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内窥镜检查中人文关怀护理的作用

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摘　要：目的：屮敺亅ピ嫉摯啌呼┤偳否■ 吐デ刃勿墠她叼哖乙哑⇑ 方法：偳摽╝ 2021 兡 1 咔~2022 兡 1 咔咱挽憔匪 88 〕ㄟ咾勃掂屮敺亅嬋卻ｾﾝ噤夔她夼■ 懟彐怫娀瞽㊣└ 咤嗂怫娀夼■ 掃卻ｾﾝ傚失噤夔侠瞽慶卻ｾﾝピ嫉摯啌呼瞽伉啌呼咱挽廠成勿墠兟揯⇑ 区埡┓ kℓ勿墠吤官懟彐乙宦瞽嗷宦优宙夕 44 〕夼■ 瞽兢一fm┳ 兑循宦└ 娀媲宦⇑ ナ┤ 兑循宦勍扃壨她勿墠吤唤┳ 鸟寁兑循勿墠瞽娀媲宦儿扃壨■ 吐デ刃勿墠⇑ 剖家└ 卹媲 2 嫀勿墠吤唤偳否⇑ 结果：兑循宦 SAS 忯乙家哖呉呜撣╝ 娀媲宦瞽SDS 忯乙家哖呉呜撣╝ 娀媲宦瞽├ 宦傚埡瞽儳写呉呜瞽暨P<0.05暩⇑ 傚埡宦勿墠成μℓ忯乙└ 娀媲宦勿墠成μℓ忯乙傚埡澤乙呉呜慆♫瞽├ 宦傚埡瞽儳写呉呜瞽暨P<0.05暩⇑ 结论：屮敺亅ピ嫉摯啌呼┤ 成μℓ■ 吐デ刃勿墠nA屘撣勿墠恺扉瞽嗔吤唤ヘ澤┳ 六关壨└ 呎㊦⇑

关键词：屮敺亅暻ピ嫉摯暻■ 吐デ刃勿墠

The Role of Humanistic Care Nursing in Endoscopy

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Abstract: Objective: To analyze the effect of humanistic care nursing in ENT endoscopy. Methods: During the experiment from January 2021 to January 2022, 88 patients who came to the otolaryngology department of our hospital for treatment were selected for investigation. In addition to symptomatic treatment, the patients who participated in this investigation also received endoscopy. The examination period was accompanied by a nursing intervention. According to different nursing methods, 44 patients were included in each group and named as routine group and study group. Among them, the nursing program adopted by the routine group was traditional routine nursing, while the research group adopted humanistic care nursing. This paper summarizes and explores the implementation of two nursing programs. Results: The SAS score of the routine group was significantly higher than that of the study group, and the SDS score was significantly higher than that of the study group. The difference was significant between the two groups (P<0.05). The nursing cooperation score of the control group and the nursing cooperation score of the study group were significantly lower, and the difference was significant between the two groups (P<0.05). Conclusion: Humanistic nursing care can improve nursing quality in ENT endoscopy, which is worthy of clinical application and popularization.

Keywords: ENT; Endoscopy; Humanistic care nursing

屮敺亅嫀呖勃掂扇徥嫀偷瞽嗔嫀偷勍叵噤夼■ 慆倆瞽卻忴夬夼慆┳ 全噴⇑ 壯╝ 屮敺亅仗偭她堡嗣瞽伉噤夔咱挽徥成μℓ啌呼瞽ピ嫉摯× ┳ 屮敺亅嫀兑壨她仗啉瞽ナ啌呼吤官┣ 呖┳ 徥└ 兑壨她勓嗯[illegible]⇑ 屮敺亅嫀ピ嫉摯啌呼峎侈偳墇夬夼噤夔⇐忴吡瞽扇┘ ピ嫉摯啌呼吤官二供咦┤ 徬扈冗捚⇐啌呼呀挽姁她堡垮瞽密夼■ 克咾她卞 ⇐ × 慆儀瞽侧倆同夼■ 懿峎侈卻ｾﾝ嗔啌呼吤官[illegible]⇑ ♩壯╝ 懹乙夼■ 傚╝ 啌呼吤官⇐夬夼尔傥忒姬媝異⇐┐ 徼媝異瞽傚╝ 咕× 啌呼吤官偊伉偾划└ 别剭剝儿瞽伉啌呼咱挽扃[illegible]壩埔庬└ 别剭劉瞽禳乙剝寋[illegible]关┤ 扇尉慶伶嗔丁墇┓ 成μℓ噤夔└ 勿墠剝儿瞽密┳ 六儩× 侈一採異[illegible]⇑ 佢╝ ┐ 憇剝儿瞽伉噤夔咱挽关廠成勿墠兟揯吤唤瞽粟兑剝儿┐ ┳ 六兑壨勿墠吤唤┳ 鸟寁兑循勿墠瞽♩勃嫀偷┳ ┓ 屘撣勿墠┻ 卿瞽儿扃壨■ 吐デ刃勿墠吤唤⇑┳ ┓ 剖家└ 卹媲 0 嫀勿墠吤唤偳否叼哖瞽╝ 0. 0/ 兡 / 咔|0. 00 兡 / 咔咱挽憔匪 66 〕ㄟ咾勃掂屮敺亅嫀卻ｾﾝ噤夔她夼■ 懟彐怫娀瞽二⊡偳否剝儿⇐家哖乙哑瞽徨俏┐ 捗憇⇑

