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健康教育在乙肝护理中的效果

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【摘　要】: 咤娀媲她┳ 徥妛她呖┳ ╗ 娀媲┣ 伻岓垠勿墠儩× ┫ ゃ丹吃岡她吤噱▾ ㊦叼哖⇑ 娀媲她吤噱呖扃揚咤掂伉 2015 兡 8 咔崟 2017 兡 11 咔咽挽 70 】毧咕┣ 伻岤垠她毧屘瞽兢倣慷╦ 毧屘懘彐掫咪她乙宦瞽乙ㄨ┳ 偳摽宦└ 傚埡宦瞽ナ┫ 傚╝ 傚埡宦懘彐呎憟她勿墠瞽扁傚╝ 偳摽宦懘彐ゃ丹吃岡儩× ⇑ 呱宫傚┣ 宦毧屘均劂媝奠⇐勿墠儩× 冗僈ㄟnm她毧屘岓ㄖ崀她 TBIL⇐AST⇐ALT 她嚶挑⇐毧屘傚妠デ姬忱她危厖媝奠⇐ ƀ 掂她呀抄⇐傚噤夔儩× 她成μℓ媝奠⇐┓ 嵑ㄗ关丅墇剝儿慷夊┫ 吤揖懘彐傚嗺乙哑⇑ 啾鹵娀媲家哖nA▾ ㄉ墇瞽慷╦ 毧屘伉均劂媝奠⇐勿墠儩× 冗僈ㄟnm她毧屘岓ㄖ崀她 TBIL⇐AST⇐ALT 她嚶挑⇐毧屘傚妠デ姬忱她危厖媝奠⇐ ƀ 掂她呀抄⇐傚噤夔儩× 她成μℓ媝奠⇐┓ 嵑ㄗ关丅墇剝儿嫽俩┫ 吤揖瞽偳摽宦└ 傚埡宦妠嗺懿慆俍⇑ 剖家▾ ┐ 家忾暺傚毧咕┣ 伻岓垠她毧屘懘彐ゃ丹吃岡瞽二咕揓兑俍她叼哖瞽┓ ▌ 崀侺【澤毧屘傚妠デ她姬忱咕┆ 偯她危厖瞽慶崀侺【澤毧屘咍—成μℓ噤夔儩× 她冗僈瞽一姠毧屘ƀ 掂呀抄⇑
【关键词】: ┣ 伻岓垠勿墠暻ゃ丹吃岡暻噤夔叼哖

Effect of Health Education in Hepatitis B Care

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Abstract: The main purpose of this study is to study the methods and effects of health education in hepatitis B nursing. The method of the study is to collect 70 patients with type B pneumonia in our hospital from August 2015 to November 2017, and randomly divide these patients into experimental group and control group, in which the control group is given ordinary care, while the experimental group is given health education. Finally, the satisfaction of the two groups of patients, the levels of TBIL, AST and ALT of patients' liver function before and after the nursing work, the degree of patients' mastery of relevant knowledge, the length of hospitalization, the degree of cooperation with the treatment work, and the occurrence of adverse reactions were analyzed. According to the research results, it can be found that the experimental group is better than the control group in many aspects, such as the degree of satisfaction of these patients, the level of TBIL, AST, ALT of patients' liver function before and after the nursing work, the degree of patients' mastery of relevant knowledge, the length of hospitalization, the degree of cooperation with the treatment work, the occurrence of adverse reactions and so on. The following conclusions are summarized: health education for patients with hepatitis B has a very good effect, which can not only make patients have a certain grasp of relevant knowledge, but also make patients more cooperate with the development of treatment work and reduce the length of hospitalization.

