗺暨 $\bar{X}$±s瞽乙暩

勿墠揹妛	㊣埡宦暨n=50暩	娀媲宦暨n=50暩	t	P
勿墠吐╟	82.21±2.10	93.75±3.13	21.649	0.000
夼勸嬝墠	81.69±2.46	94.59±3.27	22.291	0.000
佢娘勿墠	83.86±3.13	92.56±3.75	12.594	0.000
偑ダ勿墠	81.42±3.06	92.37±3.51	16.627	0.000
ゃ丹吃岡	81.59±2.19	93.14±3.68	19.071	0.000
噓慄勴傲	82.21±3.30	94.41±3.63	17.584	0.000
勿墠分異	83.54±3.41	94.38±3.21	16.367	0.000
■ 吐デ刃	80.02±2.27	92.61±3.32	22.135	0.000
揹搦伶學慡忱	81.42±2.08	92.57±3.64	18.806	0.000

2.2 勿墠┓ 嵑╚ ● ㊦勿剪姡妣╚ ● ㄉㄗ攤塺傚嗺

勿墠┓ 嵑╚ ● ㊦勿剪姡妣╚ ● ㄉㄗ攤塺娀媲宦优瞥㊣埡宦瞽傚嗺咕寁忏偕劂┻ 暨P瞥0.05暩⇑ 怏徨彙 2暺

彙 2 勿墠┓ 嵑╚ ● ㊦勿剪姡妣╚ ● ㄉㄗ攤塺傚嗺[n暨%暩]

宦ㄨ	｝同	勿墠┓ 嵑╚ ● ㄉㄗ攤塺				勿剪姡妣╚ ● ㄉㄗ攤塺暨%暩
		勿墠儳拡	揹搦╚ ●	噓慄掷搔	刽ㄉㄗ攤塺	
㊣埡宦	50	3 暨6.00暩	1 暨2.00暩	3 暨6.00暩	7 暨14.00暩	4 暨8.00暩
娀媲宦	50	0 暨0.00暩	0 暨0.00暩	1 暨2.00暩	1 暨2.00暩	0 暨0.00暩
x^2	-	-	-	-	4.891	4.166
P	-	-	-	-	0.026	0.041

2.3 勿墠均劂異傚嗺

勿墠均劂巽娀媲宦暾咍撣鼙数嗺咕寁忏偕劂┗暨P瞥0.05瞵快徨彙 3暉

彙 3 勿墠均劂巽傚嗺[n暨%暩]

宦ㄨ	亅同	均劂	佢咤均劂	┓均劂	剖⊡均劂巽
㊣埡宦	50	22 暨44.00暩	20 暨40.00暩	8 暨16.00暩	42 暨84.00暩
娀媲宦	50	31 暨62.00暩	18 暨36.00暩	1 暨2.00暩	49 暨98.00暩
x^2	-	-	-	-	5.982
P	-	-	-	-	0.014

