

# 脑髓亏虑汤治疗血管性痴呆的临床疗效观察

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摘 要:目的: 即忖峗撢╞ 庮嘺噤夔撢囁╞ 庮伻彍嬝刜奇ฟพ州 六夔叼介 方法: 启壨ス姢刜掓咪傚埡娀媲傡 80〕嫯μθ 彍嬝刜奇ฟพ哈ン她勢屗宙夕娀媲暬ナ┪ 売刜 39〕暬俈刜 41〕暬売俈嗺〕=1:1.05暬兡斃 64-76 僖暬兠优暨67.93 3.30際 僖介川娀媲吩唤乙┱ 傚埡宧暨宻╘分咘妑截侢侹丬敾堎際┗ 偳摽宧暨伉傚埡宧她佢娘┒ 宻╘分咘增┪ 妍孤嘺暩Խ 40〕↑ 忝冷▶ 宧剓屗噤夔スnm奇ฟ婺兾忯偯暨HDS際←忒姫ㅠ峎忯Φ (MMSE 忯乙)←┪ (비)忬な媔乙暨SDSVD 忯乙際←峗彍嚦 Ա刊偕暨∞匡 Vm←PI←RI際□同暬咕叼座慸彐忯Φ 皇午偕乙哑暬嗺慆▶ 宧她夔叼儯写↑ 结果:▶ 宧剓屗噤夔nm HDS 忯乙←MMSE 忯乙←SDSVD 忯乙←Vm←PI←RI □同嗺慆优偶伉寁忏偕劂┺ 暨优 P<0.05除↑ 结论: 峗撢╞ 庮嘺噤夔撢囁┓ 惋伻 VD 她Ţ 六夔叼慆俍暬nA呉呜号亂勢屗壦囊恾扉丆忒姫π崀暬兢nA号亂彍回嚦が偕丆彍嬝ピ妄π崀暬二咕 锿她Ţ 六关壨Φ 本↑

关键词: 礦嬝刜奇k₩暻撢囁┓ 惋伻暘峗撢 | 庮嘺暘 | 巡暘夔叼復傒

# Clinical Effect of Pulp Deficiency Soup in Vascular Dementia

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Abstract: Objective: To investigate the clinical effect of pulp deficiency soup in treating vascular dementia. Methods: A prospective randomized controlled study was used to include 80 patients meeting the criteria for vascular dementia, including 39 males, 41 females, female ratio =1:1.05, age 64-76 years, mean (67.93 ± 3.30) years. According to the study protocol, there were 40 cases in control group (oral donepezil hydrochloride tablets) and experimental group (on the basis of the control group). The evaluation of dementia degree (HDS), cognitive function evaluation (MMSE score), TCM syndrome score (SDSVD score), cerebral hemodynamic (including Vm, PI, RI) index were recorded before and after treatment, and the efficiency evaluation and statistical analysis were performed to compare the efficacy difference between the two groups. Results: HDS, MMSE, SDSVD, Vm, PI and RI index were in both groups (P <0.05). Conclusion: The treatment of VD, which can improve the quality of life and cognitive function, and improve hematology, vascular endothelial function.

Keywords: Vascular dementia; Pulp deficiency; Pulp deficiency soup; Traditional Chinese medicine; Efficacy observation

VD 何徨』 邱兡尵□暬」 掓妻■ デ・邱斃・呼雷地』 吡ー扇暬怎介地 門介座MW埠惠兡」(E)她情 叫□介 VD 二□彙埠 不 不 不 年 医 関 寸 ← 竹嫌 良 寸 丁 忂 怕 ㅠ 良 ジ 卞 嫽 失 堳 暬 k ℓ 呀 慶 n A 良 ◇ 椒 Gh 娱 孤 婧 ∃ Ţ 下 処 墠 她 写 兑 彙 墇 暬 扇 固 中 介 ■ 她 吵 兑 壦 囊 恾 扉 [2] ↑ VD 呖 妛 ス 乜 ⋮ デ 忒 她 良 侤 懲 ∃ 捨 噤 她 奇 k W 孌 伻 暬城 媲 彙 吳 撣 斃 ← 份 弝 刜 (□) ↑ ↑ k A ▼ 下 峗 帡 过 嫽 夬 介 嫽 呖 VD 她 Ţ 徥 株 捆 仱 學 [3] ↑ k ℓ 呀 傚 μℓ 兢 佢 娘 介 下 2 她 剓 屗 慸 ∃ 寬 μℓ 噤 夔 暬 效 如 デ (株) 捆 仱 學 宮 □ 咕 叼 卼 □ 暬 效 □ 冒 喪 VD 介 剠 印 優 暬 厑 撣 介 ■ 壦 囊 恾 扉 暬 咕 ヲ 扇 徥 地 劂 ♣ [4] ↑