Keywords: Hepatitis B nursing; Health education; Treatment effect

┣ 伻岓垠呖妛ㄟ嗺慆兑徨她┆ 嫊⊜晛夼瞽慷嫊夬夼她懘僈♂嗺慆劒瞽┘ 凑傃呋ㄗ侜她ㄉ× 瞽ナ二供抄咱刜瞽kℓ呀採▾ ㈤)噤瞽奏傃呋傲傝崠夼剝丅墇剌丱她剝儿瞽┤ 扇她怆nA崀♂【澤毧屘丅墇岓娥丱壤崟呖岓奫瞽数■ ◆ 她攉一脩ダ憤励┤ 扇她凅中⇑ 伉妛ㄟ瞽┣ 伻岓垠她噤夔┳ 徥呖扃壨巡埬噤夔她吤噱瞽伉偳摠噤夔她慮媝┫ 瞽密└ 毧屘┆ 偯她勿墠崀侺咕叼她厛撣噤夔她恺扉└ 叼哖瞽兎ㄷ毧屘吹吵丹侜⇑ 啾鹵妠デ她娀媲└ 乙哑nA▾ ㄉ墇瞽傚┣ 岓岤垠她毧屘密└ ┆ 偯她ゃ丹吃岡崀侺凑侧媝奠她厛撣毧屘傚╝ 勿墠儩× 她均劂媝奠瞽kℓ呀┣ 崀侺厛撣偳摠噤夔她叼哖瞽二咕揓兑扇徥她× 壨⇑ 伉㊉ゴ她噤夔儩× 她佢娘┐ 瞽家μℓ┓ kℓ毧屘她偳摠剝懘彐妠关她ゃ丹吃岡瞽ㄗ澤┓ 凑俍她励哖⇑ 扃揚咤掂伉 0. / 3 兡 6 咔崟 0. / 5 兡 // 咔咽挽 5. 】毧咕┣ 伻岤垠她毧屘瞽兢倣慷╦ 毧屘懘彐掫咪她乙宦瞽乙┳ 偳摽宦└ 傚埡宦瞽ナ┫ 傚╝ 傚埡宦懘彐呎憟她勿墠瞽扁傚╝ 偳摽宦懘彐ゃ丹吃岡儩× ⇑ 呱宫傚┣ 宦毧屘均劂媝奠⇐勿墠儩× 冗僈ㄟnm她毧屘岓ㄖ崀她 R@Ꝑ ⇐? ꝓR⇐? J R 她嚶挑⇐毧屘傚妠デ姬忱她危厖媝奠⇐ ƀ 掂她呀抄⇐傚噤夔儩× 她成μℓ媝奠⇐┓ 嵑ㄗ关丅墇剝儿慷夊┫ 吤揖懘彐傚嗺乙哑⇑

1 相关资料与护理方法

/ ,/ 悚吗

傚咤掂伉 0. / 3 兡 6 咔崟 0. / 5 兡 // 咔咽挽 5. 】毧咕┣ 伻岤垠她毧屘懘彐掫咪她乙宦瞽乙┳ 偳摽宦丁傚埡宦⇑ 偳摽宦┤ 咕 0. fm壳刜毧屘瞽/ 3 fm偕刜毧屘瞽毧屘她挑优兡斃伉 23 僖優cal⇑ 傚埡宦┤ 咕 02 fm壳刜毧屘瞽// fm偕

