

加速康复外科在整形美容科的运用

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摘要: 目的: 比较加速康复外科在整形美容科的应用效果。方法: 选取2019年1月至2021年12月在我院整形美容科住院治疗的60例患者, 分为加速康复外科组(观察组)和常规护理组(对照组), 每组30例。观察组采用加速康复外科临床护理路径, 对照组采用常规护理模式。比较两组患者的住院时间、术后疼痛、恶心呕吐、腹胀、排气排便、进食饮水、下床活动时间、患者满意度等指标。结果: 观察组患者住院时间、术后疼痛、恶心呕吐、腹胀、排气排便、进食饮水、下床活动时间均显著短于对照组($P < 0.05$), 患者满意度显著高于对照组(90.00% vs 73.33%, $P < 0.05$)。结论: 加速康复外科在整形美容科的应用能有效缩短住院时间, 减轻术后不适, 提高患者满意度。

关键词: 加速康复外科; 整形美容科; 临床护理路径; 患者满意度

Application of Accelerated Rehabilitation Surgery in Plastic and Aesthetic Surgery

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Abstract: Objective: To study the effect of accelerated rehabilitation nursing in plastic and cosmetic surgery. Methods: 60 patients in plastic surgery department of our hospital from January 2019 to December 2021 were divided into observation group and control group, 30 cases in each group. The observation group was treated with accelerated rehabilitation clinical nursing pathway, while the control group was treated with general nursing mode. The length of hospital stay and nursing satisfaction of the two groups were compared. Results: The hospitalization time of the patients in the observation group was significantly lower than that of the control group ($P < 0.05$), and the nursing satisfaction of the observation group (90.00%) was higher than that of the control group (73.33%). Conclusion: Accelerated rehabilitation nursing can improve nursing satisfaction and shorten nursing time in plastic and cosmetic department.

Keywords: Accelerated surgical clinical nursing rehabilitation pathway; General nursing mode; Plastic and aesthetic surgery; Application effect; Inquiry analysis

1 资料与方法

1.1 资料
选择2019年1月至2021年12月在我院整形美容科住院治疗的60例患者, 分为加速康复外科组(观察组)和常规护理组(对照组), 每组30例。观察组采用加速康复外科临床护理路径, 对照组采用常规护理模式。比较两组患者的住院时间、术后疼痛、恶心呕吐、腹胀、排气排便、进食饮水、下床活动时间、患者满意度等指标。

1.2 方法
观察组采用加速康复外科临床护理路径, 对照组采用常规护理模式。比较两组患者的住院时间、术后疼痛、恶心呕吐、腹胀、排气排便、进食饮水、下床活动时间、患者满意度等指标。

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 卻⁷勸噤家倣替-互噤nm 捌俯ざ処↑ 扁倣唛晒⁷ nm 勿墀替
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 夕替-互拒nm 悒倣替咕呵兔L ナ倣吹7 六囊L 替青扁尅狗
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 拒nm 悒倣替へ澤T 六关豐↑

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