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基础护理与细节化护理在神经内科护理中的应用

陆蓓蓓
上海中医药大学附属龙华医院 上海 200032

【摘　要】：目的：探讨基础护理与细节化护理在神经内科护理中的应用效果。方法：选取 2020 年 4 月-2021 年 9 月本院 82 例神经内科患者，随机分为对照组（常规护理）与观察组（细节化护理），对比护理效果。结果：护理效果评分、并发症发生率、风险事件发生率、护理满意度、生活质量评分方面，观察组护理后较对照组优（P<0.05）。结论：细节护理在神经内科护理中应用价值更高，对于控制并发症及风险事件的发生有利，且有助于护理满意度提高。
【关键词】：神经内科护理；细节化护理；基础护理

Application of Basic Nursing and Detailed Nursing in Neurology

Beibei Lu

Longhua Hospital Shanghai University of Traditional Chinese Medicine Shanghai 200032

Abstract: Objective: To explore the application effect of basic nursing and detailed nursing in neurology department. Methods: From April 2020 to September 2021, 82 patients in the department of neurology in our hospital were randomly divided into the control group (routine nursing) and the observation group (detailed nursing), and the nursing effects were compared. Results: The nursing effect score, complication rate, risk event rate, nursing satisfaction and quality of life score in the observation group were better than those in the control group after nursing (P<0.05). Conclusion: The application value of detail nursing in neurology nursing is higher, which is beneficial to control the occurrence of complications and risk events, and is helpful to improve nursing satisfaction.
Keywords: Nursing in neurology department; Detailed nursing; Basic nursing

婧寀ピ嬋夬夼ㅇㅇ匯┌ ㊥婧寀夼←岌吳ㄱ←み侯夼嫽倆嫀孌伻蠫怎孌夬夼ㅁ壩妠傚媹埘蠫夬夼ㅁ僈憰異击蠫傚匊屘卞ㅎ慆┳ 吳呜蠫匊夼呀挽抄蠫忤倆匊屘偶伉剽徯钕屘慱ㄴㅠ崀掙娭蠫揯nm┓ 墠剝⇑ 扇┘ 蠫侧懹ㄷ婧寀ピ嬋匊屘┳ 屔兡■ 蠫崶慡シ瓮崀ㄱ←こ勿崀ㄱ丁包勷ㄱ慆♫蠫壩囊崶墠崀ㄱ儻蠫墠徼崀ㄱ㊦噓憟崀ㄱ┥ 《蠫kℓナ▥ 嬋偷嗺慆蠫婧寀ピ嬋勿墠搢搁ㅁ壩咍撣[1]⇑ 慲兡蠫寀嚯她ㅁ僈即ㄴ屘■ ◆ 復凿她愰ㅌ蠫兑循勿墠喤巨儲寀吳噱均惋匊屘她猛嘪蠫┳ 嫠μℓ呀▸ ㅁ僈她猛嘪蠫來嵛ㅛ勿墠憙圁影关壨┛ ┳ 六┤ 蠫怎勿墠喤巨咍一來崠←ダ揖蠫┘ ゲㄷ扃壨┐ “▾ ■ ┳ 咤”她勿墠墠凿[2]⇑ 佢┛ 嗔蠫咤吐扚傚佢娘勿墠└ 來嵛ㅛ勿墠伉婧寀ピ嬋勿墠┤ 她关壨叼哖帶彐嬔㈜ㄷ哑蠫墇傚卹媲ピ傃▾ 俏┐ 匀kΩ冽巨MW墇⇑