剃匊尉謄匊尉她狣优兡斃伉 23 僖優cal謄┣ 宧她悚吗兢噔咕湊侧她儳写剃⇑

/,0 勿墠吤噱

傚╝ 傚垤宧甍彐呎憟她勿墠謄扁傚╝ 偳摽宧甍彐ゃ丹吃岡⇑

暨/暩撦搫吤揖她吃岡⇑ 勿墠■ Gy家μℓ撦搫她吤噱└ ㊣儿謄傚匊尉她撦搫剝儿甍彐匚傝謄志匊尉忒忱ㄷ搫壨堕俊⇐嚪希⇐嚶哖嫽╚ 埬她扇徥剃謄kℓ呀志匊尉こ怦毘ᶜᵍᶻゲ惋她帨ノ她剝儿┓ 謄こ怦♫峏謄♩昐匊尉‾ 埘搔徥μℓ墠她搫壨┆ ╦ radゃ咕峏岛她╚ 埬⇑ナ嗂謄勿墠■ Gy搔徥cm匊尉▾ ㊦匊尉她傻僊呎㊦┆ ╦ └ 岓峇妠デ她姬忱謄志匊尉㊦傻僊峎俇吳奶岓峇仗偭她扇徥剃└ × 壨謄峭哖■ ⊡她岓峇仗偭ᵗᶻᶲㄷ┤ 扇她卞偾謄敿♂傝崠匊尉吳噱咕叼她傚峏岛嫽埬恺甍彐吣捷▸ 恮謄kℓ呀孨㉿她μℓ励┣ ♂ᵗᶻᶲㄷ┤ 扇她凅中謄傚■ ⊡憤励┤ 扇她㈱偾⇑慄慮μℓ墠她撦搫峎俇兎ㄴ匊尉吹吵丹侜謄刱侜岓仗偭她ㄒ峎謄【澤來峔峎俇击憣她そ侜⇑ 匊咕┣ 伻岓垠她匊尉慄慮ゃ丹⇐μℓ墠她撦搫謄hA▾ 阢撣噤夔她叼哖謄ぇ甍ナ吹吵丹侜⇑

暨0暩号嗓匊尉她拡怗忒姬⇑ ┆ 崹剝儿┓ 岓ㄒ峎偊伉挪搔她匊尉湊咕hA峎♂崶ㄩ她甍彐刱侜謄┳ 徥她㉿伶呖壯╝ 懹乙匊尉⊡ピhA峎♂二供囆掃┣ 岓夼砮她包勷ㄊ⇑伉偳捻她噤夔慮媝┫ 謄匊尉扙摵徥二供┆ 偯她慡ㄨ峎ㄊ謄┓ hA▾ 愿呋妠ざGHz嫁庮ほ全kΩ⇐靖巡嫽嫽謄峭哖偊伉嗔孌挪搔謄┓ ▌ ♂傚噤夔憤励┆ 偯她凅中謄夔♂憤励匊尉┆ 偯她寀嚯卞侮謄【澤匊尉侮㊋噤圖夬夼她ざ処⇑ ナ嗂謄匊尉慶搔徥傚墇咕她(ㄖ)偕勳咦咕ざ処謄妠ざ(ㄖ)偕彐┣ 她击憣ᵍᵇᶻ僈⇐(ㄖ)偕勳咦她┓ 吡厒撣┆ 偯峎侍凉兴噤夔┣ 伻岓垠夬夼謄妻ㄨ勍扃壨她佢伶噤夔嫽GHz嫁吤噱懿儲寀ᶜᵍᶻ澤┓ 妠关她励傲謄伶嗔匊尉扙摵徥ㄨ凋嗓循她(ㄖ)掂卻ᵗᶻᶲ噤夔謄兢媔哌她成μℓ噤夔儩× ⇑ 傚╝ (ㄖ)┤■ Gy咾怜謄扙摵徥媔哌她⇐屜処她徼嬉匊尉她挪搔謄兢密└ 匊尉┆ 偯她敳㎜└ 謄冔嫐惀嵑俍她(ㄖ)勿デ孳謄兎ㄴ匊尉唌嫐噤圖夬夼她ざ処謄kℓ呀┣ 峎侍兎ㄴ匊尉寰徼GHz嫁┓ 嵑剝寋謄【澤匊尉峎侍こ匷┣ 復她処分謄成μℓ噤夔儩× 她冗僈⇑ 掃嗔┻ 侠謄勿墠■ Gy搔徥cm匊尉▾ ㊦匊尉她傻僊▦ 宰(ㄖ)掂ピ懹她剝儿謄嗺俏儩× ■ Gy嫽嫽謄兎ㄴナ击憣她懧关(ㄖ)掂她墆侁謄ゲ乙她危厖(ㄖ)掂她偳摠剝儿謄兢┘ 搔徥kΩ姬匊尉GHz嫁妠デ她ㄱ異徥嘪⇐嗓姳她撦搫吤噱⇐壧囊吤噱嫽嫽⇑ kℓ呀勿墠■ Gy慶搔徥cm匊尉▦ 宰└ ┣ 伻岓垠夬夼妠デ她姬忱謄兢媔哌屜処她徼嬉匊尉她挪搔謄〕俏暉夬夼、 壧她㉿伶⇐㉿取她惰凎⇐壨巡匚傝⇐GHz揹啌呼她× 壨嫽嫽謄勿墠■ Gy㊦呀她└ 匊尉甍彐噓慄└ ╬ 嚦謄╗ 徼匊尉她偳摠剝儿謄傚匊尉甍彐┆ 偯她夏傝謄兎ㄴナ寰徼埔庬⇐╗ 偮嫽処墠挪搔謄【澤匊尉峎侍こ匷┣ 復媔哌她処分謄▾ 嗔峎侍兎ㄴ匊尉吹吵丹侜⇑ 伉匊尉(有)倔丅掂她呀な謄勿墠■ Gy搔徥啾鹵偳摠剝儿怏來她忝冷┓ GHz嫁噻劂╚ 揹謄兢倔ナ╬ 密匊尉呖匊尉她傻僊謄兢扚傚ナ┤ 她ピ傣甍彐快來她捗憇謄伉怎ピ傣┤ 搔徥∞匡暉勿墠她吤噱⇐囆砻她吤噱⇐壧巡她吤噱⇐壧囊┓ 丆撦搫┓ 她噻劂╚ 揹嫽嫽謄kℓ呀慶搔徥kΩ姬匊尉┓ 嗂侜哷她呀挽謄愿シ匊尉丅墇夼剝剌卄嫽GHz嫁挪搔⇑

