临床医学研究: 2022 年 4 卷 8 期
ISSN: 2705-0939(Print); 2705-0475 (Online)

综合性护理干预在糖尿病足护理中的应用效果研究

汪锦丽
上海市中医药大学附属龙华医院 上海 200032

【摘 要】: 伉┬ 六夬夼┤ 孪傻夼× ┬ 兑徨她夬夼瞽ナ夬夼她冽励└ 芻屘她壩囊撵搫⇐慱ㄴ┼ 剴嫽嫽懿咕妻┆ 偯她デ孳瞽俏▒ 瞽侧☜孪傻夼惋芻夼塺憙兡┐ ㈡瞽孪傻夼惋× ┬ 孪傻夼兢勹失┤ 呱┬ ┤ 扇她┆ 嫊瞽┘ 兢勹失孌伻偁唗瞽伉 50 僖■ 尳┤ 芻夼同扉慆偁瞽傚芻屘壩囊咕妻慆侧她凅中瞽孪傻夼芻屘壯╝ 崶愎彉孪┐ ㈡nm瞽冢惀┓ 崶愎婧宨卞 ♁瞽寄扁丅墇妄岘劉唲嫽夬夼瞽怎夬夼噤夔帶媝悠慆捞瞽㊣展┓ kℓ芻屘她夼剝瞽关壨┓ kℓ她噤夔勓嗯⇑ └ 嗔kℓ呀瞽芻屘伉卻ㄘ噤夔她慮媝┤ 瞽芻屘伶夼♂、 壩恶揖她剝寋軜処墠瞽媔哌她兟揯吤官瞽nA▾ 咕叼她尅一芻屘她処墠恶匍瞽媔哌她㊣└ �***** 噤夔慮媝┤ ⇑ 伉孪傻夼怠俩兢勹失┤ 孪傻夼惋× ┬ ナ┤ ┴ ┆ 瞽傚芻屘她吵兑壩囊咕妻慆┬ ┤ 扇她凅中瞽伉┬ 六勿墠娀媲┤ 勹墇瞽咕叼她勿墠卿否nA▾ ☞ 卄噤夔劻叼瞽佢╝ 嗔咤吐┬ 徥扚傚寬μℓ勿墠兟揯伉孪傻夼惋勿墠关壨叼哖帶彐乙哑⇑

【关键词】: 寬μℓ刜勿墠兟揯暻孪傻夼惋暻勿墠暻关壨

Study on the Effect of Comprehensive Nursing Intervention in Diabetes Foot Nursing

Jinli Wang

Longhua Hospital Shanghai University of Traditional Chinese Medicine Shanghai 200032

Abstract: Among clinical diseases, diabetes is a common disease, and its formation is related to patients' living, eating, exercise habits, etc. nowadays, the prevalence of diabetes foot in the public is increasing year by year. Diabetes foot is the most serious complication of diabetes, and the types of complications are diverse. There are a large number of patients in the 50-year-old population, which has a great impact on the lives of patients, Patients with diabetes have their own nerve damage caused by the rise of blood glucose, and then skin infection and other diseases. The treatment process of this disease is long. Refer to the condition of different patients, and apply different treatment methods. At the same time, in the process of receiving treatment, patients will have negative emotions or psychology due to illness. Active intervention can effectively reduce the psychological burden of patients and actively participate in the treatment process. Among many complications of diabetes, diabetes foot, as one of them, has a serious impact on the daily life of patients. In clinical nursing research, it is found that effective nursing measures can optimize the treatment effect. Based on this, this paper mainly analyzes the application effect of comprehensive nursing intervention in diabetes foot nursing.

Keywords: Comprehensive nursing intervention; Diabetes foot; Nursing; Application

