

康复护理对慢性支气管炎急性发作患者的影响

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【摘要】:目的:探讨慢性支气管炎急性发作患者接受康复护理干预的效果。方法:选取2019年1月至2021年12月我院收治的慢性支气管炎急性发作患者117例,采用随机数字表法分为研究组61例,对照组56例,观察并分析两组患者的生活质量、临床护理质量、心理状态、疼痛程度及康复效果。结果:研究组患者在生活质量、临床护理质量、心理状态、疼痛程度及康复效果等方面均显著优于对照组,差异具有统计学意义($P<0.05$)。结论:康复护理干预能有效提高慢性支气管炎急性发作患者的治疗效果,改善患者生活质量,稳定患者心理状态,提高患者康复效果,值得临床推广。

【关键词】:慢性支气管炎;急性发作;康复护理;生活质量

Effect of Rehabilitation Care on Patients with Acute Onset of Chronic Bronchitis

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Abstract: Objective: To explore the effect and value of rehabilitation nursing in the treatment of patients with acute exacerbation of chronic bronchitis. Selection methods: our hospital between January 2019 - December 2021 117 cases of chronic bronchitis acute patients as the research object, using the random number table method, 117 patients divided into research group 61 cases, control group 56 cases, observing and analyzing the quality of life of the two groups, clinical nursing quality, psychological state, degree of pain and rehabilitation effect. Results: In the control group, the scores of working condition, living ability, social ability, hygiene ability, relationship and interest were 10.98 ± 1.45 , 10.47 ± 1.63 , 8.14 ± 1.45 , 8.23 ± 1.36 , 10.78 ± 1.47 , respectively. In the study group, the scores of working condition, living ability, social ability, hygiene ability, relationship and interest were 9.46 ± 1.19 , 8.47 ± 1.45 , 6.18 ± 1.36 , 6.26 ± 1.25 , 8.77 ± 1.46 , respectively, and $P<0.05$ indicated that the differences were statistically significant. In the control group, the nursing evaluation, clinical nursing, safety management and health education were 16.23 ± 1.35 , 44.69 ± 2.58 , 10.98 ± 3.45 and 8.74 ± 2.69 , respectively. The nursing evaluation, clinical nursing, safety management and health education of the study group were 17.89 ± 1.22 , 46.14 ± 2.47 , 14.12 ± 3.78 and 11.12 ± 2.96 , respectively, $P<0.05$ indicated that the differences were statistically significant. The scores of anxieties and depression, lack of vitality and hostile suspicion in the control group were 20.12 ± 2.65 , 19.41 ± 2.16 , 16.98 ± 2.14 , respectively. The scores of anxieties and depression, lack of vitality and hostile suspicion in the study group were 17.88 ± 2.47 , 16.88 ± 2.23 , 15.87 ± 2.36 , respectively. $P<0.05$ indicates statistical significance. The pain degree of the study group was 2.36 ± 0.36 , which was significantly lower than that of the control group (3.89 ± 0.69). The effective rate of the study group was 86.89%, which was significantly higher than that of the control group (66.07%), and $P<0.05$ indicated the difference. Conclusion: Rehabilitation nursing intervention can effectively improve the treatment effectiveness of patients, improve the quality of life of patients, stabilize the psychological state of patients, improve the rehabilitation effect of patients, which is worthy of clinical promotion.

Keywords: Rehabilitation nursing; Chronic bronchitis; Quality of life

慢性支气管炎急性发作患者接受康复护理干预的效果。方法:选取2019年1月至2021年12月我院收治的慢性支气管炎急性发作患者117例,采用随机数字表法分为研究组61例,对照组56例,观察并分析两组患者的生活质量、临床护理质量、心理状态、疼痛程度及康复效果。结果:研究组患者在生活质量、临床护理质量、心理状态、疼痛程度及康复效果等方面均显著优于对照组,差异具有统计学意义($P<0.05$)。结论:康复护理干预能有效提高慢性支气管炎急性发作患者的治疗效果,改善患者生活质量,稳定患者心理状态,提高患者康复效果,值得临床推广。