暨1暩傚匊尉甍彐妠デ姬忱她吃岡⇑ 勿墠■ Gy搔徥壨嬔嚌⇐呋劤她吤噱咾cm匊尉忞徼└ 夬夼剝占她姬忱謄嗺俏夬夼、 壧她㉿伶⇐夬夼她㈱偾⇐噤夔她吤噱嫽嫽謄兢┘ 搔徥志匊尉ゲ乙她忒忱ㄷ夬夼噤夔她扇徥剃謄兢姅ぇ匊尉偯咶她甍彐侜哷⇑ 慮異夤ㄹㄛ⇐抄咱摨戔嫽懿♂傝崠岓ㄒ峎丅墇挪搔謄兮嗔勿墠■ Gy屄摵徥cm匊尉ᵃᶻ侜她冱怫μℓ墠㗊刻⇐嗓姳摨搫嫽彐┳ 她扇徥剃謄兢傚匊尉甍彐緬哌┳ ㄩ她匚傝⇑ナ嗂謄慶搔徥【澤匊尉二供┆ 偯她慡忱峎ㄊ謄愿シナ愿ざ勃尉【壨婧巡嫽謄兢kΩ姬匊尉慷╦ 巡埬傚■ ⊡憤励她㈱偾⇑慄慮ゃ丹吃岡峎俇兎ㄴ匊尉傚夬夼▾ ㊦噤夔嫽咕┆ 偯她忒忱謄兎ㄴ匊尉吹吵丹侜⇑ 扚傚丅掂她匊尉謄勿墠■ Gy搔徥偯咱她甍彐揪忪謄╗ 徼匊尉她偳摠剝儿謄兢kΩ姬匊尉侜哷她呀挽謄傚匊尉她彐┳ 嫽甍彐匚傝⇑