3 讨论

壯╝ 婚♂勹僈鼙堡ㄨ呖■ 孌ゃ丹劂忱她侈冱鼙匊屘伉┳六┤ 傚勿墠咘┤嚶狣她搔嘪┣ 圖咾圖撣⇑ 屙婧寀ピ嫇┳ (ㄖ)掂她扇垱嫇偷鼙ナ勍叵噤她匊屘夼嫂嗺慆堡嗣鼙┘ 勹夼媝巽慆扇鼙勹夼憣巽慆憖憣鼙匊屘她┳ 六夼失彙墇嗺慆侜咭鼙叻噤夔呀捼┣ 慆抄鼙┘ 揯nm俩┓ 嵑[3]⇑ 噤夔┤ 夼■ 凋凋kℓ呀二咕怕揲⇐劂忱丁彐┳ 她GHz嫀ㄒ峎掙娭鼙┤ 扇兟勸夼■ 她嗓兑攉囊鼙兢兟勸匊屘她ㄧ │刜鼙轨、攉兢勹失⇐劂侠剝儿嫽鼙呱宫捻♫勿墠叼哖丁(ㄖ)夔恺扉⇑ 屙揖┳ 妻夼■┓ 吡侈抄她啥ン卅勿墠咘┤徥嘪鼙俏⊡厒撣婧寀ピ嫇勿墠咘┤恺扉傲劻┓ 墇摘嗯她┳ 六儩× 扇垱⇑ 屙掫妻┳ 六娀媲她┓ 吡囹夕鼙▾ ㊦勿墠偕她勹僈鼙孤寀卅勿墠她啿凿┣ 吵妍影■ 厒㊦鼙ナ呖慄慮啥ン卅勵咦丁噻扇伉勿墠吤揖她寀崠叡× 鼙【墇咕她GHz嫀悚在偳墇┓ 呱撣媝巽伐╟ 彙丁(ㄉ)kℓ鼙▾ 嗔密夼■ ×憤┓ 嵑俍她(ㄖ)勿咘┤[4]⇑ 屙孤寀卅勿墠嬝墠懅瀆“孤⇐ン⇐寀⇐┤ ”她嬝墠ンル鼙冱怫傚勿墠叡× 憖彐孤妍嘪孤鼙兢傚勿侒伉叡× 慮媝┤ 勍猛徥她同鹵憖彐┓ 孤寀卅侚墠鼙兢┤ 唚卼ㄹ┓ 嬝墠怗儁⇑ 屙孤寀卅勿墠嬝墠嬓惋╝ ┤ 唚循嶤她嬝墠嚦媝鼙弧μℓ┓ ☞恺(ㄖ)勿勵咦鼙兢厒丅┓ ┤ ⊡卅她嬝墠忏弓鼙傚嗷┤ (ㄖ)勿■ Gy她叡× 偳否┓ μℓ墠脩卵鼙▾ 勹午俍嗷┤ (ㄖ)勿Gy儩她☞ㄩ鼙 │屙厒撣┓ 后┤ (ㄖ)勿嚶ン⇑ 兢┘ 孤寀卅勿墠嬝墠▾ 夼■ ┳ ┤ 処鼙扚傚夼■ 堳儿㊦噤夔搔徥憖彐寀崠勿墠嬝墠鼙咕叼成尥勿墠■ Gy鼙μℓ墠脩卵(ㄖ)勿悚在㊦┓ kℓ她(ㄖ)勿勵峎└ 咘┤鼙兢伉寀嵛┓ 傚夼■ 憖彐勿墠鼙(ㄉ)ㄩ夼■ 冽劻嵑俍攉囊┣ 剴鼙佡ノ嵑俍勿秀■ 摠デ孳鼙憖彐寀崠卅她ゃ丹偷吃㊦壨巡匸傝嬝墠咘┤鼙hA咕叼厒(ㄜ)(ㄖ)勿严恺鼙【夼■ 毘澤均劂她(ㄖ)勿咘┤⇑ 伶嗔后⊡屙禲鼙慄慮孤寀卅勿墠嬝墠峎侘呉呜厒(ㄜ)勿墠■ Gy她咘┤分巽丁勿墠恺扉鼙kℓ呀┣ 呖摇关┓ 呀▸ 勹僈她吣分ㄩ鼙吴俸μℓ┓ 墇▸ (ㄖ)偕勿墠復凿鼙┣ 彙墇┓ ■ 刜卄她勿墠嬝墠☞ㄩ⇑

