

# 医护技一体化模式对提升老年精神障碍患者心理健康、 生活质量的影响

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**【摘要】：**目的：探究医护技一体化模式对提升老年精神障碍患者心理健康、生活质量的影响。**方法：**从本院收治的老年精神障碍患者中抽选 102 例作为研究对象，将其分为两组。常规组采取常规医护管理模式，实验组应用医护技一体化模式，分析两组患者心理状态及生活质量等情况。**结果：**在无其他因素的干扰下，实验组患者整体情况优于常规组，且实验组患者满意度较高， $P < 0.05$ 。**结论：**医护技一体化模式对老年精神障碍患者的干预效果较好，其通过采取一系列科学的针对性措施，提升治疗和护理质量和水平，增强医护人员工作的准确性和有效性，帮助患者保持住院期间的积极心态。同时能够及时防范工作中的风险事件，进一步强化患者疗养的安全性，避免老年患者身心受到风险事件的影响，避免医患矛盾的发生，对于提升老年精神障碍患者的生活质量成效显著，进一步提高医院整体治疗质量和水平，值得推广。

**【关键词】：**医护技一体化模式；老年精神障碍；生活质量；心理健康；影响

## Effect of Integrated Medical and Nursing Technology Model on Improving Mental Health and Quality of Life in Elderly Patients with Mental Disorders

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**Abstract:** Objective: To explore the effect of rapid rehabilitation surgical nursing on pain and complications of patients after gastrointestinal surgery. Methods: 102 elderly patients with mental disorders were selected from our hospital and divided into two groups. The routine group received routine rehabilitation nursing, and the experimental group applied the mode of integration of medical care and technology to analyze the psychological status and quality of life of the patients in the two groups. Results: without the interference of other factors, the overall situation of the patients in the experimental group was better than that in the conventional group, and the satisfaction of the rapid patients was higher ( $P < 0.05$ ). Conclusion: the integrated mode of medical care and technology has a good effect on the elderly patients with mental disorders. Through adopting a series of scientific and targeted measures, it can improve the quality and level of treatment and nursing, enhance the accuracy and effectiveness of the work of medical staff, and help patients maintain a positive attitude during hospitalization. At the same time, it can timely prevent risk events in work, further strengthen the safety of patient recuperation, avoid the physical and mental impact of risk events on elderly patients, and avoid the occurrence of doctor-patient conflicts. It has significant effect on improving the quality of life of elderly patients with mental disorders, and further improve the overall treatment quality and level of the hospital. It is worth promoting.

**Keywords:** Medical technology integration mode; Senile mental disorder; Quality of life; Mental health; Influence

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勳惺←埔廔←入溪←偶剥勳慮真捧彘〇T 僚整噴變失堀劬〇  
T 伉偻同刼儿T ∠咕吞寮劬俠俟T ■ 兀崑替孤婧掙娈〇〇介  
學咕仗忙←〇〇悵⊕婚σ 荆帶仇僚↑ 婚σT 叱〇侵替妮脰■ 劬  
(尙唯) 吳鳴侈←替妮脰孤婧掙娈僚妮脰夫介吵妍侈偶↑ 壯  
T 〇儻寫替T k〇妮脰晒孤婧掙娈夥脰T 六彙璋T k〇替夥脰  
佻忝夙一橋失堀替叔妻介劬懲優←扇替慶nA T 璋劬劬掙娈  
入溪←叻劬偶置←忒妮掙娈僚〇T 〇替二〇彙璋T 処璋學忙

一〇 ←婚σ 僚关良T 一冯替〇呀T 璋T 扇侮妮替味T 〇〇剥m〇替  
傲嘹克而操←〇〇 僚劬〇别劇替夫介懲優〇nm晒替夥脰慶nA  
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璋卿否佬侈互夥脰傲(〇)她侷夕婺龔替脰(〇)噤夔她咕叨荆替  
L 夥脰裏微介劬替〇掙夥脰悞処や母↑ 咤媿媿傲(〇)勿劬！ 〇



彙2 | 宦務尉処墻墻分唯愆暨乙替  $\bar{x} \pm s$  際

Table with 12 columns: 宦以, 同, 埔鹿暨SAS際, 熈憊暨SDS際, 互德, み募, 孤婧芥劑. Rows include 兌循宦, 備標宦, t, and P values.

暨3際宦寔杆同宦替備標宦墻囊忙靡... 兌循宦替P際0.05誓二...

彙3 | 宦務尉墻囊忙靡唯愆暨  $\bar{x} \pm s$  際

Table with 6 columns: 措妄, 呀挽, 兌循宦暨n隣51際, 備標宦暨n隣51際, t, P. Rows include 愧, 婚, 刻, 后.

暨4際宦寔杆同宦替備標宦務尉均刷莫擇... 兌循宦替P際0.05誓二...

彙4 | 宦務尉均刷莫唯愆暨n替%際

Table with 5 columns: 宦以, 兌循宦, 備標宦, X², P. Rows include 同, 拋兌均刷, 佢咤均刷, 嶼均刷, 均刷, 均刷歷.

3 结论

妮翹孤婧掙娛勢尉她嚟夔... 媠勿墻她扇... 媠媠媠媠媠...

(叻)夔<勿墻嚟拋... 嗽宦媠媠家昨nA... 媠媠媠媠媠...

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媛 势 慰 (忒) ㄨ 官 娥 嫵

嫵 揆 (ㄚ) ㄚ 暉 仍 價 好 佢 傾 (ㄗ) 嫵 L | ㄚ 嫵 娥 嫵 | 处

揆 嫵 恶 恹 ■ 暉 嫵 愆 困

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