

通心络联合氯吡格雷对冠心病心绞痛临床研究

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摘要: 目的: 探讨通心络联合氯吡格雷对冠心病(CHD)心绞痛(AP)患者血流动力学及临床症状的影响。方法: 选取2021年1月至2022年2月符合入选标准的冠心病(CHD)合并心绞痛(AP)患者60例, 随机分为A组和B组, 各30例。A组给予氯吡格雷治疗, B组给予通心络治疗。比较两组患者心绞痛发作频率、持续时间、血液流变学指标及临床症状改善情况。结果: 两组患者心绞痛发作频率、持续时间及血液流变学指标改善情况比较, B组优于A组(P<0.05)。结论: 通心络联合氯吡格雷对冠心病(CHD)合并心绞痛(AP)患者具有显著疗效, 能改善血流动力学及临床症状, 值得临床推广应用。

关键词: 冠心病; 心绞痛; 通心络; 氯吡格雷; 血流动力学; 临床症状

Clinical Study of Tongxinluo Combined with Clopidogrel on Angina Pectoris of Coronary Heart Disease

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Abstract: Objective: To investigate the effect of clopidogrel combined with Tongxinluo therapy on coronary heart disease (CHD) angina pectoris (AP) on hemodynamics and clinical symptoms. Methods: A total of 60 cases were sampled before the implementation of the study. The sample collection period was from January 2021 to February 2022. All of them were diagnosed with CHD AP disease. All cases were randomly divided into groups A and B for comparison. 30 cases. Group A was treated with clopidogrel, while group B was treated with Tongxinluo. The AP attack and hemodynamic changes were compared between the two groups to evaluate the effect. Results: The frequency and duration of AP attacks, and the specific viscosity of whole blood and plasma were compared between the two groups after treatment. Group B was better than group A (P<0.05). Conclusion: The treatment of CHD AP with clopidogrel combined with Tongxinluo has a significant effect, which can improve the hypercoagulable state of the blood and effectively relieve the symptoms of AP, which is beneficial to the prognosis of patients, and can be further promoted and used for reference.

Keywords: Coronary heart disease; angina pectoris; Clopidogrel; Tongxinluo; Hemodynamics; Clinical symptoms

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