引言

孪傻夼惋芻屘伉噤夔慮媝┤ 瞽数偻冀寀嚯▾ ㊦芻屘孤婧克咾儭侧她恶匍瞽怎夼慆┬ 堡嗣瞽┣ 呖冢勹芻屘嗚╨ ▾ ㊦嗤夫她デ拳㊉伶瞽鹵妠デ㈥偕怫呼ㄛ哑瞽伉孪傻夼■ 尳┤ 咕 /3# 她芻屘♂◇咕孪傻夼惋她夼剝丅墇瞽咕 /.+/2,3# 她芻屘偳否┐ 劬岗噤夔瞽伶嗔扚傚嗔夼剝她勹墇└ 噤夔呱┬ 扇徥⇑伉俩同她孪傻夼芻屘┤ 瞽扚傚孪傻夼惋夼剝┐ 徼她慆傥瞽搦崠芻屘噔咕嫳┆ 呀挽帶彐噤夔兟揯瞽軜芻屘傚勷噤夔瞽崠【夼剝澤┐ ㄷ咕叼她卼ㄱ瞽丅墇剌卄瞽傚芻屘她nm咱噤夔刱侜咕妻慆侧她恶揖凅中⇑咤吐┬ 徥傚伉勃掂卻ㄘ噤夔她懹ㄛ芻屘帶彐乙哑瞽数ナ伉噤夔咱挽她寬μℓ勿墠兟揯叼哖帶彐娀媲瞽圾伉☞ 卄┬ 六芻屘她噤夔叼哖⇑

1 资料与方法

/,/ ┆ 崹悚吗

咤嗂娀媲┬ 徥扃㍉她吤官┬ 匊嬓噱瞽㈥憔匪伉咤掂卻ㄘ噤夔她孪傻夼惋芻屘┤ 瞽数咪匊㍉懹ㄛ芻屘帶彐乙宦傚埡⇑掇咪憔匪孪傻夼惋芻屘 44 〕瞽憔㍉她傚恥兡斃暺7+52⇑掇咪ㄛ励┬ 忾摽宦⇐傚埡宦⇑ 傚埡宦ピ夼媝慆姁她┬ 1 ┤ 咔瞽壳佶〕同暺/4⇐/5⇑ 伉忾摽宦┤ 夼媝呱抄┬ 02┤ 咔瞽呱姁夼媝┬ 2┤ 咔瞽壳佶〕同暺/6⇐/3⇑ ┣ 宦┆ 崹悚吗傚嗺瞽儳写吳寁忏偕劂┗ ⇑

宙夕啥ン暺憔匪儲影┬ 六㈥偕娊怜┬ 孪傻夼惋她芻屘瞽┘ ◇咕┆ 偯她兢勹失瞽芻屘偾伉怕徿噓憟吤揖噔咕◑ ⚁捭娭瞽┘ 咕憮慓劂忱瞽兢崕劌㊣└ ㄷ咤嗂娀媲┤ 瞽芻屘傻僊kℓ劂㊣└ ⇑

卵掃啥ン暺慮凋二咕孤婧夼kA她芻屘瞽┓ 劌㊣└ 咤嗂偳摽芻屘瞽◇咕┤ 扇岓ㄒ峎掙娭她芻屘⇑

/,0 吤噱

傚埡宦帶彐她呖兑循她勿墠喤官瞽勿墠■ Gy傚芻屘帶彐兑循她彉孪嚶挑妒諙瞽数芻屘夼剝关怎噻劂ㄷ她╙ 揹徥傚芻屘▾ ㊦傻僊捗呉瞽兢kΩ姬ナ咕叼寰徼夼剝她嬅处⇑

ISSN: 2705-0939(Print); 2705-0475 (Online)

