

# 浅谈人性化护理融入手术室护理中的体会

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【摘要】:目的: 分析人性化护理融入手术室护理的临床效果及价值。方法: 选取2021年1月至2022年1月本院手术室接受手术治疗的200例患者, 按照随机数字表法分为对照组100例和实验组100例, 对照组实施常规护理, 实验组实施人性化护理。比较两组患者护理质量得分、患者满意度及术后感染预防效果。结果: 实验组患者护理质量得分、患者满意度及术后感染预防效果均显著优于对照组, 差异具有统计学意义(P<0.05)。结论: 人性化护理融入手术室护理中, 能够有效提高患者护理质量及满意度, 降低术后感染风险, 值得临床推广应用。

【关键词】: 人性化护理; 手术室护理; 临床效果; 常规护理; 有效性

## Discussion on the Experience of Humanized Nursing into Operating Room Nursing

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**Abstract:** Objective: To analyze the clinical effect and value of humanized nursing in the operating room. Methods: 200 cases of patients undergoing surgical treatment in our hospital from January 2021 to January 2022 were selected as the research object. According to the random number table method, the patients were divided into the experimental group 100 cases and the control group 100 cases, in which the control group applied conventional nursing, the experimental group applied humanized nursing. The nursing quality score and nursing satisfaction of patients in experimental group and control group were compared. Results: The nursing quality score of the control group after receiving nursing was lower than that of the experimental group after nursing, and the data comparison was P<0.05, with statistical significance. The total nursing satisfaction of the control group was lower than that of the experimental group, and there was certain statistical significance between the groups(P<0.05). SAS and SDS scores of the experimental group were lower than those of the control group, and there were differences in data comparison(P<0.05). The score of each index in the experimental group was significantly better than that in the control group(P<0.05). The infection prevention effect of the experimental group was better than that of the control group(P<0.05). Conclusion: Humanized nursing is more effective in operating room nursing, which is worth promoting and applying in clinic.

**Keywords:** Humanized nursing; Operating room nursing; Clinical effect; Routine nursing; Effectiveness

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### 1 资料与方法

1.1 研究对象

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