

循证护理应用于小儿重症手足口病的作用

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摘要:目的: 探讨循证护理应用于小儿重症手足口病的作用。方法: 选取 2019 年 5 月至 2021 年 12 月收治的 60 例重症手足口病患儿, 分为对照组 (30 例) 和观察组 (30 例)。对照组给予常规护理, 观察组给予循证护理。结果: 观察组患儿的临床症状缓解时间、住院时间、并发症发生率均低于对照组, 差异均有统计学意义 ($P < 0.05$)。结论: 循证护理应用于小儿重症手足口病, 能有效缓解临床症状, 缩短住院时间, 降低并发症发生率, 提高患儿及家长对护理工作的满意度。

关键词: 循证护理; 小儿重症手足口病; 临床疗效

The Application of Evidence-based Nursing in Pediatric Severe HFMD

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Abstract: Objective: To explore the role of evidence-based nursing in severe HFMD in children. Methods: 60 children with severe HFMD admitted from May 2019 to December 2021 were selected to participate in this study. The children were randomly divided into control group (30 cases) and observation group (30 cases). Routine care and evidence-based care were given to the control group and the observation group, and the clinical efficacy of the two groups were observed. Results: The clinical scores of the children in the observation group were higher than those of the control group, $P < 0.05$; the complication rate was lower than that of the observation group, $P < 0.05$; the nursing satisfaction of the children was higher than that of the control group, $P < 0.05$. Conclusion: The application of evidence-based nursing can enable nurses to develop more accurate nursing measures for children, improve the clinical treatment effect, and it is suggested to promote it in the clinical nursing of children.

Keywords: Evidence-based nursing; Pediatric; Severe HFMD

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1 资料与方法

1.1 一般资料

选取 2019 年 5 月至 2021 年 12 月收治的 60 例重症手足口病患儿, 分为对照组 (30 例) 和观察组 (30 例)。对照组给予常规护理, 观察组给予循证护理。结果: 观察组患儿的临床症状缓解时间、住院时间、并发症发生率均低于对照组, 差异均有统计学意义 ($P < 0.05$)。结论: 循证护理应用于小儿重症手足口病, 能有效缓解临床症状, 缩短住院时间, 降低并发症发生率, 提高患儿及家长对护理工作的满意度。

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观察组给予循证护理。结果: 观察组患儿的临床症状缓解时间、住院时间、并发症发生率均低于对照组, 差异均有统计学意义 ($P < 0.05$)。结论: 循证护理应用于小儿重症手足口病, 能有效缓解临床症状, 缩短住院时间, 降低并发症发生率, 提高患儿及家长对护理工作的满意度。

1.2 护理方法

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3 讨论

勸惋^① 介暨 F DK B 際听^② 六^③ 兑徨她做^④ 丰^⑤ 媪^⑥ 估^⑦ 倩^⑧ 她^⑨ 芥^⑩ 愴^⑪ 覘^⑫ 介^⑬ 借^⑭ 夕^⑮ 頰^⑯ 优^⑰ NA^⑱ 介^⑲ 暨^⑳ 再^㉑ 徨^㉒ 3 借^㉓ 丰^㉔ 媪^㉕ 介^㉖ 丰^㉗ 徒^㉘ 介^㉙ 听^㉚ 壯^㉛ 芥^㉜ 愴^㉝ 介^㉞ 愴^㉟ 慮^㊱ 颯^㊲ mV^㊳ 介^㊴ 囉^㊵ 卍^㊶ 愴^㊷ 夕^㊸ 介^㊹ 暨^㊺ 凉^㊻ 介^㊼ 介^㊽ 暨^㊾ 瞭^㊿ 覘[㋀] 境[㋁] 二[㋂] 丁[㋃] 擊[㋄] 棟[㋅] 僚[㋆] 介[㋇] 学[㋈] 优[㋉] NA[㋊] 偏[㋋] 岫[㋌] 夫[㋍] 介[㋎] 暨[㋏] 權[㋐] 介[㋑] 丰[㋒] 借[㋓] 夢[㋔] 天[㋕] 妄[㋖] 天[㋗] 介[㋘] 暨[㋙] 堉[㋚] 僚[㋛] 失[㋜] 媚[㋝] 暨[㋞] 同[㋟] 丁[㋠] 璋[㋡] 扇[㋢] 寬[㋣] μ[㋤] 凌[㋥] 暨[㋦] 介[㋧] 介[㋨] 暨[㋩] 愁[㋪] 惱[㋫] 暨[㋬] 倣[㋭] 味[㋮] 丁[㋯] 璋[㋰] 处[㋱] 歷[㋲] 一[㋳] 介[㋴] 颯[㋵] mV[㋶] 价[㋷] 採[㋸] 暨[㋹] 偏[㋺] 岫[㋻] 岫[㋼] 嚶[㋽] 咀[㋾] 介[㋿] 吳^㊀ 韦^㊁ 荆^㊂ 崑^㊃ 淋^㊄ 垠^㊅ 採^㊆ 嚶^㊇ 荆^㊈ 处^㊉ 介[㊊] 護[㊋] 旋[㊌] 僚[㊍] 介[㊎] 扇[㊏] 兢[㊐] 介[㊑] 失[㊒] 介[㊓] 介[㊔] 介[㊕] 介[㊖] 介[㊗] 介[㊘] 介[㊙] 介[㊚] 介[㊛] 介[㊜] 介[㊝] 介[㊞] 介[㊟] 介[㊠] 介[㊡] 介[㊢] 介[㊣] 介[㊤] 介[㊥] 介[㊦] 介[㊧] 介[㊨] 介[㊩] 介[㊪] 介[㊫] 介[㊬] 介[㊭] 介[㊮] 介[㊯] 介[㊰] 介^㊱ 介^㊲ 介^㊳ 介^㊴ 介^㊵ 介^㊶ 介^㊷ 介^㊸ 介^㊹ 介^㊺ 介^㊻ 介^㊼ 介^㊽ 介^㊾ 介^㊿ 介[㋀] 介[㋁] 介[㋂] 介[㋃] 介[㋄] 介[㋅] 介[㋆] 介[㋇] 介[㋈] 介[㋉] 介[㋊] 介[㋋] 介[㋌] 介[㋍] 介[㋎] 介[㋏] 介[㋐] 介[㋑] 介[㋒] 介[㋓] 介[㋔] 介[㋕] 介[㋖] 介[㋗] 介[㋘] 介[㋙] 介[㋚] 介[㋛] 介[㋜] 介[㋝] 介[㋞] 介[㋟] 介[㋠] 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