基层医师继续教育宫腔镜技能规范化培训探索

张　静
陕西省人民医院 陕西 西安 710000

【摘　要】：[illegible]

【关键词】：[illegible]

Exploration of Standardized Training of Hysteroscopy Skills for Primary Doctors

Jing Zhang

Shaanxi Provincial People's Hospital Shaanxi Xi'an 710000

Abstract: Hysteroscopy technology is endoscopic technique was applied to the uterine cavity disease diagnosis and treatment technology, through the vagina and cervix opening into the uterine cavity, precise and comprehensive under direct observation of pathological changes of uterine cavity internal structure, morphology and surface vascularity, and can accurately targeted biopsy, clear nature of uterine lesions, surgical treatment of intrauterine lesions. With the development of endoscopic instruments and technology, hysteroscopy technology has been widely recognized for its role in the diagnosis and treatment of gynecological diseases by virtue of its characteristics of minimally invasive, accurate diagnosis and treatment, less pain and quick recovery, and has increasingly become a necessary skill for gynecologists. However, hysteroscopy technology is a kind of micro-traumatic techniques, but if we cannot live without good theoretical basis, the skilled operation skills, still can appear serious complications, literature shows that hysteroscopy surgery complications was 0.28%-2.7%, of which caused by intrauterine adhesions decomposition technique, uterine fibroids electricity cut method and the highest incidence of mediastinum uterus resection. In addition, the rescue measures for some complications of hysteroscopic surgery are limited and the situation is critical, with the possibility of death. Once this happens, it will cause irreversible physical and economic burden to the patients and their families. Effective specification hysteroscopy training can significantly improve the performer's theory of knowledge and operation skills, reduce the occurrence of complications, a study shows did not receive formal training of endoscopic surgery doctor 4 times the incidence of complications for formal training doctors, visible should strengthen the training of performer hysteroscopy technology is very necessary to prevent the happening of the complications.

Keywords: Primary doctors; Continuing education; Hysteroscopy; Planning and training

引言

[illegible]

关┿ 慲兜刨╟ 忝㊦份┤掂她T —沍佢傾(ㄖ)夔(七)攉咘┤⊡孳 尋忿丫 她nF矰磛崔 0./6 頡⊔冗偊崟▒ 磛ゴnm励ㄒ┸ ㄏ╗ 3 咽妤实宵窒吃冏揹娄她偍岷孳她恄墜磛ㄚ 2 咽┳ 捼 3. fm偕Gy墇伢孤严俄墜俲恄偕┿ 磛瓶慲 / 咽伶瓮剁凅中号┳ 尙宾俲恄磛客┐ 偕┿ ■ Gy憚 1. . . ■ 嗂磛毘澤╗ 佢傾(ㄖ)掂(ㄖ)儼她┆ 崠俍忯磛兢 ┃┤ ┿ 媔擘╗ ┆ ╥ 杗摽兢励ㄒ壱忯╗ 份傻实宵窒吃冏揹娄磛墇倣慷歹頡她俲恄杗摽ㄛ↙ 俏┐ ⇑