1 资料与方法

1.1 悚吗

憔ᶜᵍ咤掂 2020 兡 4 咔-2021 兡 9 咔卻叵她 82 ⎫ 婧寀ピ嬋匊屘蠫掫咪ㄷ宦蠫嗷宦GHz 41 ⎭ 暻傚埡宦暺21 ⎫ 壳蠫20 ⎭ 倍暻兡斃暺42-75 僖蠫优へ暨56.86±5.14暩僖暻復傒宦暺23 ⎭ 壳蠫18 ⎫ 倍暻兡斃暺40-74 僖蠫优へ暨56.53±4.98暩僖暻┆ 崹悚吗吤揖蠫├ 宦咢徨吳呜儻写暨P>0.05暩⇑ 宙夕啥ン暺崶 劌嬓尧娀媲kℓ劂│ 暻劂忱囹喏暻卵掃啥ン暺μℓ兢仗恺刜夼ㅌ暻孤婧写兑蠫匊偶伉┤ 扇处墠夬夼⇑

1.2 吤噱

1.2.1 傚埡宦

佢娘勿墠暺暨1暩ゃ丹姬忱偷㉿暺寬μℓ展庬嗷♪ 匊屘她墠徼崀ㄱ丁忒姬堳儿蠫cm匊屘㊦ナ傻僊呎㊦デ┚ 夬夼她姬忱蠫伉嗔咱挽蠫憴ㄷ匊屘屘丁她挪搔屜处←来崠徼嬉蠫▾ うナ崀侇危庬咍倆夬夼姬忱蠫崶劌㊣└ 夬夼她噤夔㊦勿墠⇑ 暨2暩撦搫匸傝暺效┚ 搵徥敺摀她匊屘蠫关—冱傚吳弗叡× 她デ噻蠫帨丿回成尥咱挽蠫搵徥寬μℓ展庬匊屘帨丿堳分蠫へ家μℓ惕⊡ 刱侜堳儿蠫伉匊屘nA▾ 嗓兑撦搫nm蠫└ ▾ ナ傃呋囆ㅛ┘ 囹困她搫堜蠫侈—幗哖厹夕扉嫽蠫kℓ呀忞徼mV埠←撦戔她㈱偾嫽⇑ 暨3暩夼剝妒嚭暺慄慮復傒←妒嚭嫽吤噱危庬匊屘夼剝ㅌ ㅛ丁丹侜堳儿嫽⇑

1.2.2 復傒宦

来嵛ㅛ勿墠暺暨1暩ㄷ傾来ㅛ嬝墠暺吳娩嗷♪ 饑♪ 儩× ■ Gy她二⊡屻恢蠫▾ 匊屘偳捻堳儿┳ ㄓ鹵岔尥└ ├ 勿墠■ Gy蠫—冱傚勿墠■ Gy└ ├ 勴崀佡忥她デ噻蠫【ナnA▾ 吳娩崶慡屻恢蠫祭关德嵒她愰ㅌ蠫│ 扇┳ 匊屘庇丨哈┳ ☞恺她勿墠咘┤⇑ 瓟ㄇ勿墠■ Gyㄷ嬝匊屘同扉蠫┆ 崹剝儿┐ 蠫嗷♪勿墠■ Gyㄷ嬝♫┚ 10 fm匊屘蠫勿墠慮媝┤ 蠫勿墠■ Gy搵徥▾ 匊屘娀偳夼剝┳ ㄓ鹵偳否ㄷ宦勿墠蠫┐ 徼嗷♪匊屘吳凋夼kA嫽蠫兢岔尥 2 fm俄宦抄丁 1 fm侧宦抄蠫侧宦抄┳ 徥恶恢嬝墠后┤ 勿墠

1.3 復傒匚啥

暨1暩復傒勿墠叼哖忯乙罊匚啥咕咘冉分奠⇐ゃ丹吃岡⇐处墠兟揯⇐叡× 勴咦罊嗷揹匚啥呱撣乙┳ 25 乙罊乙へ惄撣罊怜呉勿墠叼哖惄《⇑ 暨2暩復傒搢摑╚ ● └ 兢勹失勹壟堳儿暻搢摑╚ ● ∞匡惚で⇐伧六暻兢勹失∞匡帨ノ┓ 嵑⇐劉唲⇐㊀夠⇑ 暨3暩復傒勿墠均劂奠罊匚啥咕揓兑均劂暨80-100 乙暩⇐慆┳ 均劂暨60-79 乙暩└ ┓ 均劂暨暩60 乙暩罊暨揓兑均劂+慆┳ 均劂暩削〕同*100%=均劂奠⇑暨4暩復傒壟囊怌扉忯乙罊匚啥咕婚♂ π峎⇐剝劉屻峎⇐壟墠π峎丁孤婧ゃ丹罊嗷揹匚啥她呱撣乙┳ 100 乙罊乙へ└ 壟囊怌扉彙墇┳ 嗓妠デ[3-4]⇑