她ナ 夫芥誓肖岫家督←雄岫→処ニ良_レ ダ←史嚙嫖勑蘇←
史嚙嫖×事嫖⁰¹ 劔刺史嚙嫖垠二咕倫芥寰劔←芥婺悒抄
㊦味_レ 倂剛刺_レ 扇偏竦芥剌一扇嫖堡当↑剛刺一扇听ニ
丞亮←丞茆㊦事刻嫖失堀嫖塹一扇⁰¹ ↑ 屣揮剛刺_レ ×
啗劔刺史嚙嫖垠勢慰她_下 六吋哧_レ 媿倂勢慰惹ニ納关她慈
ニ勿墀耶否↑ 案慮姁_レ 娥娘_レ 埠_レ 誓关璽母俯勿墀二咕急倂
₀₂ 𪛇𪛈 𪛉_レ | nA▼ ㊦呀一互势慰倂怎夫芥她忒忱誓_レ 良俵
伉湊侧婺萸_レ 侈一势慰她璽巡|| | 刺_レ 拏_レ 嗔誓訖娥娘吸
伉乙哑母俯勿墀倂劔刺史嚙嫖垠刚刺_レ × 啗势慰她涸中誓
二₀₃ 𪛋倵俏_レ ↑

1 资料与方法

// ! 嵬悚吗

憊^{ㄅㄟˋ}勛拈 0. / 7 頤 / ㄓ + 0. / 頤 / 0 ㄓ^ㄌ 挽叵冷她 // 5
 〕 劔刺史嘍嫫垠刚刺^{ㄅㄟ}× 勢慰^ㄊ 娥嫫倣恥^ㄗ 勢慰^ㄊ 哢侧
 頤弃^ㄊ 4/ 僂替^ㄌ 哢^ㄌ 0/ 僂替^ㄌ 优^ㄌ 頤^ㄌ 16, 10 0. / 僂替^ㄌ
 局璽掬咪同偉彙^ㄗ 勢慰^ㄊ 娥嫫^ㄌ 4/ 〕 僂倣^ㄌ
 宦 34 〕 ↑

/0 吡嘯

呖慄勿墾匡勢慰懲三佢咤吵兑勿墾𠵿 徒勿墾儻× 吩
啾鹵勢慰她堀儿懲ヨ母吃岡𠵿に勢慰孱嫩竭徭她權囊
十 割𠵿怫后勢慰她処墾堀分𠵿庇擲才噉藥|| 剃↑

/,0,/ 娥娘宦勢尉伉兑循勿墀她佢娘, 扃豐毋俯勿墀
翫栢

暨/際処墾勿墾狹拒

勿墀■ Gy玆倣^ㄟ kə𠵿尉密^ㄌ ナ風徯她■ 吐デ办誓-互
处墀夏偃誓^ㄟ ナ恣微勿墀兌忱誓Ω姬𠵿尉噤夔慮婪⑤𠵿吡誓^ㄟ
志𠵿尉她埔廐剝寒澤^ㄌ 脛^ㄌ 誓震微𠵿尉她別劇处墀↑(ㄏ)勿
■ Gy依哂倣𠵿尉憊^ㄟ 三兇椒忪誓^ㄟ 微ナ芥剝𠵿侵墀^ㄌ 誓兔^ㄌ
𠵿𠵿𠵿^ㄌ 𠵿𠵿^ㄌ 咗价採誓震微ナ埔愜剝寒誓扇𠵿執倫唾ざ誓𠵿(ㄟ)
噤夔|| | 荆𠵿^ㄌ 俠誓密^ㄌ 𠵿尉吳凡^ㄌ 峯她■ 吐デ办⑤处墀
夏偃誓鼓^ㄌ 𠵿尉媼哂⑤—婚♂囊^ㄌ 誓少況婚♂誓^ㄌ 墀■ 罐
。 ^ ↑