嗔嗂娀媲┳ 厒撣(ㄖ)掂婧寀ピ嫇她勿墠咘┤恺扉鼙堡傚孤寀卄勿墠嬝墠勴咦慱壨╝ 娀媲宦夼■ ┤ 鼙兢▾ 伉兑循勿墠嬝墠兟揯┓ 她㊦㊣埡宦夼■ × ┳ ┳ 六关壨㊣埡鼙忾摽家哖彙呉娀媲宦勿墠咘┤恺扉丁(ㄖ)勿均劂巽优咍撣鼙勿墠┓ 嵑└ 劻丁勿耷└ 帆勹攉塺优咍傥鼙慷┣ 憖┆ 嗕忤偳孤寀卄勿墠嬝墠咍┳ 慘壨╝ 婧寀ピ嫇耷屘⇑ 屙囡媲孤寀卄勿墠嬝墠勍ㄉ澤叼哖鼙┳ 徥呖伶┳ ナnA▾ 傚勿墠■ Gy憖彐嬝墠鼙勿侒抄慄慮囡夕乙哑嗷┆ ┤ 勿墠■ Gy她堡嵓丁☞垱鼙区埡ナ嬝墠峎卍她儳写鼙做▥ ◆ 脩卵伉┓ kℓ她饑♪┐ 咘┤鼙厒(ㄜ)嬝墠叼哖丁咘┤恺扉⇑ kℓ呀┤ 嘎带偳恶恨ㄇ鼙(有)勿侒抄傚后┤ 嫇偷勿墠■ Gy她(ㄖ)勿儩× 恶恨鼙勿墠■ Gy┣ 徥傚崨儱她(ㄖ)勿儩× 恶恨鼙kℓ呀壯勿侒抄冔嫩妒姅咪ㄇ鼙nAこ忤勍咕(ㄖ)勿儩× ■ Gy懿nA▾ 忒娀募彐嗷┆ 勿墠墆嵛鼙 │屙厒(ㄜ)(ㄖ)勿叼塺⇑ ナ嗂孤寀卄她(ㄖ)勿ㄇ異┣ 咕ㄩ╝ ゃダ(ㄖ)勿叡× 慮媝鼙ナ慄慮┤ 偵啌哷夼■ 她攉囊⊡凌鼙nA勹墇写兑兢㊦吹噤夔鼙 │屙一傥┓ (ㄖ)勿掷搔丁夬夼搢搁⇑ 屙慄慮冗僈佡他鼙nA▾ 侈冱夼■ 她崨勿劂忱┓ 徼峎ㄇ鼙 │屙侈冱傚噤夔她ㄧ │剄⇑ 屙┘ 伉孤寀卄勿墠嬝墠卿否她即憖┓ 鼙慶nA峎傚夼■ 憖彐勿墠搢搁嬝墠鼙伶┳ 叟で⇐惚で⇐勿侒吐╟ 佼ポ拡㊦└ 勿耷姧妣嫽懿僊╝ 婧寀ピ嫇┤ 兑徨她勿墠搢搁⇑ 屙こ忤(ㄖ)掂伐咄兟埻鼙兢╝ (ㄖ)掂揯慲來侍脩彸勩勘鼙nA▾ 咕叼一傥叟で搢搁⇑ 伉六慧脩彸唌咯鼙nA▾ 捨嗒六侯惚で墇恥勹攉⇑ 变ポ勿墠悚吗关こ忤吐偉囹呰⇐ざ刻偨后鼙nA┳ nm寍勿墠她摇└ 僈冗└ 憖彐俅偯佢娘⇑ 兢┘ 伉孤寀卄勿墠嬝墠她关壨┓ 鼙慶nA▾ 憖┆ 嗕厒(ㄜ)勿墠■ Gy她寬μℓ學恺鼙兢佡ノ恨◑ 処鼙憖屙【匊尉こ匷ゲ乙她屜処鼙徥 │夼■ 她嬓伓丅勹列展挪搔鼙▾ 佷憤☞媩她咘┤德嵓鼙憖屙一傥勿匊妍妣勹攉塺⇑

寬┓ 勍憇鼙孤寀卄勿墠嬝墠呖┆ ┤ 偨后她嬝墠喤窅鼙nA傚夼■ 她后⊡勿墠嚦媝—▾ 兟揯鼙兢冱怫┓ 勿墠咘┤┤ 夙搣偨亂她墆嵛鼙μℓ墠【壨┓ (ㄖ)掂悚在鼙▾ 一傥媩偷勿墠勵夕└ 勿墠励咤鼙 │屙咕叼厒撣┓ (ㄖ)勿■ Gy她儩× 叼塺鼙▾ ㊦婧寀ピ嫇她勿墠严恺鼙 │屙【夼■ 勿墠均劂巽厒撣鼙伶嗔nA▾ 影全噴即全关壨⇑

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