

# 观察综合护理对急性脑梗死患者护理效果及生活质量的 影响

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【摘要】:目的: 卹忖寬μℓ勿墀倣刚荆崑吼嗚勢尉勿墀吋阵丁墀囊忙靡她涸中↑ 方法: 樵<sup>2</sup> 2020 頰 3 味-2021 頰 8 咭咭括 80 ) 刚荆崑吼嗚勢尉勢椒咪乙<sup>1</sup> 倣岷宦暨兌循勿墀際<sup>L</sup> 復傒宦暨寬μℓ勿墀墀倣唯勿墀吋阵↑ 结果: SDS 恹乙← SAS 恹乙← 墀囊忙靡恹乙← MMSE 恹乙← NIHSS 恹乙← 勿墀均刷美价揖復復傒宦惱倣岷宦<sup>1</sup> 暨P<0.05際↑ 结论: 寬μℓ 勿墀伉号亂刚荆崑吼嗚勢尉婧案π良丁忒姬π哀价揖<sup>1</sup> 吳嗚勢<sup>1</sup> 咕<sup>L</sup> 丁墀囊忙靡她庇揮勢<sup>1</sup> 澤局宙↑

【关键词】: 刚荆崑吼嗚勢寬μℓ勿墀墀囊忙靡

## To Observe the Effect of Comprehensive Nursing on the Nursing Effect and Quality of Life of Patients with Acute Cerebral Infarction

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**Abstract:** Objective: To explore the effect of comprehensive nursing on the nursing effect and quality of life of patients with acute cerebral infarction. Methods: 80 patients with acute cerebral infarction in our hospital from March 2020 to August 2021 were randomly divided into control group (routine nursing) and observation group (Comprehensive Nursing), and the nursing effects were compared. Results: In terms of SDS score, SAS score, quality of life score, MMSE score, NIHSS score and nursing satisfaction, the observation group was better than the control group (p<0.05). Conclusion: Comprehensive nursing has obvious advantages in improving neurological and cognitive functions of patients with acute cerebral infarction, and is conducive to the improvement of their quality of life, which is worth adopting.

**Keywords:** Acute cerebral infarction; Comprehensive nursing; Quality of life

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復傒宦暨寬μℓ勿墀墀倣唯勿墀吋阵↑ 结果: SDS 恹乙← SAS 恹乙← 墀囊忙靡恹乙← MMSE 恹乙← NIHSS 恹乙← 勿墀均刷美价揖復復傒宦惱倣岷宦<sup>1</sup> 暨P<0.05際↑ 结论: 寬μℓ 勿墀伉号亂刚荆崑吼嗚勢尉婧案π良丁忒姬π哀价揖<sup>1</sup> 吳嗚勢<sup>1</sup> 咕<sup>L</sup> 丁墀囊忙靡她庇揮勢<sup>1</sup> 澤局宙↑

恹宦	同	荆 <sup>L</sup>	頰斃暨儂際	介娶暨f際
倣岷宦	2.	00-/6	3. ,41 <sup>□</sup> 3/,0	/. ,62 <sup>□</sup> 1,26
復傒宦	2.	02-/4	3/, . 0 <sup>□</sup> 4,12	/. ,7/ <sup>□</sup> 2. ,0
r-v <sup>0</sup>		. ,0. 3	. ,1. 1	. ,. 61
N		. ,43/	. ,541	. ,712

1 资料与方法  
1.1 悚吗  
樵<sup>2</sup> 咭咭括 0. 0. 頰 1 味+0. 0/ 頰 6 味卻巨她 6. ) 刚荆崑吼嗚勢尉勢椒咪乙<sup>1</sup> 倣岷宦暨兌循勿墀際<sup>L</sup> 復傒宦暨寬μℓ勿墀墀倣唯勿墀吋阵↑ 结果: SDS 恹乙← SAS 恹乙← 墀囊忙靡恹乙← MMSE 恹乙← NIHSS 恹乙← 勿墀均刷美价揖復復傒宦惱倣岷宦<sup>1</sup> 暨P<0.05際↑ 结论: 寬μℓ 勿墀伉号亂刚荆崑吼嗚勢尉婧案π良丁忒姬π哀价揖<sup>1</sup> 吳嗚勢<sup>1</sup> 咕<sup>L</sup> 丁墀囊忙靡她庇揮勢<sup>1</sup> 澤局宙↑

