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瑶医火功疗法联合针刺治疗对皮肤瘙痒的疗效

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摘 要：目的：扃壨墿㈱T 墿㈱垵ㄒY 噤夔屾μℓ扚ㄷ噤夔傚妄岘奕炛她噤夔叼哖罊嗺慆傚埡屘傚T 墿㈱垵ㄒY 噤夔妄岘夼■ 妄岘奕炛她叼哖罊┳ 妄岘夼■ 妄岘奕炛她噤夔戽丨╗ 吣她吤噱⇑ 方法：傚 90 fm妄岘奕炛夼■ 愻彐╗ 掫咪乙宦罊 45 fm夼■ 扃壨墿㈱垵ㄒ└ 扚垘妠家μℓ她吤噱⇑ 傚埡宦 45 〕罊扃壨㈢孍唷愚崆侠只噤夔罊┣ 宦优愶寍壨巡 28 侨⇑ 结果：┣ 宦└ 傚埡宦嗺慆罊妄卞←奕炛优咕寁忏偕劂┻暨P<0.0.0罊P<0.05暩┣ 宦妄卞忯乙←奕炛忯乙优呜帡撣┘ 傚埡宦暨P<0.01暩 结论：墿㈱垵ㄒ└ 扚垘妠家μℓ罊nA戾撣夼■ 她攉囊恺扉罊呖┆ 揹へ澤即全她勴咦⇑

关键词：妄岘奕炛失暻墿㈱垵ㄒ夔噱暻扚ㄷ夔噱

Effect of Yao Medicine Huogong Therapy Combined with Acupuncture on Skin Pruritus

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Abstract: Objective: To compare the therapeutic effect of Yao medicine Huogong combined with acupuncture on skin pruritus, and to provide a new method for the treatment of skin pruritus. Methods: 90 patients with skin pruritus were randomly divided into groups. 45 patients were treated with the combination of Yao medicine Huogong and acupuncture; 45 cases in the control group were treated with Halometasone ointment for 28 days. Results: There were significant differences in skin lesions and pruritus between the two groups and the control group (P < 0.0, P < 0.05). The scores of skin lesions and pruritus in the two groups were significantly higher than those in the control group (P < 0.01). Conclusion: The combination of Yao medicine Huogong and acupuncture can improve the quality of life of patients, which is a technology worthy of popularization.

Keywords: Skin pruritus; Yao medicine fire skill therapy; Acupuncture

奕炛呖┆ 嫊妄岘夼罊┳ 徥彙墇┳ 奕炛←冑ㄉ勴夸←家夭嫽⇑ 孪傻夼罊岓岮夬夼罊傻嫀失♂傝崠攉囊恺扉┓ 捻罊壤崟♂傚剝寋←剝寋憤劤┆ 偯她凅中⇑ 伉墇▸ ㈱巡┤ 罊F / ㄆ˜⊡捭投ㄠ呖妛ㄟ┳ 六┐ 嗺慆兑徨她噤夔吤噱罊嗺俏摠咾截喤嶜懖吖堎←ㄧ儴岂嘯堎←响伐喤捱▥ 偯堎嫽罊慷╦ 巡堜【壨nm罊奕炛♂寰徼罊乇巡nm♂咍—┤ 扇罊咘壨nm♂丅墇价ば←┼ 刂←噻劂刂┓ 揚┤ 嫽失堳⇑ 勷攉學變←垮學變┣ ♂傝崠弗尳侮怫⇑シ瓮勲ㄖㄠ她┓ 嵑ㄗ˜关嗺慆┤ 扇⇑安幟サ←垮扚←媱♪悊吏嫽噤夔吤噱嗺慆傥徨⇑ 扃墿㈱垵ㄒ噱└ ㇳ寁垘噱妠kℓ罊肟伉ㇳ寁㈱偕←寀宾偕怜她佢娘┐ 罊啾卤崶儱她偳摠剝儿罊┓ 吡伐剖家丁ㄉ慢丅┆ 係埴堡她噤夔吤噱罊敳呖壨巡堜伉夼垗┐ 勃寀宾┐ 愻彐旻卻勃挽卻她嵙垘罊【夼■ 她寀宾勃媱♪ㄉ攉ㄉ埆勃垘埁罊ㄷㄝ垃寀宾┻ 嘐罊【寀宾┻ 嘐慄壹罊怫丁嘐獷罊怫嵛╟ 峇她揗捩罊【慡⊡咪峎囊ㄩ刱侜嗓兑罊│扃悻ㄈ捨夼噤夼她叼哖⇑ 咤吐傚5. fm妄岘奕炛失豹尉■ 愻彐╗ 怫呼罊兢傚扃壨墿㈱T 垵ㄒY噤夔屾μℓ扚ㄷ噤夔傚妄岘奕炛她噤夔叼哖愻彐乙哑家哖俏┐ 暺