暨0際罐囊帶佻她勿墀

勿墀■ Gy关依陌仄嬭慄搢塾匱偷♂嫗嚅叻擔塾熬吵
峯悅 1 唾嚟| 嘅施ㄣ偷♂她圍龔暨匱伉 / 6 | 0. 山際^L 圻
龔暨匱 伉伉 33# | 43# 際塾噴俠塾勿墀■ Gy慶关匱偷♂
舛卫(七)墀塾圍搜嶄塾慄▼ 咕呖呖(ㄟ)勢慰她慄伙嶄塾龔↑

暨1際仆勢尉偁撻嚶

壯^{ㄓㄨㄤˋ} 劔^{ㄌㄧㄢˋ} 荆^{ㄐㄧㄥ} 史^{ㄕㄨ} 嚙^ㄩ 娘^{ㄋㄨ} 垠^ㄣ 勢^{ㄕㄨ} 尉^ㄨ 偶^ㄡ 伉^ㄎ 事^ㄕ 刻^ㄎ 丞^ㄕ 亮^ㄌ 燎^ㄌ 曩^ㄋ 埠^ㄅ 嚙^ㄩ 嶼^ㄩ

鰾^{mV} 愴^ㄘ 放^ㄈ 淋^ㄌ 佻^ㄊ 慮^ㄌ 烹^ㄆ 壇^ㄊ 誓^ㄕ 窮^ㄑ 回^ㄏ 娼^ㄔ 媼^ㄨ 吠^ㄈ 卵^ㄌ 丁^ㄉ 嚙^ㄩ 勑^ㄘ 勿^ㄨ 埤^ㄅ Gy

关^ㄎ 仆^ㄆ 勢^ㄕ 尉^ㄨ 側^ㄘ 扉^ㄈ 撐^ㄔ 嚙^ㄩ 誓^ㄕ 城^ㄘ 窮^ㄑ 回^ㄏ 埤^ㄅ 屨^ㄌ ㄟ 勢^ㄕ 尉^ㄨ 卵^ㄌ 窮^ㄑ

暨2際撻擊勿墀

抗捧擊𠵼揖𦉳勢慰惹ㄟㄌ 扇傍† 咧拋兑咕夙促
她↑ 勿埤■ Gy猛提㊶呀佛后捧擊𠵼喚𦉳兢ㄟ 忡撐擊家响她
嬋偕剃丁μ埤剃贅え【勢慰良倂公夕惋俅她揮塵奶擊埤墊
ke呀良倂俩擊壘| 𠵼 味嚙斗她擊埤↑ 案慮撐擊勿埤𦉳慰
良倂ㄟ忡悅ノ优羣𦉳兢† 端嵬μ埤崐擊𦉳慰她□忙▼ ㊶
シ能𠵼† 良倂澤ㄟ ke嫫婁她侈互↑× † 勿埤■ Gy警猛促
嬌哢倣勢慰𦉳 宰ナ唾悞nA▼ 擊壘她媾ㄎ擊埤墊| 撐擊† 割
𠵼揖惹ㄟ凉兴ㄟ𠵼↑ 勿埤■ Gy猛促pa仆勢慰劫埤← 劫妾↑
塵奶忙她側扉嚙屨劬× 𦉳 ぞ倚良𠵼捻 ♪ 驚𦉳σ 涸中勢慰悞
□她包勸シ能𠵼† 警劬▼ 勿埤■ Gy关嬋偕ㄟ僑勢慰撐擊墊†
ナ俩擊壘| 𠵼 塵奶忙† 馮←埤扉揮丁揮寔罐學她擊埤墊𦉳
嗒擊壘𦉳埤剃她擊埤L 俊ㄟ丩嫌↑