1.4 寁忏偕吤噱

扃[illegible]寁忏偕思● SPSS20.0 乙哑娀媲同鹵⇑

2 结果

2.1 勿墠叼哖忯乙

┣ 宧勿墠叼哖忯乙偶伉呜帡儰写暨P<0.05暩罊徨彙 1⇑

彙 1 ┣ 宧勿墠叼哖忯乙嗺慆暨x ±s罊乙暩

乙宧	〕同	咘冉分奠	ゃ丹吃岡	处墠兟揯	叡× 勴咦
傚埡宧	41	16.29±1.43	18.19±1.02	16.32±1.28	17.31±1.35
復傒宧	41	21.42±1.35	23.45±1.23	21.39±1.25	22.23±1.27
t		16.703	21.078	18.145	16.997
P		0.000	0.000	0.000	0.000

2.2 兢勹失勹壟堳儿丁揟摑╚ ● 勹壟堳儿

揟摑╚ ● ←兢勹失勹壟塺吤揖罊┣ 宧儰写呜帡暨P<0.05曖罊徨彙 2⇑

彙 2 ┣ 宧兢勹失勹壟塺丁揟摑╚ ● 勹壟塺嗺慆[n暨%暩]

乙宧	〕同	兢勹失勹壟塺	揟摑╚ ● 勹壟塺
傚埡宧	41	7暨17.07暩	9暨21.95暩
復傒宧	41	1暨2.44暩	2暨4.88暩
x^2		4.987	5.145
P		0.026	0.023

2.3 勿墠均劂奠

勿墠均劂奠吤揖罊┣ 宧偶伉呉呜儰写暨P<0.05暩罊徨彙 3⇑

彙 3 ┣ 宧勿墠均劂奠傚嗺[n暨%暩]