1 临床资料

/,/ 娀媲傚恥

咤娀媲▾ 咤掂挲忴夼■ ┻ 傚恥罊傚 7. 〕妄岘夬夼夼■ 愻彐掫咪乙宦罊嗷宦 23 fm剪尉罊区垤傲忴嗂礻卻ㄆ˜妠关她勿墠⇑ / 〕剪尉┻ 噤夔宦罊0 〕┻ 傚埡宦罊65 〕┻ 噤夔宦⇑ 伉傚埡宦┤ 罊/7 fm壳刜丁 03 fm倍刜暻呱兡愿她呖0/ 僖罊呱侧她呖 36罊兟优兡斃┻ 14崟 /3暻呱♫ 4┤ 咔罊呱撣 /20┤ 咔罊兟优 13,26) /3,21⇑ -傚埡宦壳刜 0. 〕罊倍刜 01 〕暻呱戲尉暨14|//'罊03|37 僖暻呱戲她呖 5┤ 咔罊呱撣她呖 /16┤ 咔罊兟优她呖 13,56 暨//,20暩⇑ ┣ 宦剪尉刜ㄙ ← 兡斃←夼婺优咢徨寁忏偕劂┻ 暨N<. ,. 3暩⇑

/,0 宙夕啥ン

暨/暩⇖┻ 六妄岘夼偕⇗傚妄岘厘炛失她忴吡啥ン[∀+4]罊彙墇┻ 岗⊡㇠抄←奕炛冱垹暻暨0暩/6|4. 僖罊┓ 乙刜ㄙ暻暨1暩伉咘壨 0┤ 呐咱nm罊懇シ咘壨孨妄恺垤學罊揓孌任戰囆垠巡堜罊シ瓮勲ㄖㄠ嫽暻暨2暩咕吳娩她姬剝劂劌罊峎侺懅瀆噤夔媝礻罊兢嬓偉⇑

噻劂暺 ┐ ッ┤ 咽•┤ 她┆ ┤┐ μℓ唚┓ 伉嗔┻ 六忾摽┤⇑

/,1 卵掃啥ン

暨/暩鬻俓勃乇┐ 咱俓俉曇0暩伉噤夔 0┤ 呐咱┻ 冖斁 咑伉咘壨┐ 孨妄恺垆學丁勷シ瓮巡堜nm斁┤ 呐咱┻ ピ【壨慮勷宦宪峌巡堜⇑ 暻暨1暩傚咤巡严勃巡严她ᵗᶜ分ᵃ⁄ₗ⁻关勃ᵗᶜ分ᵃ⁄ₗ⁻关她■ 暻暨2暩咕処彉嬝斁峗彉嬝斁岓峇斁岧峇斁憤彉她┤ 扇夼失曇暨3暩孨傻夼←孤婧夼嫽ナ偡夬夼曇暨4暩ナ偡咢均惋宙夕咽● 她剳屘⇑

/,2 ㄱ掃啥ン

暨/暩傚╝ 伶┓ 均惋宙夕啥ン扁影怗忴她剳屘斁勃屘伉均惋宙夕咽● nm咢区埡循偯卻ᵗᶜ噤夔她剳屘斁⁽ᵉ ▾ 卵掃曇暨0暩伶丁墇┤ 扇ㄐ× 壨扁┓ 峎冑寍卻ᵗᶜ噤夔她剳屘暻暨1暩伶咢峎傑励匚偯她噤夔扁叹冚曇暨2暩伶崕彐咘壨ナ偡夔噱勃巡严扁凅中剳屘她┳ 六復傒暻暨3暩伶崕彐も嗒噤夔她夼■ 暻暨4暩同鹵┓ 惋傚剳屘她咕叼刜丁脩ダ刜咕凅中暻暨5暩ご掃㊦峡丁塺戲╝ 0.#⇑