暨2暩慱ㄩ噤夔吤噱她吃岡⇑ 慮異ㄹㄛ孽⇐姃妮┓ 惋懿♂傝崠夼剝一扇⇑ 匊咕┣ 伻岓垠她匊尉扙摵徥㈤六㗊刻謄▾ 嗔峎侍侈一岓峇仗偭彊回她嚦扉謄兎ㄴ岓峇摴懹她嘍嘐▾ ㊦帨ノゲ惋謄▾ 嗔峎侍ぇ甍岓寀峔她刱侜謄【澤匊尉吹吵丹侜⇑ ♩昐俏哖匊尉抄咱┓ 慱ㄩ謄♂傝崠匊尉丅墇彊回┓ 嚦慄嫽挪搔謄傚匊尉她刱侜憤励┆ 偯她凅中⇑ 伶嗔匊尉伉偳摠她刱侜掀嗯謄扙摵徥慘冶她慱ㄩ謄▾ 嗔侈冱匊尉她⊡恺⇑

/,1 復傒她ピ傣

嗺慆匊尉均劂媝異⇐勿墠儩× 冗僈ㄟnm她匊尉岓ㄒ峎她 R@Ꮆ ⇐? QR⇐? J R 她嚶狣⇐ 匊尉傚妠デ姬忱她危厖媝異⇐ b 掂她呀抄⇐傚噤夔儩× 她成μℓ媝異⇐┓ 嵑ᵃᶻ⁻关丅墇剝儿⇑

/,2 寁忏吤噱

扃壨妠关她寁忏愚● 咾傚GHz嫁同鹵ざ刻甍彐寁忏└ 乙哑⇑

2 研究结果

0,/ 均劂媝異

啾鹵┣ 宧傚╝ 勿墠儩× 均劂她傚嗺乙哑ᵍᵇᶻ墇謄揣摽宧匊尉她均劂媝異嗺傚垤宧徥撣⇑

0,0 勿墠儩× ㄟnm岓ㄒ峎 R@Ꮆ ⇐? QR⇐? J R 她嚶狣

勿墠儩× 冗僈ㄟnm┣ 宧匊尉岓ㄒ峎她 R@Ꮆ ⇐? QR⇐? J R 她嚶狣妠傚咾怜嗺慆卻慲暩抗勿墠儩× 冗僈┻ nm偳摽宧她匊尉她岓ㄒ峎她 R@Ꮆ ⇐? QR⇐? J R 她嚶狣└ 傚垤宧妠嗺慆俍⇑ 丅勿墠儩× ┻ ㄟ謄偳摽宧匊尉她 R@Ꮆ ⇐? QR⇐? J R ┳ 暨42,00¤ 00,1/暩ǔ k ŋ̀-J ⇐暨///,45¤ 02,. /暩S -J ⇐暨75,20¤ 2,/2暩S -J 謄伉勿墠儩× ┻ nm謄偳摽宧她 R@Ꮆ ⇐? QR⇐? J R ┳ 暨0/,01¤ /,76暩ǔ k ŋ̀-J ⇐暨24,10¤ 0,75暩S -J ⇐暨35,//¤ 1,//暩S -J ⇑ 伉勿墠儩× ┻ ㄟ謄傚垤宧匊尉她 R@Ꮆ ⇐? QR⇐? J R ┳ 暨42,46¤ 00,01暩ǔ k ŋ̀-J ⇐暨/0/,11¤ 02,14暩S -J ⇐暨77,1/¤ 2,//暩S -J 謄勿墠儩× ┻ nm謄傚

埡宦匊尉她 R@Ɡ ⇐? QR⇐? J R 乙ㄴ呖暨16,22¤ 7,. 6暩ǔ k ŋ卜J ⇐暨66,. 0¤ /2,11暩S -J ⇐暨55,22¤ 1,. 0暩S -J ⇑

0,1 傚妠デ姬忱她危厖媝異⇐ ƀ掂她呀捯⇐傚噤夔儩× 她成μℓ媝異吤揖她忯♠

偳摽宦匊尉傚妠デ姬忱她危厖媝異⇐ƀ掂她呀捯⇐傚噤夔儩× 她成μℓ媝異吤揖└ 傚埡宦她忯乙妠嗺慆俍謷揣摽宦匊尉┳ 暨73,45¤ 0,12暩乙⇐暨4,33¤ . ,32暩侨丆暨74,43¤ 0,3/暩乙謺扁傚埡宦匊尉┳ 暨61,22¤ 0,21暩乙⇐暨7,. 2¤ . ,16暩侨丆暨64,//¤ 0,43暩乙⇑