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口偏吵兑罐囊丁璽巡燎↑  
/,0,0 復溪宦

暨/際來斗兢傑亂兑循勿墀暉罐一□凌□哈妒話她k0  
呀暨 提η 微芥剝η 斗丁勑俯墀儿暨 响η 璋C/kgmm ←侯吞 ←  
媧假η 斗 ←刺处燎失墀暨猛提摠η cm(□)罐η 搯暨兢(□)□侑  
墀↑ 一互微鹹mV擔固噉①寔匱鹹mV擔壹慄她η 嚙暨位岫懷  
剷呢拒捨傷× め娘↑ 拘微μe兢岫垠墀暨佛裔□ η 暨慄兌憔  
匪(η)傘 η 暨一互微固鹹mV ←丞奄 ←丞寔她□ 口偏暨做η 丞奄  
採美惱侧暨η A局璽η 出岫懷 ←屑悞燎倂燎价噉暨一击奄  
回卵丁 憐美↑ 佞啗固噉芥勑暨岫勢慰她猛噴佛裔倫β 廿  
客①圍打美燎暨η 做η 勢慰嶄慄美她庇揮咕L ↑ 拘微猛提  
抄呀挽(五)六控 η 勢慰暨猛提佞啗屑悞暨做η ② η 旭惹□  
区叁暨一 击強回瀆帶暨摠η ③ 夠η 墀座↑ 影□囊L 丁裔 ←  
崗□燎↑ 暨0際处墀夏偏暉吳价吩吵兑罐囊暨慶叻夫芥際  
夔啗挽暨摠关倂η 处勢慰暨密 k 鼓η 暨今侧懷乙 剛刺嶄  
吼鳴勢慰 □ 咕婧宗π 崑掙娒 ←奄奄 ←侮怕燎彙璋暨 L ■  
她噓慄η 二 涸中暨嶄嶄η 处墀η 丁侈一暨 劇嗣卻微俠壺暨  
嚙啗剝卷鳴暨暨囊釜丁璋包微处墀↑ 伶嘖暨勿墀 ■ Gy猛提  
倂η 微勢慰暨危厓η 刺剝卷η 斗墀儿暨侑 L 勢慰η 嚙呀暨呀  
二 二匱④佞 ← 乙她分美暨做η 惡摠剝卷④ 夏夏偏暨兢家  
μeη 澤鳴暨暨夔η 咩她 ) 价噉号η 勢慰嚙啗夔η 咩她 )  
【十唾劇④ L 夫芥她噓夔↑ 暨1際擗擊□ 偏暉拘做m³ 丢π  
崑掙娒 ←告悞勢慰暨傑兌局璽劫搗价噉暨η 勢慰庇 η 悅 η  
揮η 馮 ← 味噓η 她噓忙擊墀暨肩璽際靡即噓 ← 乙 啗价噉暉  
岫嶄μe墀任佞η 伶剛刺嶄吼鳴m³ 丢价採她丁璋 L m³ 丢岫岫  
写兑咕η 擗擗擊啗挽暨啗味丁璋KK丞燎璋恥暨咕η 擊棟泉  
♀ 歐懷 η 五丁暨今嘖暨η 毋帆勢慰互η 三 夕夕擊墀暉拘做m³  
丢掙娒惱愿暨η A□ 偏公夕 懇拿④ 媧孛燎孔媧變擊墀↑ 做  
η 二 擊暨唯俏岫暉 ← 欄希燎暨猛提寔寔慮微埠厥侑侑拿η  
价η 勢慰m³ 丢 ↑ 暨2際毋俯勿墀暉佞夫芥η 罐媧岫暨侑芥  
做咪□ 憤动她涸中暨嶄嶄勢慰丁璋博L 掙娒 ← 怕懼掙娒④  
忒姬π 崑写兑燎璋恥暨今嘖暨关哢暨孕做η 悒崑η ④ 怕懼  
η 嚙她η 嚙暨境η A 良她摠η 嗤夫暨美↑ ④ 吹惹□ 毋俯拿坊  
做η 勢慰悞□ π 崑她勑俯咕L ↑ 侑勢慰罐一 □ 凌□ 哈 ← 芥  
剝η 媧媧η 媧η A 侑勿墀η 郭劬暨佞儂她慈L η 惹□ 丁裔  
囊L 帶η 暨00 匪帶華 ← 勾玦燎暨姿她叻摠η 岫岫併劬η 罐  
座↑ 侑勢慰勑俯劬η 璽暨做勢慰崗□ 博L 惹□ 口偏暨号亂  
咪□ 瀆回瀆帶墀儿暨④ 吹勑俯婧宗π 崑↑ 毋俯博L 啗挽暨  
关一互微博L 靡丁呀挽她脛η 暨η 慮靡博L 涸中夫芥她  
勑俯↑ 暨3際η 毋娘忱偷 暉一互微娘忱恣微她扇傍暨η 倂  
做η 勢慰忒姬美她号亂咕L 暨啗④ 毋俯拿坊她扇徙× 璽暨  
(□)□ 嗽 η 勢慰二匱岫良她处分④ L 夫芥她噓夔η 勿墀燎↑  
/,1 復溪口哈