2 治疗方法

0,/ 哘吗ン供

┆ 臹戔孤垔暨域噣垔斁┆ 史异垽斁咡垪暩┆ 史 /3|0.㊉嬯她巡巋斁┣ 冞堕妄宝斁┆ ┤ 務埭咪斁┆ ┤ 僦壚暨壚ᶝᶜ⁻她旻凎处侧╝ 巡咽她旻凎暩⇑ 嵙垘她哘吗暉憌撓搢 3. ザ斁堕屮搢 3. ザ斁╟ mol庢 1. ザ斁チ德哟 1. ザ斁况庢 1. ザ斁┣ 揖扚 1. ザ斁敭哫 1. ザ斁奶戔 0 チ暨戔徥囃伉巡揖┐ 曇斁 5 侨nmᶜᵍᵃ丁呵兟⇑

0,0 墿(ㄖ)埭ㄒ夔噱屾$\mu\ell$扚ㄗ復傒宦

暨/暩奸♂媱斁侧啢媱斁峸捩デ斁岧ご媱斁侩圯媱⇑

暨0暩叡× 暺 壨┆ 臹戔孤垔斁壨cal勓勴妻┆ 啾 /3|0.㊉嬯她哘哗斁壨戔孤垍埶暻 伉埭垓她呀な勱埭妽垓斁埭巡哗咽壨 0 傾堕妄宝ᵒᵒ妻暻 nA伉夼■ 她奸♂媱←侧啢媱←峸捩デ媱←岧ご←侩圯媱嫽媱♪否垍垘⇑ 嗷嗂垍垘 4 嗂斁嗷侨 / 嗂斁1┤ 呐咱┆ ┤ 夔媝⇑

剳屘▾ 奕奂斁安吔斁妄卞┳ 扚ㄗ斁嗷log 1 嗂斁憔匪$\mu\ell$恝←挑扚挑噩噱噤夔彉囁←咋嘸←惋┏ 扆←┏ 揗╟ 媱斁伉澤ㄖ嘐nm 1. ご扮惀扚⇑

0,1 ᶝᶜ⁻咘 C 思峊仩

傾㈢嬯思崆暨坻旞ㄹ巡チμFㄹ憤她坻峎暩优△囃匆╝ GHz懹♪斁▾ .,0 ak ㊉她巡崆┳ 偵斁兢伉僕懹壨佷吗庈崀ᵒᵒ後斁伉ご成巡严呀斁【壨吳唅嬓她峊仩丁吳唅嬓她巡彪⇑兢cm娀媲傚恥こ傎巡堜fm媕㊦励ご斁偷ᵒᵒ呀挽┳ 0 f⇑ 嗷侨 0 嗂斁/2 侨┆ ┤ 夔媝斁テ 0 嗂⇑

0,2 復傒匚唅

噤夔ㄟnm←噤夔 / log←0 log←2 lognm斁家哖暺┣ 宦优咕┓ kℓ媝異她妄岘奕奂⇑ 奕奂她媝異暺. ご┳ 吳奕奂暻/ご暨愿凡暩僊╝ 愿凡她奕奂斁愿匍←愿匍(有)nA一愿斁┓ ♂傚偕┣ ←儩× 丁壧囊憤励凅中斁厜勴嗂同: 1 嗂-b暻) 宎暨┤嫽暩┳ 愿凡她奕奂斁呀愿呀扇斁咕愿異孰堄←家夭嫽冑ㄉ⁻刜妄岘卞⁽斁┤ 扇凅中偕┣ 丁儩× 斁厜勴’ 2|4 嗂-b暻扇異┳ 1 宎暨扇異暩斁咕侧扉她奕奂斁俏厜勴勍崠她侧堎孰堄←家夭嫽斁┤ 扇凅中偕┣ 丁儩× 斁厜勴<4 嗂-b⇑ 咦nm /|1 咔掫忪⇑

0,3 夔叼唅ン

啾鹵妄岘卞⁽她媔乙ヘ聾壨傸巵伐挑吤噱甍彐忯◐ ⁽ᵒᶜ斁媔乙厊撣塺; 暨噤夔ㄟ媔乙+噤夔nm媔乙暩暨噤夔ㄟ媔乙暩¨ /. . #⇑ 刽噤夔叼哖;暨噤圖嗂同) 咕叼嗂同暩噤夔嗂同暩¨ /. . #⇑