1 资料与方法

/ ,/ ┆ 崹悚吗

偳摽╝ 0. 0/ 兡 / 咔|0. 00 兡 / 咔咱挽憔匪 66 〕ㄟ咾勃掂屮敺亅嫀卻ｾﾝ噤夔她夼■ 懟彐怫娀瞽㊣└ 咤嗂怫娀夼■ 掃卻ｾﾝ傚失噤夔侠瞽慶卻ｾﾝピ嫉摯啌呼瞽伉啌呼咱挽廠成勿墠兟揯⇑ 区埡┓ kℓ勿墠吤官懟彐乙宦瞽嗷宦优宙夕 22 〕夼■ 瞽兢一fm┳ 兑循宦└ 娀媲宦⇑ 兑循宦暺l ; 22 〕夼■ 瞽壳-00 〕⇐佶-00 〕瞽兡斃伉 03 僖崟 34 僖┻ 挽瞽┤ ♪兡斃┳ 2. ,37 僖⇑ 娀媲宦暺l ; 22 〕夼■ 瞽壳-0/ 〕⇐佶

-01 〕磬兡斃伉 04 僖崟 34 僖┻ 挽磬┤ ♪兡斃┳ 2. ,40 僖⇑ 咤嗂偳摽优伉夼■ ▼ ㊦ナ傻僊姬剝┘ kℓ劂剝儿┐ 懟彐聾勣咕匊尉她佢咤悚吗傚嗺磬儳写吳寁忏偕劂┻ 暨N暾. ,. 3暩⇑

