

胃肠道肿瘤术后下肢深静脉血栓形成的预防与护理

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摘要: 目的: 探讨胃肠道肿瘤术后下肢深静脉血栓形成的预防与护理效果。方法: 选取2020年4月至2021年3月在我院行胃肠道肿瘤切除术的患者62例, 分为对照组(常规护理)和研究组(预防性护理), 各31例。比较两组患者出院时的护理满意度及下肢深静脉血栓形成的发生率。结果: 研究组患者出院时的护理满意度为93.55%, 高于对照组的67.74% (p<0.05); 研究组患者下肢深静脉血栓形成的发生率为3.23%, 低于对照组的29.03% (p<0.05)。结论: 预防性护理能降低胃肠道肿瘤术后患者下肢深静脉血栓形成的发生率, 提高患者出院时的护理满意度。

Prevention and Nursing of Lower Extremity Deep Venous Thrombosis after Gastrointestinal Tumor Operation

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Abstract: Objective: To explore the preventive effect of deep vein thrombosis of lower extremity in patients with gastrointestinal tumor after surgery under different nursing modes. Methods: The selected start time of this study was April 2020, and the selected end time was March 2021. The selected research subjects were 62 patients with gastrointestinal tumors who underwent surgical resection in our hospital. The two groups were divided into two groups. The groups were the reference group (nursing mode: routine care) and the research group (nursing mode: preventive care). There were 31 patients in each group, and the nursing effects were compared when the patients were discharged from the hospital. Results: In terms of nursing satisfaction, the research group was higher (93.55%>67.74%), and the incidence of deep vein thrombosis in the lower extremity was lower (3.23%<29.03%). All data comparison results were p<0.05, which has statistical significance. Conclusion: Scientific prevention and nursing after gastrointestinal tumor surgery can avoid the occurrence of deep vein thrombosis of lower extremities to a certain extent, and the nursing effect is remarkable.

Keywords: Gastrointestinal tumor; Surgical treatment; Deep venous thrombosis of lower limbs; Prevention and nursing

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1 资料与方法

1.1 病例选择

选择2020年4月至2021年3月在我院行胃肠道肿瘤切除术的患者62例, 分为对照组(常规护理)和研究组(预防性护理), 各31例。对照组患者出院时的护理满意度为67.74%, 研究组患者出院时的护理满意度为93.55% (p<0.05)。对照组患者下肢深静脉血栓形成的发生率为29.03%, 研究组患者下肢深静脉血栓形成的发生率为3.23% (p<0.05)。

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1.2 护理

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Y5[摠仙強*樽噫*核动個*療,k0忙*叫嬢*埠伉*拒捨岬*芥愴*荆
荆岨*奚芥■* 7 岗*固控*峯曠*喇| 她*关*豐*H|*夕*輝*勿*埠*0. 0/ *7&'8
/002+/004,

Y6[娶*玗*玗, 琴*寔*勿*埠*兢*拒*傲*庇*斃*勢*尅*岬*芥*愴*岨*奚*嘆*nm*固

控*峯*曠*喇*冽*动*她*涸*中*H|, 斂*斌*啤*輝*偕*0. 0/ *7 000. '842+43,

Y7[岑*噪| *徐*璠*to*g*嗟*優*療, 岬*芥*愴*岨*奚*勢*尅*倂*啜*啜*固*控
峯*曠*喇*拒*捨*⊕*嬢*埠*她*仔*鹵*剖*家*H|, 治* 勿*伎*暨| 吸*巧*際*0. 0/ *
06&'8 2+/6,