忾摽宦扃ｸﾞﾗ寬μℓ剃勿墠兟揯謺勿墠■ Gy徥嵑俍她勿墠嚶挑謺咕妻㈱尉▉ 処她勿墠ざ凿謺nA▾ └ 剪尉㊦呀咕叼她甍彐噓慄謺危厖剪尉她偳摠夼剞謺傚剪尉甍彐吃岡謺nA▾ └ 壨吐偉←佤堎←徬搏嫽吤巨謺┳ 剪尉ｽ┴ 慆┳ 囹呰她婗〕謺兎ﾚﾆ剪尉┓ 徼怎夼剞她傚崕慢她㈱偾謺扇徬夼剞她㈱搁媝異謺│扁号亂剪尉傚孨傻夼惋她拡怗忒姬謺傚号夼剞咕妻嗓娩她┓ 徼⇑kℓ呀勿墠■ Gy徥傚剪尉她忒姬搵嘪甍彐忯♠謺kΩ姬剪尉她夼剞ｶﾛ僈㊣伶謺▾ ㊦妠デ她揯捨卿否謺号亂剪尉卯▾ 愿処她噤夔処分謺┣ 徥☞艸傻僊傚夼剞她忒姬謺吸伉剪尉└ 傻僊咍—囹呰她危厖夼剞謺兢咍劌劂成μℓ㈱勿■ Gy甍彐勿墠叡× 謺崭寰剪尉她孺冞剞寋謺兎ﾚﾆ剪尉甍彐咕叼她処墠夏傝謺kΩ姬傻僊嬔㈵她こゃ卿否謺阨㈥剪尉▾ ㊦傻僊她噤夔ざ処⇑ナ嗂徥咕叼她卼ｱ剪尉彊孨嚶挑謺㖞勍log姬孨傻夼惋└ 彊孨嚶挑偵ｺ妠デ謺㈱勿■ Gy扚傚剪尉她彊孨卼ｱ吤揖謺徥媔哌她匸傝剪尉嗓娩壨巡謺┤ 唚她懅埡㈱攉她仆勛咘巡謺【剪尉危厖壨巡她扇徥剃謺阨㈥剪尉壨巡劂忱⇑ 勿墠■ Gy伉傚剪尉甍彐撙搫勿墠兟揯呀謺┳ 徥呖家μℓ┓ kℓ剪尉她慢⊡儵写▾ ㊦┤ ⊡堳分ｱ偯妠关她撙搫吤唤謺【澤剪尉┓ 徼卼ｱ撙搫她× 壨▾ ㊦扇徥剃謺え甍剪尉媔哌她成μℓ勿墠■ Gy謺nA▾ 偯呀偯扉她卼ｱ撙搫她埆扉嗺〕謺ｺ忤剪尉她吹㈤周㊣她埆扉嗺〕婿偯伉／ 0 0謺卼ｱ剪尉她孨└ 峏岛她厹夕扉謺志剪尉僥nA崀她搫壨廛奶恺▾ ㊦傌radｓ寔攉學她搫堜⇑勿墠■ Gy徥傚忾摽宦她剪尉甍彐惋懹勿墠兟揯謺複傒剪尉她惋懹妄岘圍異▾ ㊦搗嵓她ｾﾝ艸謺危厖剪尉她慱ﾚﾚ婧寀└ ×揖彊嬝太夼婺異謺傚ナ甍彐扚傚剃她噤夔謺〕俏壨壯侧敖←奶嵊←安蓯嫽励ｺ响励她┤ 巡嘺嘩謺志剪尉甍彐惋囀謺偯咱偯呀她甍彐噷岢謺啾鹵┓ ℓ剪尉她剪夼愿扇剞儿謺nA▾ 卼ｱ嚶她圍異謺♩剪尉咕┤ 扇她妄岘圣堤呀謺镜nA崀她こ掙圍嚶噷岢謺嚶圍伉16+2/凵謺噷岢 1. k g 謺嗷侨┏ 嗂暻冶剪尉她惋懹丅墇┓ 圣堤nm謺关傚剪尉她圣堤宦宪▾ ㊦摇慲她宦宪甍彐厏丅謺え【剪尉她岊嵾咁揊伉侠懹nm謺丶壨崞嘜嚶甍彐囹嚓囆砻謺壨侚墠慮她宗儺甍彐㈹後謺兢厏户剪尉哎宿惋懹妄岘她只㈧謺┓ nA▾ 侧ｱ她厍厩謺└ 嗔ℓ呀謺勿墠■ Gy┣ 徥厏户剪尉憔匪憵冶她揞窐甍彐媷峡謺嬰嗒悶岢彐悻⇑ 伉忾摽宦勿墠┤ 謺勿墠■ Gy傚妠デ她勿侒叡× 姬忱垱寁忏励プ謺傚剪尉甍彐㊝捍謺【澤剪尉┓ 徼崕慢夼剞謺め俍妠デ她ン供謺▾ 減成μℓ勿墠■ Gy噤夔謺厏揮剪尉噤夔她媔哌剃謺kℓ呀謺掂吤忿嫐 02 偯呀└ 客謺傚剪尉甍彐└ ┣ 她嬉敻徼剂謺吤う剪尉傚夼剞她危厖└ 噤夔惡甍⇑勿墠■ Gy偯咱傚剪尉她惋懹勿墠剞儿└ ▾ 危厖謺忯♠剪尉她彐侜剞儿謺危厖剪尉她夼剞ｾﾝ艸謺悅凉傚剪尉她惋懹勿墠彐┳ 謺え【剪尉她壩囊澤▾ 号ｾﾝ⇑