# 1 试验资料及操作方法

# 1.1 歸悚吗

区埡 VD 她怜吡唅ン暬叵揚崜 2019 兡 6 味崟 2021 兡 6 味┛ 劷掂峗夰媈傲忴她 VD 剓屗 80 〕暬ナ┪ 売刜 39 〕 暬告刜 41 〕 暬壳倍嗤 〗=1:1.05暬兡斃 64~76 僖暬兠优暨67.93±3.30暩僖↑ 勍咕 VD 她忴吡⑤娧忴优壯kæ 撣兡悚(ㅂ) 儽偨劶↑ ┣ 宧剓屗忾摽不她┆ 崹悚吗刜以←兡斃←□扇←夰媝←吐业媝兾嫽吤揖她嗺慆暬誊写吳寁忏偕劂┗暨优P>0.05暬律量 1際↑

彙1 ▶ 宧剓屗咦ㅈ佢咤悚吗嗺慆

宦	刜ᅜ(])		兡斃 暨 X	<b>愥撣</b>	⊡恾 扉	吐 <sup>业</sup> 兾(	
ᅜ	売	俈	±S暬 y暩	暨 X± S暬m暩	暨 X ±S暬 kg暩	侧 L ▼	侧 L ▼



						1	٦
儒 摽 宧	23	17	65.51 ±2.22	13.14 ±2.25	63.14 ±2.27	19	21
傚 埡 宧	16	24	70.36 ±2.24	14.16 ±2.35	62.97 ±2.20	25	15
t/X 2 ^	2.452		-10.2 96	-2.097	2.475	1.818	
P ^	1.117		0.782	0.862	0.841	0.1	78

1.2 叡× 吤噱

川 鹵噤夔吤唤乙┱ 傚埡宧ω 40 〕↑ ► 宧剓屗噤夔夔 婺优┱ 3 ★ 咔優cal↑

復傒宦暺亢傚埡宧佢娘┐ 宮 ┗ 梔潭 ⊨ 庮嘺暬峗潭 ⊨ 庮 嘺宮吤暺儥嵡 10g暬嚶廨 10g暬 ▼ ② 15g暬攋擴庝 15g暬帆 嵸 10g暬埙姲リ呉 30g暬告恵偄 15g暬僒嶻席 15g暬姫嗶 10g暬敖哫 10g暬侨敓 6g暬冶况 15g暬袭敖孤 15g暬妍响■ 15g暬姲帊幏 10g暬埙斌撓 30g暬埙堘廜 30↑ 嘤埜埣♡嘩 宍 300mL暬吹周砒圍咘 1 暚↑ 慻寍噤夔 3 → 咔nm復傒夔 叼↑

## 1.3 介] 宙夕唅ン

暨1際婺μℓ┐ 憇徤(ਖ)←┪ (ਖ)礦嬝刜奇kW她吟����ン暻 暨2際↑ 六奇kW忯偯扉彙(CDR)忯乙↑ 1曾2 乙暬有愿 兾←┫ 兾奇kW暻

暨3際挱恝儥奇kW扉彙(HDS)忯乙¶ 10曾24 乙暻 暨4嘰帙孤婧堳分忯Φ 扉彙(MMSE)忯乙 10曾23 乙暻 1.4 介〕卵掃唅ン

暨1暩峗彍嬝弝夰┛ ス儲剓咕奇kW介■ 暘

暨2際彍嬝刜奇k₩◇咕峗丅彍←廣尙崊¶掘丅彍←峗 侠 ễ ←奲竜←元處啗夰劺峗岨奚嫽夰■ 暻

暨3暩彍嬝刜奇kWμℓ兢扇兾孤婧掙娭←劂忱掙娭←侮怕失嫽夰■ 暻

暨4際彍嬝刜奇kWμℓ兢 扇処←岓←岧π峎卞 θ 佢娘 夬夰屗暻

暨5際傚咤娀媲壨巡①、「噤夔阶冟慮叿劺」 屜掌→ ⑤吳 噱忾摽劺悚吗」 ダ屗暻

## 1.5 復傒匸唅

暨1際奇kW媝兾忯偯暺扃壨份捴憟壨她 HDS 忯乙忯◐ 介■ 噤夔ㅈnm她奇kW媝兾↑ 暨2際式姫 〒 崀低 • 高壨 MMSE 低 で 低 • 介■ 噤夔 ス nm地 忒姫 〒 崀警怎扉彙 剖 ʊ 〒 30 ʊ 瞥 27 ʊ 何 忒 〒 偶 伉 忒 姫 〒 崀 野 娭 警 21 曾 26 ʊ 〒 愿 兾 奇 k W 警 10 曾 20 ʊ 〒 旬 兾 奇 k W < 9 ʊ 〒 扇 兾 奇 k W ↑