凉兴噤圖暺勍咕她妄卞优儲偨ダ囆侮斁勍咕她┳ 六失堳优儲偨ダ囆掃斁╝ 忯乙厊撣 73#▾ ┐ ⇑

夔叼暺妄岘夼ᵗᶜ囆侮斁┳ 六失堳澤ㄖ吳呜寰徼斁忯乙厊撣 5. |72#⇑

号亂暺僕懹妄岘夼ᵗᶜ囆侮斁失堳澤ㄖ寰徼斁忯乙厊撣 3. |47#⇑

吳叼暺妄卞噔咕呜帡她囆侮斁噔咕◑ ⚁寰徼勃一扇她憋恥斁乙同她厊撣俄╝ 3.#⇑

0,4 寁忏偕吤噱

ㄴ壨 QNQQ04,. 寁忏思● 傚勍咕同鹵甍彐┐ 乙哑斁壨挑优み儰丁啥ンみ儰彙慥斁兢【壨 r 啌摽暻寁忏同鹵壨㈜吤噱甍彐寁忏啌摽⇑ ▾ N. . ,. 3 忏嬚彙慥她儰ㄨ伉寁忏┐ 咕呜帡她儰写⇑

3 结果

伉噤夔nm斁扃壨寁忏思● 傚家哖呜婗斁┣ 屘她儰写咕呜帡刜暨N. . ,. . /: . ,. 3暩斁└ 傚埡宦妠嗺斁妄岘夼■ 妄岘奕奂失 7. 】斁扃壨墿(ㄖ)埭ㄒ夔噱屾$\mu\ell$扚ㄗ噤夔斁噤夔宦她刽咕叼歷┳ 6/,6# 斁噤夔宦她刽咕叼歷┳ 4. ,3# 斁刽咕叼歷吳呜阨撣⇑ 家哖彙吳暺弗噤宦墿(ㄖ)埭ㄒ夔噱屾$\mu\ell$扚ㄗ噤夔二咕吳呜她┳ 六叼哖斁兢吳呜☞╝ 傚埡宦⇑

彙 / 復傒宦丁傚埡宦夔叼嗺慆

宦ㄨ	】同	头圖	呜叼	咕叼	吳叼	刽咕叼歷
復傒宦	23	/3	0/	3	2	6/,6#
傚埡宦	23	4	0.	5	/0	4. ,3#

嚓暺N. . ,. . /: . ,. 3斁儰写二咕寁忏偕劂┻ ⇑

家哖暺伉▦ 夕噤夔ㄟ丁噤夔nm斁夼┣ 她妄岘奕奂匚同└ 傚埡宦嗺慆吳呉呜儰ㄨ暨N<. ,. 3暩暻噤夔nm斁偳摽宦她妄岘奕奂匚同呜帡侈揮斁咕呜帡刜暨N. . ,. 3暩⇑

彙 0 ┣ 宦剳屘伉噤夔ㄟnm她奕奂澤乙傚嗺乙哑

宦ㄨ	】同	噤夔ㄟnm奕奂忯乙嗺慆		儰ヘ
		兟揯ㄟ	兟揯 夔媝 nm	
復傒宦	23	0,3/¤ . ,26	. ,0/¤ . ,//	+0,1. ¤ . ,15
傚埡宦	23	0,26¤ . ,3/	/,6/¤ . ,23	+. ,45¤ . ,. 4

└ 傚埡宦嗺慆斁┣ 宦剳屘伉噤夔ㄟnm她妄卞澤乙┻ 挽噔咕寁忏偕┐ 她┆ 崠刜暨N<. ,. 3暩暻噤夔nm斁噤夔宦她捩庮恺愰艸乙呜帡揮俄╝ 傚埡宦暨N. . ,. 3暩⇑

彙 1 ┣ 宦噤夔ㄨnm妄卞忯乙嗺慆

宦ㄟ	亅同	妄卞忯乙嗺慆		儳へ
		兟揯ㄨ	兟揯 夔媝	
復傒宦	23	02,30¤ 1,65	3,17¤ /,/0	+/7,/1¤ 0,53
傚埡宦	23	03,0/¤ 1,/6	/.,16¤ 0,56	+/2,52¤ .,2.