/,1 復傒匸啥

傚嗺┣ 宦剪尉她崕勁嬝墠崀ｱ▾ ㊦彊孨嚶挑←┳ 六勿墠咕叼塺⇑

暨/暩┳ 六勿墠咕叼暺寀慮勿墠儩× ■ Gy她勿墠兟揯nm謺剪尉她┳ 六失堳咕勍囆掃謺伝夫×揖㈧ｼﾞ圖μℓ愁憰謺兎ﾚﾆ剪尉刱侜嗓兑壩囊謺nA▾ 偯♪┛ 呜叼⇑ 剪尉寀慮勿墠■ Gy她勿墠兟揯nm謺ﾃ┛ 孨傻夼惋她┳ 六失堳佢咤咕勍号亂謺㈧ｼﾞ尅儀媝異惃慮 3.＃謺nA▾ 卼ｱ剪尉她艸峙劉唲謺nA▾ ㄱ偯┳ 咕叼暻吳叼匸她呖謺剪尉伉寀慮勿墠兟└ nm謺剪尉她┳ 六失堳吳勍俍愰謺墱咕◑ ⊡ﾋﾝ艸謺┘ ㈧ｼﾞ尅儀媝異儀┛ 3.＃謺剪尉她艸峙劉唲澤┓ ㄷ卼ｱ⇑

暨0暩┳ 徥慄慮 BQCQ咾傚┣ 宦剪尉她崕勁嬝墠崀ｱ┤ ㎜radｓ仭┤ 揹崣謺ｺ同惄撣謺▸ 彙剪尉她崕勁嬝墠崀ｱ惄冱⇑

暨1暩彊孨嚶挑妒諂謺┳ 徥伉搯nm┣ 儀呀妒諂彊孨▾ ㊦媜峻妒諂彊孨⇑

/,2 寁忏吤噱

▾ 扃壨: ⁰啌摽謺寁忏偕愚● ┳ QNQQ0/,. 堃咤謺▾ N 瞥. ,. 3 彙婗儩写咕寁忏偕劂┗ ⇑

2 结果

0,/ 徨彙 /

表 1 对照组和试验组糖尿病足患者临床护理有效率比对

组别	例数	无效	有效	显效	临床护理有效率 [n(%)]
试验组	33	1	10	22	32(96.97)
对照组	33	7	13	13	26(78.78)
χ^2 值					5.120 7
P 值					0.023 6

0,0 徨彙 0

表 2 对照组和试验组糖尿病足患者自我管理能力比对[($\bar{x}\pm s$),分]

组别	血糖监测	自我护理	饮食控制	健康锻炼
试验组(n=33)	18.66±2.25	18.69±2.38	25.32±1.66	18.02±3.22
对照组(n=33)	14.21±2.22	13.33±1.38	20.33±1.00	14.03±2.33
t 值	8.069 3	11.192 0	14.791 6	5.766 8
P 值	0.000 0	0.000 0	0.000 0	0.000 0

0,1 徨彙 1

表 3 对照组和试验组糖尿病足患者血糖水平比对分析

组别	时间	餐后 2 h 血糖	空腹血糖
试验组	护理前	18.55±3.54	18.55±3.54
(n=33)	护理后	(8.01±0.34)[ab]	(8.01±0.34)[ab]
对照组	护理前	18.69±4.01	18.69±4.01
(n=33)	护理后	(11.22±0.37)[b]	(11.22±0.37)[b]

注:[a] 与对照组数据比较,P<0.05;[b] 与护理前比较,P<0.05。

3 讨论

俏▒ 侧☜壩囊澤ㄷ┓ 凑侧她号亂謺拳揯嫀變怒咾怒偁哇ㄦ謺┓ 嵑她撙揯家响謺傚慢⊡克咾凑侧她恶匍謺伉撙揯┐ 卼ｱ帨丿家响謺恒捨孨傻夼夬夼她冽励謺捨嗒偁嫀兢ｶﾛ失丅墇謺頀傻夼惋慷嫀夬夼儲励┳ 冶▒ 壩囊┤ 慆┳ 兑徨她┐ 岗夬夼謺傚剪尉她壩囊咕妻慆扇她恶揖凅中謺慷嫀夬夼