復溪埔庵低乙暨Q Q際 ← 勑憚低乙暨QB Q際 ← 罐囊忙  
靡低乙暨Q+14 靡彙際 ← 忒姬崑η 低乙暨KK Q Q際丁婧宗  
π 崑尔卞低乙暨L G Q Q際↑ QB Q ④ Q Q低乙怒揮暨勑憚 ←  
埔庵失墀怒 | 扇暉Q+14 靡彙η 怒揮暨勑憚罐囊忙靡怒

佞暉L G Q Q低乙怒揮暨勑憚吳婧宗π 崑尔卞怒 | 扇暉K K Q Q  
低乙怒揮暨彙忒姬η 崑尔怒佞η

/,2 寔仵借价噉  
关璽 Q N Q Q / , . 思 • 乙啗仵靡悚吗暨 x η q 際 L 仵同悚  
吗暨暨# 際暨η 魁璽 r 啗標暨nm 魁璽 v° 啗標暨N . . . 3 伶吳  
儻写咕寔仵借刷 L ↑  
2 结果  
0,/ 处墀墀分低乙  
卜 宦旒拒η 处墀墀分低乙 号徨吳吗儻写暨N . . . 3際暉  
旒拒nm 暨 卜 宦侑侑吳嗎儻写暨N . . . 3際暨徨彙 0↑  
彙 0 卜 宦处墀墀分低乙 做唯暨 x η q 暨乙際

乙宦	) 同	QB Q低乙		Q Q低乙	
		旒拒η	旒拒nm	旒拒η	旒拒nm
做岫宦	2.	40,13η 3,/0	23,30η 2,10	42,37η 3,47	22,16η 3,05
復溪宦	2.	41, . 2η 2,71	2, . 01η 3,04	43, . 0η 4,01	2/, 04η 2,46
r		. ,4/ 2	2,7/ 3	. ,100	0,577
N		. ,32/	. , . . .	. ,526	. . . 4

0,0 罐囊忙靡低乙  
卜 宦罐囊忙靡低乙 儻写吳嗎暨N . . . 3際暨徨彙 1↑  
彙 1 卜 宦罐囊忙靡低乙 唯惱暨 x η q 暨乙際

乙宦	) 同	婚σ π	罐墀π	剝劬岫	孤婧η	愧□太
		崑	崑	崑	毋	谷
做岫宦	2.	50,34 η 4,15	5/,04η 3,/5	52,37η 3,4/	51,23η 4,35	5/,02η 3,4/
復溪宦	2.	57,40 η 5,/1	56,01η 4,12	57,2/ η 4,/0	56,/ 2η 3,41	54,37η 4,03
r		2,45/	3,167	1,450	1,207	2. 07
N		. . . .	. . . .	. . . .	. . . /	. . . .

0,1KK Q Q 丁 L G Q Q低乙  
旒拒η 暨 宦 KK Q Q ④ L G Q Q低乙 儻写惱暨N . . . 3際  
卜 宦旒拒nm 儻写吳嗎暨N . . . 3際暨徨彙 2↑

乙宦	) 同	KK Q Q 低乙		L G Q Q低乙	
		旒拒η	旒拒nm	旒拒η	旒拒nm
做岫宦	2.	/0,61η 1,0/	/4,03η 0,25	0. ,/ 1η /,04	/4,03η /, . 1
復溪宦	2.	//,73η 2. 0	0. . . 0η 0,42	0. ,/ 3η /,1/	/1,72η .,73
r		/, . 60	4,4/ 1	. . , 47	/, . 204
N		. ,061	. . . .	. ,723	. . . .

0,2 勿墀均刷奠

