

# 细节护理在健康管理中心的应用效果观察

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**【摘要】**目的: 讨论在医院健康管理中心护理服务工作中应用细节护理的实际应用效果。方法: 从 2021.2.1 到 2022 年 2 月 1 之间到我院健康管理中心进行健康体检的 7490 名受检者中筛选出符合本次研究试验条件的 500 名受检者作为研究对象, 根据其入院时的体检单双排号将其平均划分为试验组(单号)与对照组(双号)。对照组的所有受检者进入健康管理中心后接受既往常规的护理干预服务, 试验组所有受检者则在此基数上接受细节护理服务。结束护理服务后调查所有受检者对本次健康管理中心所提供护理服务的满意程度, 以此来评价本次实施细节护理的应用效果。**结果:** 从体检流程的满意程度调查结果来看, 试验组受检者对本次体检流程的评价要明显优于对照组 ( $P < 0.05$ ); 从护理服务中健康教育的实施情况来看, 试验组受检者对健康教育工作的满意程度要明显高于对照组 ( $P < 0.05$ ); 从体检花费的总时长来看, 试验组受检者无论是体检等待用时还是检查总用时均要明显短于对照组受检者 ( $P < 0.05$ ); 从各个体检项目的完成情况来看, 试验组受检者一次性完成体检项目的成功率要明显高于对照组受检者 ( $P < 0.05$ )。**结论:** 在健康管理中心中实施细节护理服务能够显著提升受检者的体检体验。

**【关键词】**: 细节护理; 健康体检; 健康管理中心

## Effect Observation of Detail Nursing in Health Management Center

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**Abstract:** To discuss the practical application effect of detail nursing in the nursing service of hospital health management center. **Methods:** from February 1, 2021 to February 1, 2022, among the 7490 subjects who went to the health management center of our hospital for physical examination, 500 subjects who met the test conditions of this study were selected as the research objects. According to the double row number of the physical examination sheet at the time of admission, they were divided into the test group (single number) and the control group (double number). All subjects in the control group received routine nursing intervention services after entering the health management center, while all subjects in the test group received detailed nursing services on this basis. After the end of the nursing service, investigate the satisfaction of all the subjects with the nursing service provided by the health management center to evaluate the application effect of the detailed nursing. **Results:** according to the results of the satisfaction survey of the physical examination process, the evaluation of the test group on the physical examination process was significantly better than that of the control group ( $P < 0.05$ ); From the implementation of health education in nursing service, the satisfaction of the subjects in the test group was significantly higher than that in the control group ( $P < 0.05$ ); In terms of the total time spent on physical examination, both the waiting time for physical examination and the total time for examination of the subjects in the test group were significantly shorter than those in the control group ( $P < 0.05$ ); From the completion of each physical examination item, the success rate of the subjects in the test group completing the physical examination item at one time was significantly higher than that of the subjects in the control group ( $P < 0.05$ ). **Conclusion:** the implementation of detailed nursing service in the health management center can significantly improve the physical examination experience of the examinees.

**Keywords:** Detail nursing; Physical examination; Health management center

滿頰老勃份她后 ㊦ 桌囉 架 侵 憐 奠 惱 击 誓 侧 懷 乙 份 嘎 她 權  
囊 嚶 兜 十 澤 ㄍ ㄑ 咕 呵 号 亂 誓 澤 妍 ㄐ 份 嘎 學 忙 嚶 兜 她 死 ㊦ 誓 婚  
♂ 禮 ㊦ 傲 唾 僕 ㄎ 母 孀 儿 她 忒 姐 嚶 兜 ㄨ ㊦ 扇 徬 婪 奠 十 怒 佬 怒  
揮 誓 侧 懷 乙 ㊦ 噉 頰 認 ㄎ 依 哏 ㄎ ㊦ 拈 ㄒ 卻 孳 ㄎ ㄎ 母 ㄎ ㄎ ㄎ 噴 佬 ㄑ  
微 唾 僕 她 ㄎ 母 剝 儿 ㄐ ㄐ 婁 丕 勃 份 她 ㊦ 嚶 兜 一 嚶 兜 噪 仇 ㄑ 吡 庇

㊦ 誓 ㄑ ㄑ 哀 佬 ㄑ 婚 ㄎ 禮 ㊦ 死 ㄒ 哈 很 哈 ㊦ 忙 哈 夕 捐 她 ㊦ 嚶 兜 一 誓  
㊦ 拈 她 ㄎ ㄎ 嚶 兜 ㄐ ㄒ 仇 ㄑ 吡 ㊦ ㄎ 唾 僕 她 ㄎ ㄎ 嚶 兜 一 嚶 兜 誓 僕  
啾 ㄎ ㄎ ㄑ ㄎ 偶 孳 ㄎ ㊦ 嚶 兜 很 她 ㄎ ㄎ ㄎ ㄎ ㄐ ㄑ 壯 ㄐ 勃 份 她 ㊦  
㊦ 偶 誓 侧 懷 乙 ㊦ 拈 噉 吵 猛 徒 卻 滅 她 ㄎ ㄎ ㊦ 嚶 兜 同 孀 惱 偶 誓 份 噴  
湊 偶 ㄎ 母 ㄎ ㄎ 嚶 兜 ㄐ ㄒ ㊦ 一 ㊦ Gy 噉 吵 她 偶 ㄎ 認 ㄎ 写 兑 穴 憑 誓