她㋚夊咪墠呖在崕勢屘婧寀夊ᠷ⿱│扁傝崠忒姬└ 彉嬝夊ᠷ尔彉⿱【澤勢屘她惋懹圣堧←岗嫚伝嗚←冢惀勢屘她太夼▾ ㊦劉姬峎ㄎ她┤ 侮⿱預傻夊惋夬夊夊媝妠傚慆抄⿱伶嗔伉┬ 六噤夔┤ ⿱灼傚怎夊失她噤夔┣ 慆┳ 价採⿱勿墠她採奠孳同慆侧⿱伶嗔咤吐憔ᶠᵍ寬㎌勿墠牀揯她吤窅⿱傚勢屘夬夊丹侜克咾う└⇑寬㎌勿墠牀揯伉┬ 六┐ 呖┆ 嫀慆┳ ダ揖她寬㎌刜勿墠┴ 卿⿱勢屘 │ ｂ掂冗俬⿱う╬ 壯勿墠■ Gy甍彐ダ咮恶恹⿱晏ㄷ勢屘摇└丹侜丁掂⇑ 勿墠■ Gy冗甍彐勿墠她㎓┤ 墆嵛┤ ⿱密└ 勢屘傚勷夬夊她ざ処⿱└ㄎ勢屘危厖妠关她崕墠峎ㄎ⿱菁扁咕叼她瓟ㄱ勢屘她彉預剝儿⿱家㎌勢屘嵑俍她彉預瓟ㄱ⿱A▾ 咕叼她厒(ㄷ)勢屘她噤夔励叼⿱兎ㄷ勢屘击慛丹侜⇑

伉┬ 六夬夊┤ ⿱徥剝厒(ㄷ)勢屘她噤夔(ㄐ) │刜⿱徥憔ᶠᵍ咕叼她勿墠咘┤喤窅⇑ 冗僈▾ 勢屘┳ ┤ 处她咘┤喤窅⿱傚勢屘甍彐妠关她ゃ丹吃岡←処墠吃岡▾ ㊦ゃ丹匸傝嫽⿱兎ㄷ勢屘号亂┓ 嵑处墠⿱吒揮勢屘她攉偊嗇咝⿱侧侧她号亂╗ ㋚夊噱捫冢惋懹夊ᠷ克咾她写mol←惋懹圣堧嫽挪搔⇑ 寬㎌勿墠牀揯喤窅nA▾ 咕叼她寰徼勢屘她囆哌处墠⿱寰徼夊剝她㋚僈⿱勿墠儩× ■ Gy咍劌劂虹radㄢ勢屘她べ忳⿱┳ 勢屘甍彐嶄懋她勿墠咘┤⇑

┬ 六娀媲彙呉⿱預傻夊勢屘┆ 冗俬傲咍傃呋丁墇勲懧←埔庬丆别剭⿱懷乙勢屘nA峎伶┤ 扇埔庬扁丁墇┓ 嵑处墠⇑ 預傻夊惋夊└ 勢屘傻僊她抄咱撙搫咕デ⿱壯⅃ 勢屘勒ナ▁ 僊尔┼ 預傻夊撙搫ざ刻⿱勢屘撙搫┓ ゃ丹⿱傝崠預傻夊惋她偊伉丆攉抄⇑ kℓ呀⿱循滄她⊡岡拿垳咕ㄴ⅃ ⊡扇侈一⿱侈冱僕懹凡瀆墆⿱号亂勢屘ㄒ峎⇑ 嗔侠⿱惋懹勿墠呖預傻夊勢屘㈱夔勿墠┤ 呱扇徥她吤揖┻ ┆ ⇑寬㎌勿墠呖墇▸ ㈱偕勿墠㋚傻┤ 她┆ 嫀墇恥⿱嗺兑循勿墠咍娾偕←咍ダ揖⇑ 伉勿墠慮婺┤ ⿱傚勢屘甍彐凵嗕她处墠牀揯⿱nA▾ 寰徼勒一愿勢屘她埔庬←勲懧嫽恶揖剝寋⿱亡 忤勍咕噤夔她甍彐⇑ 勢屘ゃ丹吃岡nA▾ 志勢屘咍俍伐┓ 徼夬夊⿱一愿勢屘她 ╢ × 壨⿱厒揮勢屘她ㄧ │刜丆勿墠嚶挑⇑ 堅勢屘她惋懹⿱nA捨嗒媷揞←媷窈偠勒 ┤ 匸声呀妄岘峡妄⿱兢一傥劉唲 ⍝ 取暝唦兑惋懹囬嚌nA▾ 捨嗒姈弗她攉抄丆宄嗨⿱一傥兢㋚失她㋚攉⿱捨嗒勢屘┓ 岗甍┆ 嗕伝嗚⇑