乙宧	〕同	揓兑均劂	慆┳均劂	┓均劂	均劂奠
傚埡宧	41	17	16	8	33暨80.49暩

嚦媝罊兢宧宪勿墠■ Gy┳ 勞屘阨丨处墠怫嵛⇐ゃ丹姬忱偷㊝嫽罊傚僦宧捗丁勿墠■ Gy她儩× 嫽甍彐妒姅丁嬝墠罊┓▌ nA▾ 号亂孺冞她勿勞デ孳罊屙╝ 傚╝ 偳否扚傚刜勿墠咕└ 罊nAえ甍勞屘ㄧ │刜她阨撣⇑ 暨2暩冱艸墆嵗恺扉瓟ㄖ暺▾ 勞屘偳捻堳儿┳ ㄧ鹵罊宧冔夼剝☞艸恺扉瓟ㄖ僦宧罊僦宧宧捗┳ 二供慆冱噓憟峎ㄊ㊦二供┫ 傌寀摽她勿墠■ Gy罊壯ナ恶恢妒姅⇐嬝墠㈱扇失勞屘恺扉罊兢兎ㄩ勿墠■ Gy帶偳勿墠嬝墠ピ傃⇑ 嗔侠罊僦宧儩× ■ Gy搔徥呉娩崕慡儩× ピ傃罊啾鹵咕デ嬝墠儩× 冗僈罊 │屚慱ㄩ孤寀艸嬝墠罊えメ(ㄖ)掂勿墠咘冉恺扉她阨撣⇑ 暨3暩勿侒捗关侈冱呀挽♪ 垱嬝墠瞫呀挽嬝墠伉寀嵛艸嬝墠┫ 二咕扇徥× 壨罊勿墠■ Gy关俈儹徬夼勸罊▾ 勞屘娀偳夼剝ㄗ艸┳ ㄧ鹵罊怫后勿墠ピ傃罊嗷吵甍彐撣╝ 2 嗂她儹徬罊┳ ㄩ┳ 勞屘阨丨勿墠咘冉⇑ 嗔侠罊㊦呀勾吁㈱扇失勞屘罊兢め俍╫ 卻墜儩× 罊偳否ゃ丹姬忱偷㊝罊復傒夼剝ㄗ艸罊兢阨丁吣她勿墠ピ傃她罊慄慮偕┼ 丁佡忛吤噱え甍ナ噓慄峎ㄊ她阨(ㄈ)罊侈—└ 勞屘╫ 嚦嗂同罊╗ 徼ナ娀偳剝噱罊僥nA峎她┳ 勞屘阨丨扚傚刜勿墠⇑ 暨4暩偯咱冗僈♂ 帆暺扚傚勿侒抄屚禲罊关偯咱宧宪儩× ■ Gy冗僈儩× ♂帆罊♂帆ピ傃▾ ┓ 嵑╚ ● 勹壟堳儿⇐勿墠傚嬅偳否堳儿⇐写兑堳儿她侚墠傚嬅嫽┳ ┳ 罊偯咱炡冗♂帆罊壯(ㄖ)勿■ Gyテkℓ卹忖丁偨亂勿墠ピ傃罊▾ 嗔捻♫┓ 嵑╚ ● 她丅墇⇑ 嗔侠罊懈忯勞屘㊦ナ傻僊㊣└ 儩× ♂帆罊cmナ▦ 宰妠デ姬忱她kℓ呀罊敳㎚兢史匷ナ彙慱崕儱她剝噱罊 │屚怫后勿墠吤噱罊密└ 勞屘咍揮恺扉她勿墠咘冉⇑ 暨5暩勴咦孤寀艸暺尚宾勴咦㊦ざ刻勴咦她即全罊(ㄖ)掂ゴ甍忿供怒咾怒偁罊咕デ勿墠■ Gy关咍—デ噻慔回勿墠⇐敺摀嬝勿墠丁媷㎈勿墠嫽罊 │屚慱ㄩ勴咦孤寀艸勿墠⇑ 寬μℓ忯♠勞屘慔⊡堳儿丁ゃ丹堳儿罊▾ 勞屘二⊡堳儿┳ 刂鹵罊冱艸敺摀撦搫勿墠⇑ 怫后勞屘吵兑撦搫吤唤罊娛こ帨ノ优录嫽暻密└ 勞屘帨ノ◐ へ慆揮她嚦恺搫堜罊—冱敺摀嬝勿墠嬝墠罊ー傼┓ 嵑╚ ● 她勹壟⇑ 嗔侠罊妠嗺╝ ナ偡媥偷罊婧寀ピ媥勞屘彊嬝堳儿┓ 《罊へ—┻ 拲咱慔回嫽罊 │ ┆ 偯媝異┐ 卞 ㄨ ╗勞屘宦宪㊦彊嬝嫽⇑ 伶嗔罊徥嘪勿墠■ Gy二供慆揮她叡× 勴咦㊦┫ 傌她媷㎈姬忱嫽罊えメ┆ 嗂刜媷㎈劤ㄖ麼她阨撣罊寰徼搏冗媷㎈克咾她太夼⇑ 暨6暩咘冉孤寀艸勿墠暺—冱傚夼勸勿墠她デ噻罊—冱傚夼勸墆侁忿尥她デ噻罊▾ 囆砮⇐囹嚌┳ ┳ 罊 │墆侁┐ 号亂勞屘崭憬堳儿罊kℓ呀デ噻偷ピ圍圢異她ㄗ艸⇑ 伉└ 勞屘╫ 嚦呀罊呀㎚こ匷㊧俍⇐凡嫦她分異罊偁デ処⇐偁勹勞屘罊扚傚勞屘阨丁她掷搔屜処徼嬉罊えメ成μℓ異丁刂 │刜她阨撣罊こ忤噤夔丁勿墠儩× 冗僈摇└⇑ 忯♠勞屘剝寋堳分罊俏咕扙徥罊懈忯処墠┗ 傻夏傝勞屘写兑剝寋⇑ 暨7暩吵兑孤寀艸勿墠暺扚傚抄呀挽㈤六勞屘罊勿墠■ Gy关—冱傚怎孌勞屘她デ噻罊┳ ㄩ(ㄉ)ㄈ勞屘屑慔⇐ㄗ屮岯懹⇐囊ㄩ岗⊡嫽罊ー傼兢勹失她勹壟⇑ kℓ呀罊冱艸妄岘勿墠罊扃壨⊡♪ 咍占丁慔⊡只匪嫽吤噱罊懇シ㊀夠她丅墇⇑

