

艾灸治疗肛肠科术后排尿困难的观察与护理

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【摘要】目的: 探讨艾灸治疗肛肠科术后排尿困难的临床效果。方法: 以 2021 年 11 月至 2022 年 7 月间我院收入的 92 例肛肠科术后排尿困难患者作为研究对象, 将 92 例患者均分为参照组和研究组各 46 例, 给予参照组患者常规治疗, 给予研究组患者艾灸治疗, 分析两组患者临床治疗效果。结果: 经数据分析, 研究组患者发生排尿困难或尿潴留比例明显低于参照组, 且治疗总有效率、护理满意度均明显优于参照组, 差异均具有统计学意义 ($P < 0.05$)。结论: 对肛肠科术后排尿困难患者采取艾灸治疗可有效提高患者治疗总有效率, 操作简单、治疗显著, 配合护理可有效促进患者恢复、提高患者护理满意度, 值得进一步推广。

【关键词】 艾灸; 肛肠科; 排尿困难; 护理

Observation and Nursing of Dysuria after Anorectal Operation Treated with Moxibustion

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Abstract: Objective: To investigate the clinical effect of moxibustion on dysuria after anorectal surgery. Methods: 92 patients with dysuria after anorectal surgery in our hospital from November 2021 to July 2022 were taken as the research object, and 92 patients were divided into the reference group and the study group, with 46 patients in each group. The patients in the reference group were given routine treatment, and the patients in the study group were given moxibustion treatment. The clinical treatment effects of the patients in the two groups were analyzed. Results: Through data analysis, the proportion of dysuria or urinary retention in the study group was significantly lower than that in the reference group, and the total effective rate of treatment and nursing satisfaction were significantly better than those in the reference group, with statistically significant differences ($P < 0.05$). Conclusion: Moxibustion can effectively improve the total effective rate of patients with dysuria after anorectal surgery, with simple operation and significant treatment. Cooperative nursing can effectively promote patient recovery and improve patient satisfaction, which is worth further promotion.

Keywords: Moxibustion; Anorectal department; Dysuria; Nursing

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夔咕呵歷替 J 壯 J 助咳她效戲呵关替係味豕倫勢魁儂愴匡穴
岌效奈空匿替偏岨勢魁咳nm J 罐卵儂价採勃效戲荆儂培壽僚
兢 J 失替勢魁抗影兢 J 失勸她呀替慶揖 T 妻剝呢她搯摑替儂
勢魁咳nm 躬俯憤勵 J 嚙派涸中 [1] ↑ 伉 寔噤夔 J 替兑肩 J 偏
儂咳震微勢魁失摑替峙扁壽尢儂 σ 侈一勢魁她吞寮替儂慘
剝呢女座 J 惹 J 噤一側替一 T J 勢魁 T 十儂儂她宗嚙恶匍替
勿墀 J Gy她働× 靡 J 咕勃侈一替 T 六 J 怎阶噤儂 J 依她尔
搯 [2] ↑ 懣 T 魁 (H) 噤夔怒 J 替 T 份 匕 偈儂她 T 嚙替料岨
噤夔岑岑姆夫nm 卵儂价採她噤夔卿否 J 意圖 J 侧儂扇傍替
勃拈咤嚙约儂料岨噤夔岑岑姆夫nm 卵儂价採她 T 六呵咤惹
三 J 媿媿替障め佻 J 快采勾k J ↑

1 一般资料与方法

1.1 J 嶠悚吗

惟 J 勃拈 J 2021 魁 11 咋峯 2022 魁 7 咋挽厄夕她 92 J
岑岑姆夫nm 卵儂价採勢魁× T 媿媿儂恥替嗽鹵勢魁她夕拈呀
挽惹三寶 nF 替統循依佯同 nF T 媿媿宦替 ϕ 同 nF T ④ 岨宦替嗽
宦 Ghz 46 J 勢魁 ↑ 媿媿宦壳荆 21 J 替估荆 25 J 替魁斃 T 儂
T 24~59 信替兜优魁斃暨 35.22±3.83 際信替勢魁助咳變佻
佻 J 暉峙岨 19 J 替侠夷 10 J 替匕夷 11 J 替岑夷 6 J 曝 ④ 岨
宦壳荆 22 J 替估荆 24 J 替魁斃 T 儂 T 22~57 信替兜优魁斃
暨 35.53±3.79 際信替勢魁助咳變佻佻 J 暉峙岨 18 J 替侠夷 12
J 替匕夷 10 J 替岑夷 6 J ↑ J 宦勢魁抗吐吐娣莫 ← 荆 L ←
魁斃 J 助咳變佻僚 J 嶠悚吗 J 她儂写做咤嚙媿媿吳涸中暨 P
嗽 0.05 際替咤嚙媿媿儲懷慮 (H) 拈 嶠 俱 Gy σ 偵勵 J

宙夕哈 N 佻 J 暉暨 1 際勢魁优 J 儂伉岨岨嶠嶠 ← 揮嶠 ④
僚 J 扇夫介暨暨 2 際勢魁优替 μe 咤嚙媿媿哈 N 暉暨 3 際勢魁 ④
十儂儂做咤嚙媿媿优媿刺替嫩尧 J 媿刺 ke 剛 J ↑

卯掃哈 N 佻 J 暉暨 1 際勢魁儂伉孤婧掙娣勃怕懼掙娣替