噤夔宦 /3 亅头圖匀屘掫忪 1 ┤ 咔ピ侜ｶﾛ / 亅聾㈱) 4,5#9傚埡宦侜ｶﾛ 3 亅聾㈱) 61,1#⇑ ┣ 宦头圖匀屘侜ｶﾛ塺嗺慆忝鷥写二咕寁忏偕劂┻ &巆.,./'⇑

4 讨论

墿㈤呱呬処她夼咪伉╝ 姘┣ 謺墿㈤忒┳ 謺慡処妠ラ謺㊤呖┆ ⊡謺伶嗔動峎寔匷兟录謺寔匷崨慡她ゃ丹⇑ 啾鹵┤㈤丁 ┏ グ丁恋ｙ ←T 姘┣ 兟录ｙ 她墠忻謺忒┳ ㎡峎刜う媋伉■ ⊡她峟峬←寀宾┤ 二咕㈦乙扇徥她× 壨⇑ 寀峇嘐彊侮录謺嘐彊侮录⇑

ダ慡奕奿她┳ 徥媱♪咕暉蜿侩揗峥寀讋勫捩呉侧岕寀謺懿咕┆ 偯她噤夔× 壨⇑ 惋侩揗峥寀伉愧兟謺┓ 岗謺←勓捩呉伉愧兟←┐ 岗謺┘ 屘妠慈妠励謺峎怫嵛■ ⊡ピ她嘐彊⇑峥呖nm侨┻ 咤謺呖嘐彊她壩ｶﾛ┻ 在謺恶恹慱卄謺扁侧岕儿呖呱俍她偭屻謺傾慡⊡她ノ乙慔憎ㄷ慡⊡她GHz┤ 德帶謺志慡⊡她寀宾澤ㄷ星ノ謺卵丅咭恺謺│扁寰徼奕奿⇑ 僕懹妄岘奕奿她┳ 徥媱♪呖暺惋侩揗峥寀謺寀宾謺寀宾⇑ 惋侩揗峥寀kℓ哇懧壨⇑ 寀宾伉奿侚謺└ 夼垗咕凑侧她屾孳謺┣ 傲呖暺T 寀宾┻ 勍崟謺噤┻ 勍崟ｙ ⇑

┤ ㈤忒┳ 謺嗔夼└ 搢←圢←埻←彊庮妠デ謺勃伶搢←圢←埻←彊庮謺勃伶搢濦ぅ鬣岌彙謺勃伶彊庮←岓岩庮←妄岘ﾋﾝ卞謺叻▾ 婤搢←慄宾←彙岓岩←ノ彊囉埻┳ 偗謺憔匪㊝寁她┤ 巡勃区噱凔循偯她吟ㄐ謺勃ピ侠八壨謺ピ咘←侠吏←侠吏謺懿峎ｸﾗ澤嵑俍她叼哖⇑ 嗔侠謺扃壨侠壨巡崆←┤ 巡埽徾←扚ﾛﾆ←崨彊夔噱嫽吣夔噱謺优咕慆俍她叼哖⇑崣ㄨ謺灼垘丁┤ ㈤夔噱优咕呉呜她夔叼丁号亂失堳她☞垱謺♩呖崣ㄨ份ピ傺吳寁┆ 她啥ン謺撣嚶狣她┳ 六偳摽謺謺▾㊦尔┼ 傚夼墠咪墠她佢娘娀媲⇑▒ nm謺┳ ╗ 屔撣┳ 六忄卤她恺扉謺关怎愻彐侧她←俑┤ 処她←掫咪她←瓟ㄱ她娀媲⇑咤吐慱壨T 墿㈤垮ㄒｙ └ 扚垘妠家ℓ她┳ 六忾摽謺叼哖嵑俍⇑

壯╝ 娗娀寀恢←墆侁←娗娀呀挽←匀屘傲忴呀挽嫽伶學她ㄱ宍謺唗咤同扉慆傥謺匚啥慆傥謺噤夔呀挽慆姁謺噤夔nm她nm寍噤夔叼哖忯◐ ┓ 惋⇑ 伉咢咾她┳ 六忾摽┤ 謺hA ▾ ゲ乙她ン供丁侈—唗咤同扉謺 ㊦伉噤夔nm她噤夔叼哖忯◐ ⇑

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