

一氧化碳中毒患者急救中使用急诊护理后对急救效率和

神经功能恢复的影响

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【摘 要】:目的:探究一氧化碳中毒患者急救中使用急诊护理后对急救效率和神经功能恢复的影响。方法:选取我院急诊在2020年2月至2021年6月收治的60例一氧化碳中毒患者,随机分为观察组(急诊护理)和对照组(常规护理)各30人。结果:观察组抢救成功率、护理满意度均较高,不良情绪、Fugl-Meyer评分、Brhtel指数、CSS评分、生活质量改善效果更佳(P<0.05)。结论:一氧化碳中毒患者急救中使用急诊护理后对急救效率和神经功能恢复的影响更为显著。【关键词】:一氧化碳中毒:急诊护理;急救效率;神经功能恢复

Effect of Emergency Nursing on Emergency Efficiency and Neurological Recovery of Patients with Carbon Monoxide Poisoning

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Abstract: Objective: To explore the effect of emergency nursing on the emergency efficiency and neurological recovery of carbon monoxide poisoning patients. Methods: 60 cases of carbon monoxide poisoning in our hospital from February 2020 to June 2021 were randomly divided into the observation group (emergency care) and the control group (routine care) with 30 patients each. Results: In the observation group, the rescue success rate and nursing satisfaction were higher, and the improvement of bad mood, Fugl Meyer score, Brhtel index, CSS score and quality of life were better (P<0.05). Conclusion: The use of emergency care in the first aid of patients with carbon monoxide poisoning has a more significant impact on the emergency efficiency and neurological recovery.

Keywords: Carbon monoxide poisoning; Emergency nursing; First aid efficiency; Nerve function recovery

1 资料与方法

1.1 婦悚吗

1.2 吤噱

党循勿墠傚埡宦暺伉刚仟┭ 六兟搄咟挽傚剓屗她壦一☑ 凌傊さ復傒暬 L 刚仟臼壦媔哌成μℓ冗優勾仟儩× 勢で研护墳 写兑剠ル兢(エト)└エ(ㅂ)壦慸∃俟亂侚墠↑ 密 [復傒宦刚忴勿墠兟 搄暺暨1暩冱斗佢娘勿墠↑俏哖剓屗告憉」 丁墇劂忱掙娭暬 勿墠■ Gy 猛徥噻扇妄岘勿墠暬(다) に 勢屗屑愥暬懇シ妄岘タシЭ 冢倫③夠暬嶙剓屗慸搫价採暬掹徥傚ナ偳否敺摀帨ノ噤虁暬 **慸撃寔壦學←廛奶性←埆扉┪傌她嚦恾搼搫↑暨2暩処墠夏 傝暬燎□剓屗婧呴刱侜←介剠媦偯▼ nm暬┱ 剓屗厑 | 処墠兟** 拒暬傚剓屗她▼ 性屜処ベฬ暬位デ 夬介她如デ姫忱kΩ姫剓 屗暬【ナ傚夬介二咕嗓娧她忒忱暬囆掃┓ 嵑剠寋暬唍嫐噤夔 ざ処↑ 暨3 際峗嚶岨她捨噤↑ 傚剓屗偳否峗嚶岨巡堜噤夔慮 婺┪ 暬密└ 憏冶她宙嚖戡暬 │ 扇一击告憉囼户丆鷈mV 刱侜↑ 嶙告憉侧┛ 10 ┫ 俄呀暬」 撣埆匉厨失堳搏宂丅墇呀暬掹徥 │ 屚【兢弛失她弛壦搢掆捻♬↑ 暨4暩撣③嘜勿墠↑ 撣③嘜 噤夔伉勾吀剓屗慮媝┪ 21午妻扇徥× 壨暬噤夔慮媝┪ 猛徥傚 吳帇叡× ②ルー 侵懅瀆暬鷈mV憺寔匶憟壹堳分暬娧こ咕叼mV 嘜暬【峗嚶岨失堳←彍嘜ひ③嚶兠凙□咕叼号亂暬│屚【妠 デnm恒失她型壦搢掆捻♬↑



1.3 復傒匸唅

暨1際列叶劶Ⅲ塺曬2際列墠均劂兾曬3瞭轉壨 Fugl-Meyer 忯乙←Brhtel 匸同←CSS 忯乙ધひは低。 岗□博止Ⅲ崀←吵 兑壦嚢峎刊←婧宲Ⅲ崑暘暨4際博壨 SAS←SDS 忯乙ધ低 ¶ 嵑剠寋暘暨5際企埡 SF-36 扉彙ધ低。 壦嚢恾扉↑