0,2┓ 嵑ㄗ⁻关ㄉ壟她啿塺

伉偳摽宦┤ ㄉ壟┓ 嵑ㄗ⁻关她咕 / fm匊尉謷扁傚埡宦ㄉ壟┓ 嵑ㄗ⁻关她咕 6 fm匊尉⇑

3 讨论

俏哖匊咕┼ 伻岓垠夬夼謺夙搣徥(有)nA噤夔謺懇シ夬夼丅墇剌卄謺賁劤岓奫嫽ナ▥ 夬夼挪搔⇑ 啾鹵妠デ她娀媲ㄉ墇謺惻懹乙她匊尉傚╝ 怎夬夼懿噔咕ゲ乙她忒忱謺【澤匊尉杗兑♂偊伉壨巡┓ 循嶈⇐◇咕埔庬嫽処墠挪搔⇐攉囊┼ 剴┓ 俍嫽挪搔謺┤ 扇凅中╗ 夬夼她噤夔叼哖⇑ 伶嗔謺伉偳捻她噤夔慮媝┤ 謺夙搣徥傚匊尉懟彐夏傝謺二忤匊尉二供┼ 復媔哌她処分謺【澤匊尉峎侺成μℓ噤夔儩× 謺▾ 嗔峎侺咕叼她噤夔她叼哖⇑ 慄慮咤嬬吐嫕她娀媲nA▾ ㄉ墇謺密└ 匊尉ゃ丹吃岡二咕揓兑扇徥她× 壨謺伉偳捻噤夔她慮媝┤ 謺搔徥㊦呀她└ 匊尉懟彐噓慄╫ 嚦謺╗ 徼匊尉她偳捻剝儿謺兎ㄴ匊尉徼嬉GHz嫊挪搔謺阨揮匊尉傚后⊡儩× 她均劂媝異⇑ 伉ゃ丹吃岡她慮媝┤ 謺夙搣徥家μℓ匊尉她偳捻剝儿憔匪μℓ懀她吤噱⇑ 啾鹵妠デ她寁忏nA▾ ㄉ墇謺匊尉咍一亍嗃┆ 傚┆ 徼嬉挪搔她吤噱謺匊尉忒┳ 慷嫊吤噱峎侺咍一撣叼⇐晏卻她徼リGHz嫊挪搔謺┫ 慄慮└(ㄖ)勿■ Gy她╫ 嚦噓慄峎侺ぇ懟(ㄖ)匊┻ 挽她デ孳暈┳嗂謺夔nA▾ 慄慮ゃ丹偷㊝プ她ㄉ叹⇐冗僈藝昡♂嫽吤噱咾傚匊尉▾ ㊦匊尉傻僊偶伉她挪搔懟彐徼嬉⇑慄慮ゃ丹吃岡儩× 她冗僈峎侺兎ㄴ匊尉危厖咍偁她└ 夬夼妠デ她ピ傃謺倫ノ匊尉嵑俍她彐┳ ┼ 剴謺ℓ呀慶峎侺厖撣匊尉她崨勃捨勿峎ㄊ謺阨揮傚勿墠儩× 她扇徬媝異謺懇シ匊尉慮異夤ㄹ⇐摓戔嫽GHz嫊彐┳ 謺湊侧媝異她懇シ夼剡一扇嫽挪搔她丅墇謺冔嬓嵑俍她(ㄖ)匊デ孳⇑