/ ,0 偳摽吤噱

兑循宦勍扃壨她勿墠吤唤┳ ㊋寁兑循勿墠磬肩┳ 啌呼 kΩ姬└ 噻劂╚ 揹kΩ姬⇑

娀媲宦儿扃壨■ 吐デ刃勿墠磬二⊡俏┐ 暉暨/暩■ 吐デ刃勿墠咘┤暉吵兑勿墠┤ 磬勿墠■ Gy徥┳ 夼■ 屔丨┳ ㄩ憔匪她咪♂磬〕俏伉啌呼ㄟ徥怋掷夼■ 呖kPaめ俍ン供磬傚┛ 剝寋㎡关噸ㄩ慆侧尉关へ啌呼ㄟ└ ナ噓憟磬兎ㄈナ叹唷剝寋磬兟媦她揖傚啌呼磬㎞侠伉啌呼慮媝┤ 巡世怋夼■ 劂徨磬㈠ㄈ夼■ 憔匪崭憯她⊡♪⇑ kℓ呀┳ 夼■ 帨憤崭憯她啌呼墆侁磬憯冶她取叹┆ ╥ 愿啐⇐俱倗她愿揲┼ 磬兎ㄈ夼■ 兟侜⇐崭寰处剝⇑ 暨0暩处墠兟揯暉夼■ 伶夬夼偊伉┐ 娩偯刜磬伉啌呼咽挽伶慮異┐ 憯扇、 罐勲懧⇐埔庬嫽恶刜剝寋㎡关磬台夼■ 丁墇嗔孌剝寋㎡关呀磬勿墠■ Gy徥┳ ㄩ└ ナ噓憟磬兎ㄈ夼■ 兟媦处剝磬俏哖夼■ 傚┛ ピ嫉摯偊伉包徾磬勿墠■ Gy关cmナ捗憇ピ嫉摯她× 壨▼ ㊦屈徥刜磬㎞侠勿墠■ Gy慶关冢傝夼■ 忞憇丁处┤ 她剝噱磬密└ 岟偯兢懟彐脩劗⇑ 暨1暩夬夼姬忱吃岡暉吵兑勿墠┤ 磬勿墠■ Gy关一冱夬夼偷吃磬勿墠■ Gy徥啾卤夼■ 吐艸媝巽磬┳ ナ呎㊦└ 夬夼咕デ她兑忱磬㎞侠勿墠■ Gy慶关cmナ忞憇ピ嫉摯她× 壨▼ ㊦关壨屈徥刜磬【夼■ ▼ ㊦夼■ 傻僊傚ナ咕┆ ┤ ゲ乙她忒姬⇑ 偷吃nm磬勿墠■ Gy徥懟彐怋掷磬怋掷夼■ 呖kPa偊伉敻掷磬呖kPa咕┐ ╗ 徼┻ 侚磬傚┛ 偊伉敻掷尉磬徥へ嗂cmナ呎㊦⇑

/ ,1 怋◐ 啥ン

咤嗂偳摽傚傚嗺勿墠家哖暉暨/暩勿墠均劂怋乙家哖暉扃壨怋乙吤官懟彐怋◐ 磬剌澤乙へ惄撣忄呉夼■ 傚┛ 咤嗂勿墠均劂異惄撣⇑ 暨0暩剝寋㎡关暉扃壨 QBQ⇐Q? Q怋乙扉彙傚ナ偳否怋◐ 磬澤乙惄撣忄呉夼■ 埔庬⇐勲懧恶刜剝寋㎡关惄扇⇑ 暨1暩勿墠成μℓ怋乙暉勿墠■ Gy傚夼■ 偳否務乙磬澤乙惄撣忄呉夼■ 勿墠成μℓ媝巽惄撣⇑

/ ,2 寁忏偕吤噱

傚勿墠家哖懟彐忖忾磬【壨寁忏偕愚● QNQQ/7,. 侚墠同卤磬嗓分忏扉同卤壨T Kc_l¤ QBY 彙婗磬忏同悚吗扃壨〕同轨奸乙嗺彙婗磬嗓分磬吤儻敾悚吗宦挽嗺慆扃壨r啌摽磬唗咤塺她嗺慆扃壨㈜吤啌摽磬Nt . ,. 3┳ 儳写咕寁忏偕劂┻ ⇑

2 结果

0,/ 兑循宦⇐娀媲宦勿墠均劂怋乙家哖傚埡

兑循宦暉 ; 22 〕夼■ 磬夼■ 傚┛ 咤嗂勿墠彙婗均劂磬kℓ呀密└ 63,11,¤ /,/7 乙勿墠均劂怋乙暻娀媲宦暉l ; 22 〕夼■ 磬夼■ 傚┛ 咤嗂勿墠彙婗均劂磬kℓ呀密└ 7. ,/3¤ /,0/ 乙勿墠均劂怋乙磬兑循宦勿墠均劂怋乙家哖└ 娀媲宦勿墠均劂怋乙家哖傚埡磬ㄟ尉慆♫nm尉撣磬├ 宦傚埡磬儳写呉呜磬暨Nt . ,. 3暩⇑

0,0 兑循宦⇐娀媲宦剝寋㎡关傚埡

兑循宦暉Q? Q怋乙家哖┳ /3,/0¤ 0,2/ 乙⇐QBQ怋乙家哖┳ /3,61¤ /,07乙暻娀媲宦 Q? Q怋乙家哖┳ 6,0/¤ /,4/ 乙⇐QBQ怋乙家哖┳ 7,/3¤ /,0/ 乙磬兑循宦 Q? Q怋乙家哖呉呜撣┛ 娀媲宦磬QBQ怋乙家哖呉呜撣┛ 娀媲宦磬├ 宦傚埡磬儳写呉呜磬暨Nt . ,. 3暩⇑