1.4 寁忏偕乙哑

博壨 SPSS22.0 寁忏偕愳● 乙哑↑

- 2 结果
- 2.1 勾阡劶〒塺

復傒宧撣[□] 傚埡宧暨P<0.05暩暬徨彚 1↑

彙1 勾吀劶┰塺[n暨%際]

X - 3 1 1 [
宦以) 同	励π〕同	劶π塺						
復傒宧	30	27	90.0%(27/30)						
傚埡宧	30	21	70.0%(21/30)						
x^2			13.965						
P			< 0.05						

2.2 勿墠均劂兾

復傒宧撣」傚埡宧暨P<0.05暩暬徨彚 2↑

彙2 勿墠均劂兾[n暨%瞭]

宦以)同	揓兑均劂	均劂	7 均劂	刣均劂兾
復傒	20	11	1.7	2	93.3%
宧	30	11	17	2	暨28/30暩
傚埡	20	0	1.2		73.3%%
宧	30	9	13	8	暨22/30暩
x^2					12.054
P					< 0.05

2.3Fugl-Meyer 忯 ♂ ← Brhtel □同 ← CSS 忯 ぴ

復傒宦号亂叼哖咍《暨P<0.05際暬徨彚 3↑

量 3 Fugl-Mever 忯 ひ ← Brhtel □同 ← CSS 忯 ひ 暨 x ±s 勢 乙 際

* 31 tigi Meyer NO Commer Ela Cook NO E with a look								
宦)	Fugl-Me	yer 忯て	Brhte		CSS 忯ፘ		
ᅜ	同	兟搄ㅈ	兟搄ス 兟搄nm		兟搄ス 兟搄nm		兟搄nm	
復傒宧	3 0	12.65± 9.60	29.67± 8.69	13.52± 4.91	62.33±9 .52	14.52± 4.91	11.33± 2.52	
放 埡 宧	3 0	13.41± 8.55	22.85± 9.16	14.06± 5.12	50.22±1 1.06	14.36± 5.12	13.25± 3.06	
	t	3.665	20.354	1.028	16.652	6.352	13.652	
P 暾0.05		< 0.05	暾0.05	< 0.05	暾0.05	< 0.05		

2.4SAS∈SDS 怟ፘ

復傒宧号亂叼哖咍《暨P<0.05暩暬徨彙 4↑

彙 4 SAS←SDS 忯乙暨 x±s暬乙暩

宦は) 同	SAS	忯ፘ	SDS 忯ፘ			
		兟搄ㅈ	兟搄nm	兟搄ス	兟搄nm		
復傒 宧	30	59.84±5.11	41.47±4.16	60.18±5.33	40.33±4.12		
傚埡 宧	30	60.15±5.47	50.14±4.11	60.05±5.29	50.39±5.02		
t		1.055	16.254	3.655	25.241		
P		>0.05	< 0.05	>0.05	<0.05		

2.5 壦嚢恾扉

復傒宦号亂叼哖咍《暨P<0.05暩暬徨彚 5↑

彙 5 壦嚢恾扉暨 x ±s暬 で 際

度以] 同	1	愧⊡π ί		婚♂π峎		德 嵓 朮峎		忒姫π峎		刣⊡ゃ冄	
	同	- 兟 搄ス	兟搄nm	兟搄ㅈ	兟搄nm	兟搄ㅈ	兟搄nm	兟搄ㅈ	兟搄nm	- 兟 搄ス	洗拖扣m
復傒宧 30	20	70.33	89.62	71.84	90.84	71.74	88.66±	69.53	85.57±	71.78	89.63
	30	±4.15	±5.36	±4.02	±5.27	±4.62	5.21	±4.18	5.22	±4.22	±6.25
效 埡宧 30	20	70.36	80.14	70.63	81.39	72.55	81.35±	70.48	80.24±	71.69	80.14±
	30	±4.02	±4.68	±4.57	±5.11	±4.01	4.25	±4.11	4.69	±4.02	5.12
t		3.052	10.588	2.003	15.695	1.254	15.284	1.584	18.201	1.822	9.588
P		暾0.05	< 0.05	暾0.05	< 0.05	暾0.05	<0.05	暾0.05	< 0.05	暾0.05	<0.05

3 讨论

今Ţ ⋮ 嘜坪娾┪ 嗸nm暬┪ 嗸屗她Ţ 徥Ţ 六彙境傲呖尔嘜暬 勍▼ 猛徥伉┪ 嗸nm慭憣(ப)止┪ 嗸屗婾冗┪ 嗸墆侁暬傡┪ 嗸屗 克吐媶嘐嚦慄她墆侁┪暬【ナ峎鷈mV ㄸ吮擔她媶嘐⑺↑ 傚┛



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