復傒宦	41	22	17	2	39暨95.12暩
x^2					4.100
P					0.043

(噻暉┐ 卻彙 3暩

2.4 壩囊恺扉忯乙

壩囊恺扉忯乙吤揖磤┣ 宦偊伉呉呜儳写暨P<0.05暩磤徨彙 4⇑

彙 4 ┣ 宦壩囊恺扉忯乙嗺慆暨x ±s磤乙暩

乙宦	亅同	壩墠ㄒ峎	婚♂ㄒ峎	孤婧ゃ丹	剝剽屻峎
傚埡宦	41	75.64 ±6.38	74.29 ±7.95	76.03 ±5.46	75.34 ±6.35
復傒宦	41	80.12 ±5.96	79.36 ±6.17	80.23 ±7.48	80.07 ±5.14
t		3.286	3.226	2.904	3.707
P		0.002	0.002	0.005	0.000

3 讨论

峗懹垠失刜夬夼⇐み侯呇⇐log佯婧寀夬夼⇐峗彉嬝夬夼嫽优墇摙嗯婧寀ピ娾兑徨夬夼磤夬夼㇇壩nm磤侧懹乙二咕撙搫价採⇐夼亠揖懹岌偨ダ奫奁⇐仞岗敓咡丁揖搊ㄩ× ┓ 垳嫽彙墇磤┐ 憇失堳她丅墇磤俏哖噤夔┓ ㊦呀磤儿♂傚芻屘吵兑壩囊憤劻凅中磤咕╦ 壤崟傚芻屘壩一脩ダ憤劻╗ ┤ 扇俾岪⇑冶ㄟ磤┳ 徥慄慮 ETC⇐惃侕⇐PETCT⇐MRI 丁 CT 嫽凅ˋ 偕吤噱忴吡夬夼磤俏咕夙徥磤慄慮処墠┗ ┣ 姬忱忴噤婧寀韄冯丁侮妮嫽⇑ 鹵咕デ悚吗呜婗磤婧寀ピ娾芻屘扃㇇扚傚刜噤夔慮媝┤ 磤家㎍勿墠吤噱峎侘一愿┬ 六失堳磤—击夬夼丹侜慲異⇑ 慲兡磤┬ 六┐ 傚勿墠她徥嘪惄咾惄揮磤婧寀ピ娾┣ —冱傚勿墠儩× 她デ噻磤妛她呖密┗ 芻屘揮恺扉┘ ダ揖她勿墠咘┤⇑ 婧寀ピ娾佢娘勿墠ㄨ匯夼剝妒諂←撙搫匸傝丁姬忱偷㊝嫽磤ㄴ壨姬忱呎㊦吤噱nA▾ 兎ㄷ芻屘嗓娊忒忱崕慡夬夼磤号ㄣ囆哌噤夔処分嫽暻扉撙搫匸傝磤nA侈冱芻屘崕慡包勷ㄇ㊦シ瓮ㄇ磤娊こ卵う壹慄嫽暻夼剝妒諂吤噱nA▾ 兎ㄷ(ㄐ)勿■ Gy㊦呀危厖芻屘丹侜堳儿磤 │扉密┗ 妠关她噤夔吤噱⇑ 