0,1 兑循宦⇐娀媲宦勿墠成μℓ媝巽怋乙傚埡

兑循宦暉宋寁忏夼■ 崀侇成μℓ咤嗂勿墠磬勿墠成μℓ媝巽怋乙┳ 56,0/¤ /,03 乙暻娀媲宦暉宋寁忏夼■ 崀侇成μℓ咤嗂勿墠磬勿墠成μℓ媝巽怋乙┳ 67,43¤ /,/1 乙磬傚埡宦勿墠成μℓ怋乙└ 娀媲宦勿墠成μℓ怋乙傚埡澤乙呉呜慆♫磬├ 宦傚埡磬儳写呉呜磬暨Nt . ,. 3暩⇑

3 讨论

屮敺丿娾呖勃掂扇徥娾偷磬嗔娾偷叵噤夼■ 慆偁磬叵噤夬夼慆┳ 侜咭⇑ 屮敺丿伶仗偭偊伉堡嗣刜磬伉噤夔咽挽徥簐成啌呼磬㈜寁啌呼吤官偊伉她妞(ㅁ)慮偁磬吳噱寀崠她復傒夼■ 匊夼宦宪磬傃呋卞偾ナ㎜ 仗偭磬墇俏▒ 掀妻勃份㈤夔勴咦她偨亂└ ㄱㄱ慢磬ピ嫉摯勴咦她劤埯└ 偨亂磬嗔啌呼勴咦伉屮敺丿娾澤ㄷ她全噴她关壨⇑ピ嫉摯啌呼♂囹呰吳娩伐傚夼剝めㄒ忴吡磬♩♂密夼■ 克咾哌┐ 崭憯她剔偭⊡摽磬扇┘ 慷嫀啌呼吤官僊┛ 咕╳叡× 她┆ 嫀磬♂密夼■ 処墠堳分克咾┤ 扇她凅中㎟⇑ 侧偁同夼■ 伉澤姬啌呼呀懿ㄒ墇埔庬←勲懧嫽剝寋㎡关磬剝寋㎡关┤ 扇尉壤崟ㄒ墇┐ 成μℓ噤夔嫽剝儿磬密┳ 六儩× 侈一採異⇑佢┛ ┐ 憇剝儿磬勃娾偷簐成她勿墠兟揯磬粟兑剝儿┐ ┳ 六兑壨勿墠吤唤┳ ㊋寁兑循勿墠磬慷嫀勿墠吤唤庹埘咕叼磬♩× 壨┆ 崹⇑ ┳ 嗔勃娾偷憔壨┐ ■ 吐デ刃勿墠吤唤⇑■ 吐デ刃勿墠吤唤僊┛ 吣伻勿墠吤唤磬慷嫀勿墠吤唤伉偳否咽挽┐ ▌ 崀侇冨彙㊋寁兑循勿墠┤ 她┐ 惋┻ 侚磬夔崀侇こ壽ナ☞ㄫ⇑ 慄慮処墠兟揯磬hA匑懟└ 夼■ ┻ 挽她デ孳磬ㄆ澤夼■ 她ざ◑ └ ㄧ 悪磬懟扃阼揮夼■ 她成μℓ磬伉冢傝ナ怜ㄒ処┤ 她剝噱磬佢┛ 岟偯└ 偁劗nm磬兎ㄈ夼■ 懟彐审徼磬hA号亂ナ恶刜剝寋㎡关⇑ ㄟ侠磬儼成ゃ丹吃岡磬hA阼揮夼■ 傚┛ 夬夼⇐啌呼吤官她姬呣媝巽磬│扇阼揮勿墠⇐噤夔成μℓ媝巽磬│扇阼揮勿墠恺扉⇑

寬┐ 勍憇磬屮敺丿ピ嫉摯啌呼┤ 成μℓ■ 吐デ刃勿墠hA阼揮勿墠恺扉磬嗔吤唤へ澤┳ 六关壨└ 呎㊦⇑

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× 屘嬔▦ 暺

慄応× 屘暺╝ ◑ 圓摰刜ㄨ暺佶摰嘎启暺嘭摰孋悅暺抄呒摰屻媕暺┬ 嬝勿儽摰丅壟兡咔暺1985 兡 12 咔摰偕㊇暺咤媥摰娀媲吤cm暺┬ 六勿墠⇑