伉墇▸ ㈱偕㋚僈┤ ⿱寬㎌勿墠呖懅瀆呀▸ ㋚僈屌咾⿱勿墠牀揯┳ 徥勢屘┳ ┤ 处⿱⅃处⅃劂她┳ 勢屘冗僈勿墠咘┤⿱伉勿墠慮婺┤ 关壨嫄偕←㎌墠她勿墠叡× ⿱傚勢屘甍彐媔哌她处墠牀揯⿱夏傝勢屘伶夊屌冢惀她┓ 嵑处墠勒剝寋⿱忼傚勢屘甍彐ゃ丹吃岡匸傝呀⿱当埶勢屘她噤夔咱咝⿱密└ 勢屘处墠史匷⇑ 伉傚惋懹勿墠牀揯┤ ⿱nA▾ 厒户勢屘伉吵兑×揞窈她慮婺┤ ⿱捨嗒匸声弓婷妄岘⿱悢呀囹嚓惋懹⿱捨嗒惋懹她姈弗攉抄冗嗨⿱鼓㎛勢屘去嗓处分媔哌成㎌⇑ 勿墠■ Gy伉傚×揖侚墠呀⿱徥嬖┆ 呀挽她㋚墇勢屘岗⊡┐ 丁墇她挪搔⿱捨嗒勢侚丁墇┤ 扇劉唲⿱惍♫兢劉唲兢㋚失她丁墇攵塺⿱㋚墇挪搔㊦呀侚墠⿱懇シ勢屘夊剝剌艸⇑ 伉瓟勢屘瓟預她kℓ呀⿱┣ 徥媔哌她鼓㎛勢屘甍彐憬冶她慱ㄴ⿱憬冶她慱ㄴnA▾ 号ᠷ勢屘惋懹婧寀⿱え【惋懹婧寀ᠷ她吖劉⿱一击惋懹瓟回瀆墆⿱懇シ惋懹她宧宪丁墇伝嗚她剝儿⇑勿墠■ Gy徥佡忥勢屘嗓娟她忱ㄵ預傻夊惋她㈱摑伶學⿱娟こ勢屘nA▾ 咕叼㊦呀她㋚墇惋懹她夊剝㋚僈⿱│扁㊦呀傲(ㄐ)噤夔⇑

寬┐ 勍憇⿱陀吐娀媲冗僈┤ ⿱气摽宧她勢屘預傻夊惋伉搯nm┣ 儀呀她瓟預▾ ㊦媜峻瓟預妒藷←崕勃勿墠▾ ㊦撙搫瓟ㄎ←ゃ丹拿垳嫽匸唅└ 傚埡宧勢屘她匸唅妠嗺⿱㎓Hz┤揹崣同鹵傚嗺懿咕┆ 偯她寁忏偕劂┻ ⿱伶嗔咤嗂娀媲彙呉⿱伉┬ 六勿墠┤ ⿱寬㎌刜勿墠牀揯nA▾ 咕叼她☞ㄢ預傻夊惋勢屘她噤夔叼哖⇑

参考文献：

Ⅴ[儮┳ 昂,寬㎌刜勿墠牀揯伉預傻夊惋勿墠┤ 她关壨叼哖ⅤⅠH,墇▸ (ㄐ)偕└ ゃ丹娀媲壳偠咭屭*0. / 6*0&3'8&6+6 7,

Ⅴ0[敖巕塻,寬㎌刜勿墠牀揯伉預傻夊惋勿墠┤ 她关壨叼哖娀媲ⅤⅠH,┬ 六(ㄐ)巡吐塨壳偠咭屭*0. / 6*3&44'8*73) 75,

Ⅴ1[塼サ唾,寬㎌刜勿墠牀揯伉預傻夊惋勿墠┤ 她关壨叼哖ⅤⅠH,㊣惋└ こゃ*0. / 6*05&/ '8*. +7/ ,

Ⅴ2[咳呒嵹,寬㎌刜勿墠牀揯伉預傻夊惋勿墠┤ 她关壨叼哖ⅤⅠH,㊣惋└ こゃ*0. / 6*05&. '8&.) 60,

Ⅴ3[媏┣ ,寬㎌刜勿墠牀揯伉預傻夊惋勿墠┤ 她关壨叼哖ⅤⅠH,傻冀(ㄐ)巡,傲(ㄐ)憔巡*0. / 6&3'8*07. ,

Ⅴ4[哓份匟,寬㎌刜勿墠牀揯伉預傻夊惋勿墠┤ 她关壨叼哖ⅤⅠH,預傻夊吣┘ 壼*0. / 6*0/ &4'8*11+/ 12,