

心理护理在肛周脓肿患者护理中的价值

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【摘要】目的: 评估在对肛周脓肿患者进行护理的过程中将心理护理干预展开运用的作用。方法: 按照对比护理评估的方式展开探究, 选入在 2021 年 2 月至 2022 年 4 月所收治患者中的 68 例为对象, 按照数字表法划分为 2 组, 任意抽选其中 1 组, 在治疗中展开常规护理, 作为对照组, 在对剩下一组患者进行护理时则在常规护理的基础上将心理护理干预进行运用, 作为观察组。分析两组患者的护理效果。结果: 通过对两组患者在治疗期间的心理状态对比, 干预前无差异, $P>0.05$, 干预后观察组优于对照组, $P<0.05$ 。分析两组患者护理满意度以及生活质量, 观察组同样具备优势, $P<0.05$ 。结合对两组患者在恢复过程中的并发症进行统计, 观察组患者在恢复过程中并发症的发生率低于对照组, $P<0.05$ 。结论: 在对肛周脓肿患者进行护理的过程中将心理护理干预展开运用, 可以对患者在治疗期间的心理状态进行改善, 并提升患者恢复过程中的生活质量, 增加患者护理满意度。

【关键词】: 心理护理; 肛周脓肿; 康复

The Value of Psychological Nursing in Nursing Patients with Perianal Abscess

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Abstract: Objective: To evaluate the role of psychological nursing intervention in the nursing of perianal abscess patients. Methods: The research was carried out in the way of comparative nursing evaluation. 68 patients who were admitted from February 2021 to April 2022 were selected as objects. They were divided into two groups according to the number table method. One group was randomly selected, and routine nursing was carried out in the treatment as the control group. When nursing the remaining group of patients, psychological nursing intervention was applied on the basis of routine nursing as the observation group. The nursing effects of the two groups were analyzed. Results: By comparing the psychological status of the two groups during the treatment, there was no difference before the intervention ($P>0.05$). After the intervention, the observation group was better than the control group ($P<0.05$). By analyzing the nursing satisfaction and quality of life of the two groups, the observation group also had advantages, $P<0.05$. Combined with the statistics of the complications of the two groups of patients in the recovery process, the incidence of complications in the observation group was lower than that in the control group, $P<0.05$. Conclusion: Psychological nursing intervention is applied in the process of nursing perianal abscess patients, which can improve the psychological status of patients during treatment, improve the quality of life of patients in the recovery process, and increase patient satisfaction with nursing.

Keywords: Psychological nursing; Perianal abscess; Recovery

岑log峙岨T 冶丕T 六悖T 兑徨她芥失替T 徙彙璋T 势尉
晏芥思宦完←岑孃▼ 嫫懷J 丁璋斗峙荆剗哏她剌儿替做势尉
勃憤动她恶揖涸中悖侧↑ 伉芥失她涸中T 替怎懷乙势尉岑峯
log佳σ 丁璋T k0嫫龔她岨传替◇ 椒偶伉咕太吞←祀堉▼ ①安
岨嫫失摺替え【势尉偶伉咕卵傻T 壹▼ ②う嬉嫫剌儿↑ J 势
尉勃俯悖T 寰劔替伉芥失抄呀挽她涸中T 替k0呀势尉温廸T
唾悖她勃俯剌儿嫫偶同σ 偶伉咕: 依她恶揖处堉^[1-2]↑T え【
势尉伉噤夔慮婺】她处堉堉分nA▼ 澤T 号亂替兢乙掙势尉她
罐囊忙扉替勃拮傲做处堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉
慮婺】替二□俏T 暉

1 资料与方法

1.1 一般资料

区堉做唯勿堉悖♠ 她价匚侵冗卹嫫替焦夕伉 2021 堉 2
咋崆 2022 堉 4 咋勃回噤势尉T 她 68 J T 傲耻替区堉同偉彙
噤T 乙T 2 宦替 刷甸焦才T 1 宦替兀噤夔T 侵冗兑循勿堉堉
× T 傲堉宦替伉做 H T : 宦势尉惹三勿堉呀儿伉兑循勿堉堉
她娘T 做处堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉堉
价揖替做堉堉T 00 匡咕壳荆 20 J 替估荆 14 J 替堉堉乙儼伉
62-79 僖挽替优へT 暨68.33±1.38際↑ 復侵宦T 儿偶伉咕壳荆
19 J 替估荆 15 J 替堉堉乙儼伉 61-78 僖挽替优へT
暨67.47±1.74際↑ 傲唯T 宦堉堉宦动▼ ①荆T 以唯替吳儻写替