1 定位准确，重点突出，聘请名师，线上及线下结合授课

揯健妤♪ 侚健爿伐(ㄇ)磛伐佚全捏磛┓ kℓ㊡实佢傾(ㄖ)掂(ㄖ)夔嚶兜㊣儳┓ 斁磛蘘ㄛ惱┳ ㄉ⁼憚她㊡实(ㄖ)掂儲杗冗僈偍⇐峻岯摯勘咦俔頡磛♩壯╝ 骂卻扩慮循羱匸傝磛【澤叡× 舋呀拗⇐兢ㄉ⁼失ㄉ⁼壟塺撣⇑ 扇懷ㄛ(ㄖ)掂侄、 嫻ㄉ⁼僈侮怫磛侄┤ 扇帡尅磛崠【偍岯摯忿供拗咽挺旭⇑ 伉冗偊嗷咽俭恄墜┻ ㄚ磛勃◆ 懿♂傚┓ kℓ(ㄇ)佚懟彐怫娀磛撽┆ 咽忿偯┓ kℓ她吃偕亖扇垳磛区搔懈忯┓ kℓ她俭恄偕Gy⇑ ┃ 0./6 頡崟▒ 磛勃◆ ㄛㄙ ┃偍岯摯佢娘忿供忒忱㊦ノ勿⇜偍岯摯哾呼循羱叡× ↭┓ kℓ夬介偍岯摯勘咦噻劂╚ 揹⇜偍岯摯佯勘咦咽嬝墠⇜偍岯摯勘咦兢ㄉ⁼失忱ㄙ ⇜揯捨㊦侚墠嫽┓ kℓ吃偕ピ傢磛賣爷圁懘憙嘻冗僈⇑ 区垭嗷咽偕Gy她二⊡搵嘪ㄖ偯卮怦ピ傢磛鏡nA崀め ㄇ咕她叹姓磛【嗷♪偕Gy优毘澤厊(ㄈ)⇑ 卮怦吃儼掃╗ 壯勃嫻┳ 六案摽┫ 傌她偍岯摯╥ ┗ ┣ 她 ㄐ ┳ ◑ ▾ ┐ 实ㄙ(ㄖ)儼匍◑ 侠磛勃◆ 慶啾卤┓ kℓ她吃偕ピ傢屿恄份ピ偍岯摯妠デ搆佚她侧不懘彐吃偕磛糟ナ呖▒ 頡她俭恄墜磛度塒壯╝ 瓮剁凅中┓ 崀懘彐客┐ 卮怦磛♩ ㄐ塒ㄆ⁾懈×┳ 勤ㄎ(사)♪㊣—爿＼ 侨伢(ㄖ)掂ユㄴ嘎吃卮仳换她T 0. 00 偍岯摯唅ン屾叡× ダ份儹恣揹娄ＯＯ 健偙μsㄐ媛ソ磛毘澤╗ / ┌ ⊞■ 嗂伉客偕┿ 她俍励寘磛忘勃◆ 健爿懷佢傾(ㄖ)儼伉傻┿ 崀澤ㄇ┣ ピ侧不她匸傝⇑

卮怦ピ傢吩揖磛勃◆ 扚傚┓ kℓ搵嘪她偕Gy忿偯┓ kℓ她ピ傢⇑ 傚╝ 凵偕屘磛勃◆ ┓▌ 扇徬傚╝ 偍岯摯佢娘墠忿姬忱㑇卮磛始—扇徬兎ㄏナ傚╝ 偍岯摯凵偕呀採垳扇垳她嫆婷⇑ 傚╝ 偍岯摯凵偕屘磛伶┳ 偍岯咤恔傢緬儀磛伉扩ㄏ嵴偍⇐偍岯丅瘴⇜㈱♪介珧凅中【澤偍岯摯徬扈啗—扩┸揉磛┘ 偍岯摯┓ 徼∈家响└ 咦屘徬徯MW摯゛デ孳磛兮嗔撻ゴ徥埯削憏关⇜偍岯摯她徬徯暯ナ嗂磛壯╝ 偍岯摯勘咦┆ 崹呖壯咦屘堭崶傑励磛慷傲徥嚐咦屘二咕 妹復ッ惨屮rdß チ吟丫她崀ㄎ磛伉勘咦kℓ呀慶搵徥垮嗇垮嬝憮奠⇜㊂ㄎ▾ こ怦囵砦她徬扈徭勷呱《她勘咦呀挽㊦劊× 德奠磛兢成μℓ勘岗伂均傑励勘咦磛kℓ呀慶搵勵瓟勘咦呀挽㊦ㄛ ㅓ囡奠磛▾ 揯捨勘咦兢ㄉ⁼失她ㄉ⁼壟⇑ 勃◆ ♂慄慮墠忿⇜ヌ俘介 〕㊦喤匡仗兎ㄏ偕Gy—囡傚偍岯摯她劊× 她憟关⇑傚╝ 咕┆ 偯佢娘她磛勃◆ 伉㑇卮佢咤墠忿姬忱她kℓ呀傚偍岯摯她┳ 六墠忿㊦关舋—▾ 氵慢磛惟俏偾偍ピ嫮齋⇜偾偍ピ嫮┓ ヌ俘侈壟こ健噤夔┫ 她关舋磛@惃冢傝┓ 偍德保倌岵岱埬㊊掃磛∈偍、 奄夸加偷壳ㄛ磛保倌呈ノ来峭央介她怜吪磛入佸㊦吳剃壟囊佸剃揗懴ピ摯她关舋㊦偍峻岯摯屾μℓ噤夔膏㘎剃┓ 偈嫽⇑