匊尉伉夕掂┻ nm謺勿墠■ Gy搔徥㊦呀她┳ 匊尉ㄔ墠妠关她唱唤ざ刻謺ナ┤ ┳ 徥ㄨ匪╗ 匊尉她夼kA⇐悚吗嫽嫽謺┻ nm搔徥傚怎唱唤ㄉ密匊尉⇑ ナ嗂謺勿墠■ Gy搔徥cm匊尉ㄉ叹怫呼挪Ⓛ謺▾ 嗔咾╗ 徼匊尉她夼剝⇐傻冀剝儿⇐寀嚯剝儿嫽嫽謺啾鹵┓ kℓ她剝儿咾傚匊尉懟彐μℓ墠她乙孌謺傚╝ 夼剝嗺慆愿她匊尉謺勿墠■ Gy搔徥志ナ╗ 徼夬夼她(株)偾⇐噤夔她扇徥刜謺志匊尉傚妠デ姬忱咕┆ 偯她忒忱⇑ kℓ呀伉匊尉夕掂┻ nm謺勿墠■ Gy搔徥cm匊尉▦ 宰(ㄖ)掂她墆侁⇐儩× ■ Gy嫽嫽謺兎ㄴ匊尉击憣她慘关(ㄖ)掂她墆侁⇑ 勿墠■ Gy慄慮GHz嫊吤噱咾kΩ姬匊尉GHz嫊噻劂╚ 揹謺嗺俏撵鞶⇐壨巡⇐攉囊嫽嫽謺伉匊尉丅掂她呀な謺勿墠■ Gy搔徥傚丅掂nm她噻劂╚ 揹嫽ざ刻怏寀她刽家兢忝冷╗ 咾謺兢傚ナ┤ 她ピ傃cm匊尉▾ ㊦匊尉傻僊愦彐▦ 宰謺【ナ峎侺二供┆ 偯她勿墠峎ㄊ謺兎ㄴ匊尉吹吵丹侜⇑ 傚╝ 夼剝嗺慆┤ 扇她匊尉謺勿墠■ Gy搔徥㊦呀她└ 匊尉愦彐噓慄╫ 嚦謺ダ揖她╗ 徼匊尉她処墠⇐夬夼嫽剝儿謺兢志匊尉危厖└ 夬夼妠デ她姬忱ピ傃謺㊦呀愦彐夏傝謺兎ㄴ匊尉寰徼GHz嫊剝寋謺【澤こ忤こ匷嵑俍她処分謺二供劼岷夬夼她ざ処謺▾ 嗔峎侺厖撣噤夔她叼哖⇑ 伉勿墠她慮媝┤ 搔徥志匊尉偁搫壨囹困她⇐咕帨ノ她╚ 埬謺兢傚匊尉她撵搫愦彐匚傝└ 妒姅⇑

4 结语

寬╗ 勍憇謺┼ 伻岓垠┳ 徥呖壯╝ 夼嗀劉唲她■ 傝崠岓峇丅墇╗ 挪搔謺呖妾ㄟ嗺慆兑徨她┆ 嫊㊝唲夼⇑┆ 崹剝儿╗ 謺匊咕怎夼失她匊尉♂偊伉剌处⇐岓太央嫽挪搔謺俏哖匊尉┓ 峎侺㊦呀她噤夔謺♂【澤夼剝剌卄謺nA峎♂傝崠岓奫嫽夫夼謺傚匊尉她攉一偁ダ憤劤┤ 扇她(株)偾⇑ 慄慮傚匊尉愦彐ゃ丹吃岡【澤匊尉峎侺傚妠デ姬忱咕┆ 偯她╗ 徼謺佡ノ匊尉嵑俍她攉囊┼ 剴⇑ 慄慮娀媲nA▾ ㄉ墇謺傚┼ 伻岓垠匊尉愦彐勿墠她儩× ┤ 扃壨ゃ丹吃岡她吤噱謺▌ 峎侺咕叼她屔撣噤夔她叼哖謺尅姁匊尉她ƀ掂呀挽謺慶峎侺懇シ┓ 嵑ㄗ⁻关她ㄉ攉謺二咕揓兑扇徥她× 壨謺仱嗔へ澤影全噴她即全└ 关壨⇑

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