暨4際峗礦嚦ᄔጘ偕啌嚭扃壨 KJ-2V2M 伻宲搅侢呮 ᄣ惃価◀ (TCD)啌嚭夰■ 侧峗┪ ᄔ峑(MCA)她礦嚦ᄔτ 偕軍同暬の匩兠优礦嚦憣兾(Vm)←礦嬝厧ᄔ匸同(PI)丆礦 嬝捭귂匸同(RI)↑

#### 1.6 事忏偕ご 呼

局壨 SPPS25.0 寁仟愳● 傚同鹵慸彐寁仟乙哑暬仟扉 悚吗摚ゴ【壨 Shapiro曇-Wilk 啌摽ㄲ吡同鹵呖ฝืат 嗓分 乙儺暬▼ (x±s)彙婗暬均惋嗓分刜局壨塇嫐唗咤 t 啌摽↑仟 同悚吗嗺慆扄壨 PearsonX2 啌摽劺 Fisher 娧さ啿塺噱暬 P瞥0.05 ▼ 儯写咕寁忏偕剛 ↑

## 2 结果

2.1 ► 宧剓屗奇kW媝兾忯偯←忒姫⊤峎忯乙▼ ⑤ (ロ) 失な忯乙嗺熖

▶ 宧勢屗噤夔スnm HDS←MMSE←SDSVD 忯乙她唯 慆┪ 暬HDS ア MMSE 忯ぴ└ 噤夔ス姌嗺优咕勍(∈)撣暬┛ ▶ 宧偶伉寁忏偕儯写暨P<0.05際暻└ 噤夔ス姌嗺 SDSVD 她忯ぴ咕勍捻♬暬┛ 宧挽嗺慆偶伉寁忏偕劂┺ 暨P<0.05暬 快徨彙 2際↑

彙 2 ┡ 宧剓屗奇k₩失な妠デ悚吗嗺慆( X±S)								
口 焓	奇kW媝兾忯ፘ 暨HDS暩		忒姫π峎忯ፘ 暨MMSE暩		奇k₩┪(비)慡忬 扉彙(SDSVD)			
	噤夔	噤夔	噤夔	噤夔	噤夔	噤夔		
	ス	nm	ㅈ	nm	ス	nm		
/ / / / / / / / / / / / / / / / / / /	18.72 ±5.22	23.17 ±1.16	17.15 ±2.24	24.16 ±2.26	17.52 ±2.25	10.32 ±2.14		
做 埡 宧	17.55 ±4.49	19.31 ±2.92	15.13 ±2.11	19.30 ±3.37	18.12 ±2.59	12.38 ±4.29		
t ^	1.145	-7.67 6	4.396	8.053	-1.17 5	-3.480		
P	0.585	0.038	0.756	0.024	0.695	0.000		

2.2 峗彍嚦ЦH偕啌嚭



▶ 宧剓屗噤夔nm Vm 匸唅慆┺ ス咕勍侈撣暻 ♪ RI ← PI 慆┺ ス唯慆优捻♬ 警警写优偶伉寁忏偕劂┺暨优 P<0.05暬快徨彙 3際↑

彙 3 ┣ 宧剓屗峗彍嚦ㄐҤ偕妫デ悚吗嗺慆( - X±S)							
	Vm(cm/s)		R	I	PI		
宮	噤夔	噤夔	噤夔	噤夔	噤夔	噤夔	
	ᄌ	nm	ᄌ	nm	ᄌ	nm	
/ / / / / / / / / / / / / / / / / / /	30.10 ±2.25	52.30 ±2.25	0.69± 0.06	0.51± 0.22	1.21± 0.23	0.79± 0.25	
傚 埡 宧	31.67 ±2.28	47.18 ±3.57	0.71± 0.07	0.62± 0.33	1.19± 0.21	0.86± 0.34	
t ^	-2.91 0	8.145	0.953	-1.89 4	0.052	-1.19 2	
P ^	0.590	0.020	-1.329	0.025	0.872	0.022	

## 3 讨论

做埡宧暨P瞥0.05際暬属 SDSVD 忯乙呉鸣♬』 傚埡宧暨P瞥0.05暩暬厑婗峗撢 ⊨ 庮嘺噤夔撢囁¶ 惋伻 VD 介■ 暬峎侤呉呜号亂介■ 她忒姫⊤峎丆奇kW媝兾暬兢厑撣介■ 她吵兑壦嚢嚢□峎刊↑

寛¬ 勍憇彎觤撢 F 庮嘺噤夔撢囁¬ 惋伻 VD 她¬ 六夔 叼慆俍暬nA呉呜号亂剓屗壦囊恾扉丆忒姫π峎暬兢nA号亂 礦回嚦乊偕丆礦嬝ピ妄ㅠ峎暬二咕┆ 偯她¬ 六关壨 Φ へ↑ 参考文献:

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