2 宫腔镜视频展示及实践操作

勃掂偍岯摯勘咦嗷咔宍 0. . +1. . μA磛偍岯摯勘咦偷成咕┗ 挐她冷゛孳寉磛㈣)儼◆ 伉挩呀她劌× ┫ 慱ㄖヌ俘她介 〕掫呀冷゛磛壽┓ 偲恪她吃偕悚吗磛伉伦恄┫ 掃╗ 墠忿吃偕┫ 做ヌ俘佢堎俏偾偍ピ嫮刻罟↞偾偍ピ嫮齋↞偍岯写堜⇜偾偍变冽嫽佢堎偙庇ㄖ偊値⊡怦● ┫ 侠磛夔♂取叹妠关她寀ヌ勘咦徬搏磛俏偍岯摯哾呼㊦囊哾↞偍岯摯口仗嗎ㄛ掃介珧⇜偍岯摯偾偍ピ嫮刻罟-岌奚壳ㄛ⇜偍岯摯偍岯孔惛ㄛ嬝嫽磛忐偕Gy慄慮侧扉她佢堎㊦勘咦徬搏—囡傚偍岯摯┓ kℓ夬介堡垳她危厩▾ ㊦偍岯摯�劊× 勴咦她╗ 徼磛多沍偍岯摯勘咦她ざ处⇑ kℓ呀磛壯╝ 嗷啗优┳ 孤严俄墜卮怦磛勃◆ ┿ ♂区垭┓ kℓ她吃偕扇垳磛ン供妠关她┳ 六介㊤磛慄慮勘咦徬搏晏取㊦墇伢復叁嫽吟宫㎝偕Gy僈娓偍岯摯勘咦勴儳磛慄慮偍岯摯喤匡怉宦仗【舋嬝⊡塌处眚処岯喤匡偍岯磛尋嫩偍岯摯勘咦劊× 喤怦⇑ 偕Gy伉吃儼她匸傝┓ 磛撐ゴ⊔嘀忒忱偍岯摯忿供孷寉磛o匣崀在垭呉励ˇ 孷寉㊦崎偍垮嚦孷寉磛╗ 微㎓懻ㄛ她ㄒ崀磛ナ嗂偕┿ 僋憚㊦惛卻㎓┫ 忿供㊦ナ㊣同忿旭磛瓦nm埯削⊡摽偍岯摯哾呼↞偍岯摯売ㄛ勘噱▾ ㊦ㄍㄎ啥咤勴儳⇑偍岯摯哾呼呀冗μs垮噻孷寉nm ゴ悡偍兴磛複傒偍兴nm听慌サ在復傒┣ 亖偍德㊦慔㊒嬝冗ㄐ⁻磛寰劒nm憍崟偍摺ピㄐ⁻復傒后┫ 偍岯磛瓦nm寰劒憍丅復傒摺嬝磛晏崟憍丅偍摺侠ㄐ⁻デ挶垮噻孷寉⇑ 叡× 慮婺┫ 吃儼ダ婺 / 傚 / ⇜勘勱勘匸傝磛悅こ循羱叡× 磛兢伉才┫ 僋后売ㄛ⇜摯┓ 囊哾⇜口仗嗎【舋嬝勘咦勴儳⇑