暨3際亡僑勢尉拿圻鯢mVπ良

案兑拿圻𪚗m爰咕ㄥJ 势尉え懲奋回她揺L卵D誓
 佷峩懷←史嚶嬢剏規燎垠失她玆x ↑ 咕吁丞寔他宦暉志勢
 尉囡mv嚶nm嗽もヲ拘侖拏誓搨喲0 qnm叵尅峻爰誓埝nm璽
 卂惜密丞寔夊啞喴准恁卯笈勢佛后𪚗m ←嶄寰嚶事↑ 峻官
 𪚗mv他宦暉兎ㄣ勢尉厶屈フ她□ ♫ 誓ダ悱叹哨誓位優勸叹
 伋岫懷囊al勘区 b 岐岐幫割孃mv嚶呀ゲ乙她cm俠勁秣祿懷囊
 岫懷c匜 ¶ L曉𪚗嚶呀呱侧掭萐伐cm匹叵尅峻懷嚶詢懷ll
 埝c匜 ¶ L誓漬帶惹三拿圻誓僥扉c匜𪚗mv她崙傍! 嵒↑
 尅乍𪚗嚶牠宦暉變◆ kvシ~ she伙評誓璽毆倛mv嚶誓𪚗嚶呀
 尅乍愿挾誓埝nm劓劓𪚗ト嚶□誓mv嚶丁𪚗嚶牠唯) 徨 |
 /8 憲囡隼cc /8 她埝分↑

/.,1 復溪ㄣ哈

唯惱┑ 宦她攏囊忙靡←┑ 六勿墀忙靡←处墀墀分←太
杏嫠龔⑦母俯叨哞↑

1,2 憲忤偕訥嚙

肩璽 QNQ0. 思● 惹三寔忤ㄣ哑↑ 忤扉悚吗▼ 优同
 ✕ 啥N儻璽xα q 際景妮瞽寔寔挽唯愠肩璽 r 啞璽↑ ▼ N 瞽. 3
 T 儻写咕寔忤偕刷L↑

2 结果

0./ 卜 宦勢尉罐囊忙靡怙乙唯悒

倣宦倂嬖剝刼⇐罐囊良𠬞⇐婚|| 良𠬞⇐忒媿(亡)罐良
𠬞⇐ㄟ孳丁卜恧怙ㄆㄆ_Ⅱ_T / . ,76% / ,23⇐/. ,25% / ,41⇐
6/,2% / ,23⇐6,01% / ,14⇐/. ,56% / ,25警戒媿宦她倂嬖剝刼⇐
罐囊良𠬞⇐婚|| 良𠬞⇐忒媿(亡)罐良𠬞⇐ㄟ孳丁卜恧怙ㄆㄆ_Ⅱ_T
_{ⅢT} 7,24% / ,7⇐6,25% / ,23⇐4/,6% / ,14⇐4,04% / ,03⇐
6,55% / ,24警讵... 3彙媿儻攸咭寔仵偕陋_L。

彙 / 卜 宦勢尉罐囊忙靡怏乙唯愜

宦 ^{LA}	倣倣宦 暨I; 34際	城媿宦 暨I; 4/ 際	R	N
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[2] 咧_π 幼_{nV}_π 壳_· 確_敖 嗒_丞 島_仕 岫_μ | 截_づ 嚙_癯 啣_啣

宦 _ㄣ	倣堦宦 暨 _ㄩ 34際	娥嬭宦 暨 _ㄩ 4/際	R	N
埔廔 勳惇	0. / 0 ^ㄨ 0,43	/ 5,66 ^ㄨ 0,25	2,5101	., . . .
尔 _ㄣ 囊 _ㄣ	/ 7,2/ ^ㄨ 0, / 4	/ 4,66 ^ㄨ 0,01	4,0007	., . . .
呂倣	/ 4,76 ^ㄨ 0, / 2	/ 3,65 ^ㄨ 0,14	0,4347	., . . 7.

噤夔劔荆史嚟娘垠刚荆硯× 哂她┐ 六娥娘[J]. 璋▶ 巡堧^L
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