

医护合作健康教育模式在医院普外科护理中的应用

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【摘要】：本篇文章主要对普通外科护理工作中医生护士相合作的健康教育方法的应用效果进行研究与分析。在研究工作中主要以本院历年以来普通外科所收治的 332 名患者为研究对象，随机的将这些患者进行分组，分别为实验组与对照组，每组患者的人数为 166 名。对于对照组的患者而言，其在住院的过程中主要通过责任护士对其进行健康教育。而实验组的患者在住院期间，则是采用了医生与护士相互合作的方法对其进行健康教育。在健康教育工作结束之后，将两组患者对疾病相关知识的掌握程度、对健康教育工作的满意程度、对治疗工作的依从性这几个方面进行对比与分析。研究结果表明：两组患者在经过健康教育之后，对疾病相关知识的掌握程度、对健康教育工作的满意程度、对治疗工作的依从性都存在非常大的差异性。以此得出以下结论：患者在住院期间，采用医生与护士相合作的方法对其进行健康教育，能够很好的满足患者的各方面需求，帮助患者早日康复，同时还能够有效的提高患者对健康教育工作的满意程度，这种健康教育模式应当被广泛的推广并应用。

【关键词】：普通外科；健康教育；医护合作

Application of Medical and Nursing Cooperation Health Education Model in General Surgery Nursing

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Abstract: This article mainly studies and analyzes the application effect of health education method of cooperation between doctors and nurses in general surgical nursing. In the research work, 332 patients admitted by the general surgery department of our hospital over the years were taken as the research objects. These patients were randomly divided into experimental group and control group, with 166 patients in each group. For the patients in the control group, health education was mainly carried out by the responsible nurses during their hospitalization. The patients in the experimental group received health education through mutual cooperation between doctors and nurses during hospitalization. After the completion of health education, the two groups of patients were compared and analyzed in terms of their mastery of disease related knowledge, satisfaction with health education and compliance with treatment. The results showed that there were significant differences between the two groups in their mastery of disease related knowledge, satisfaction with health education and compliance with treatment after health education. The following conclusions can be drawn: during the hospitalization, the patients should receive health education through the cooperation of doctors and nurses, which can well meet the needs of patients in all aspects, help patients recover as soon as possible, and effectively improve the satisfaction of patients with health education. This health education model should be widely promoted and applied.

Keywords: General surgery; Health Education; Medical and nursing cooperation

や母吃岡听勿墀囹× 冗優她慮婺┆ 哂┆ 扇徙她懷乙慳慄
慮や母吃岡聽良侏兔┆ 芻魁危危┆ 夫芥纳テ她姫忧匕傣替え
惹ナ嬲哂┆ ㄥ她成μ噤夔囹× 她冗優替惹扁庇揮噤夔刁哂替
兔┆ 芻魁吹吵母俯┆ 呖慄侠嬲她芻魁二咕┆ 侷她堡嗣荆替慄
┆ 芻魁伉侏捻噤夔她慮婺┆ 侧侑同懿拯提肩壘勸噤夔夔她
吡噤替┆ 侷侏侏她庇揮噤夔噤夔她刁哂替惹シGhz娉娉
失她丁璋替勢魁傲夙撼徙嬲哂她成μ噤夔替壯噴nA徨傲芻魁
惹ヨや母吃岡听抛兑夙徙她┆ 伉┆ 凋她や母吃岡囹× 冗優她
慮婺┆ 替┆ 徙听壯勿佷惹ヨ她替峙扁伉Ghz娉伶學囹• 她凋中
┆ 替芻魁傲┆ 勿佷她ざ• 替婺┆ 揮替傲や母吃岡囹× 她刁哂

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拯徙惹ヨ勸噤替伶噴傲勿墀■ Gy她┆ 卜 侷┆ ㄥ 哂┆ 侷┆ 侷
┆ 吡噤替娉娉旆旆她徙噴┆ 伉咭娉侠嬲┆ 凋她や母吃岡囹
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怎吡噤儲棠ㄥ澤┆ 侷她劬刁┆

1 基本资料和研究方法

1.1 佷咭悚吗

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