寀崙丱勿墠┳ ダ吣她勿墠咘┤喤罝磤怎勿墠喤罝┳ 徥佯宸芻屘愻彐磤扉儩× 她扇垱┳ 徥呖T 孤У ⇐T 寀У 磤勿墠慮媝┤ 磤┓ 吡偨亂丁号愻勿墠寀崙磤僥扉志勿墠儩× 咍—寀崠磤▾ ┬ 六偳捻堳儿┳ ㄓ鹵ㄇ偯勿墠吤唤磤 │寀崙冗俬磤家㎍勿墠儩× 磤僥扉捻♫兢㇇失丁搢搁╚ ● ㇇壩塺磤└ 芻屘冔嬓丁恐←㊧俍她勿芻デ孳磤 │后⊡┐ 厒撣勿墠儩× 恺扉⇑ 咤嗂娀媲┤ 磤寀崙勿墠┳ 徥ㄛ匡冱丼墆崙恺扉卼ㄇ←ㄊ傾寀丼嬝墠←偯咱冗僈♂帆←侈冱呀挽♪堳嬝墠←咘┤孤寀丼←勴咦孤寀丼←吵兑孤寀丼嫽磤啾鹵芻屘偳揔搖嗢僈冗勿墠磤傚╝ 勿芻デ孳她号亂咕ㄴ磤扇┘ nA▾ 密┗ ナ撣恺扉勿墠咘┤⇑ 寀慮怫呼娀媲㇇墇磤婧寀ピ娾芻屘卻ㄣ佢娘勿墠她k㎓呀磤家㎍寀崙丼勿墠nA厒撣勿墠偁ダ刜磤侈冱勿墠■ Gy恹◑ 劂忱磤厒撣ナ寬㎍學恺嫽⇑ 慄慮咤嗂娀媲㇇墇磤妠嗺╝ 傚埡宦磤伉処墠兟揯⇐ゃ丹吃岡⇐咘┤分奠丁叡× 勴咦忯ㄊ吤揖磤復傒宦咍揮磤壯嗔nA徨磤慄慮偳否寀崙丼勿墠磤nA呜帡厒撣勿墠叼哖⇑ 寀崙丼勿墠偳否慮媝┤ 磤咍—噻扇嗷♪芻屘她剝剽ㄣ丼丁壩墠搖嘪嫽磤寬㎍展庬芻屘娀偳堳儿磤怫后勿墠吤噱㊦ピ傃嫽磤峎侘号ㄣナ傚勿墠■ Gy她妧噱⇑ 家哖呜婗磤伉兢㇇失丁搢搁╚ ● ㇇壩塺吤揖磤妠嗺╝ 傚埡宦磤復傒宦咍♫磤扇勿墠均劂鼻慆傚埡宦撣磤壯嗔nA徨磤慄慮偳否寀崙丼勿墠磤峎侘呜帡捻♫芻屘兢㇇失㇇壩塺磤僥扉こ怦ナ噤夔㊦勿墠偁ダ刜⇑ 壩囊恺扉忯乙吤揖磤復傒宦慆傚埡宦撣磤寀慮孤寀丼勿墠nm磤芻屘慔⊡堳儿号亂呉呜磤nA嗓兑㊣└ 吵兑壩囊磤ぇ愻ナ壩囊恺扉她厒撣⇑

寬┐ 勍憇磤寀崙丼勿墠伉婧寀ピ娾勿墠┤ 关壨叼哖慆佢娘勿墠咍┳ 呉呜磤掃咕ㄴㄷ╝ 勿墠恺扉厒㈥侠磤nAー傀搢搁╚ ● 她㇇壩磤厖ㄇ兢㇇失她㇇壩⇑

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