3 培训班短期强化授课及长期进修专科培训。

姷咱她揚┫ 沍屾侖怉庶塒崀俜击懣↞咕叼伐阡撣偕Gy她墠忿姬忱㊦叡× 勴崀磛娀媲彙吳磛姷咱沍屾侖怉nA▾ 呜帡阡撣偕Gy偍岯摯旭夕嚦壹鼻↞仗嗎㊦忿供她埯削鼻▾ ㊦勘咦叡× ン娛剃磛傚咕 / +0 頡僩× 宋摽她 ♭ 掂㈱)攉慧彐姷咱沍屾侖怉她她喤匡怉宦nm磛偍岯摯叡× 埯宦鼻nA▾ 毘澤└ 僩× 1+2 頡 ♭ 掂㈱)儼她嚶挠暯塒屚偍岯摯她偹捻关舋⇜埯宦危厩㊦勴崀阡撣▌ 厷姷咱沍屾侖怉她採▾ 偹墠磛糟ナ呖傚╝ 咦┫ 堡嗣剝儿侚墠她勴崀吳噱慄慮姷咱恄侖怉她吳噱ㄍㄎ澤均劂她叼咋磛吐塔娀媲┿ 彙吳磛凵偕屘凩搣宋慮慲奸嗂她扇佾宦┿ 磛勤崀埯宦危厩偍岯摯她叡× ⇑ 勃◆ 伉姷咱侖怉nm┿ ♂懈忯懻ㄛ偕Gy哱勃掂懘彐┳ 咱 1+4 咔她懘そ偕┿ 磛慄慮慆抄呀挽她偕┿ ㊦侖怉┓▌ nA▾ 志偕Gy危厩偍岯摯她佢娘墠忿姬忱㊦仗嗎忿供关舋磛扁┘ 崀俜【┸ ノ励嵑俍她偍岯摯徬徯叼关磛掩削偍岯摯叡× 墡侥磛慄慮┓ kℓ她介㊤㊦┳ 六勀徨舋嫩崋儱揯捨㊦关傚兢ㄉ⁼失她宋摽㊦勴崀⊡孳磛 ナ纱ㄈ咤(사)♪冗僈偍岯摯勴咦俅偯嵑俍她佢娘⇑ 娀媲㊦勃◆ 她偹意┿ 怦呉╗ 磛偍岯摯姷咱恄侖怉她㊦抄咽懘そ┗ 嫻偕┿ 哈崀【偕Gy昆澤偍岯摯嵑俍她偕┿ 咋客磛冤ㄏ佢娘㈱)掂击懣⇜偾ダ伐冗僈偍岯摯┳ 六├ ┤僩× ⇑

4 注重护理配合人才培养

庶塒偍岯摯└ 峻岯摯┓ kℓ磛┳ 徥呖咦屘㈱)埠叡× 磛时

扇瞥偡╋┓▍▍ 呖咦慰┆┤▄ 她揃μA⇑ ㄴ劼㊦勿墠▄ Gy她媔哌成μℓ瞥╋ 崀【劼咦㉤澤╚ ㈎ㅠづ她叼咋瞥俏┐ 微偍峼摯咦ㅈ嬰擧⇐岕憰⇐偍搈ン供㊦処墠勿墠嫽ン供儩× 瞥崀佬こ忬偍峼摯劼咦揺ㄴ冗優暻俺剻偍峼摯仗咻瞥nA▼ 庛ㅈ┳咦慰ン供μℓ憏她T 嗖仗ソ 瞥娧こ偍峼摯劼咦揺ㄴ蕄ヨ暻俺剻坷偍回她嚦慉⇐T夕扉她危戺nA▼ 庛户咦慰劼咦呀挽她勱戺懇シ垎噻寘μℓ凌瞥枥搳偍峼摯劼咦兟㉤失她デ拳暻咦nm復傒嵍慰咦nm揩憰T彍扉⇐傻扉瞥穪処徼嬉㊦惁処咘┤┓▍ nA▼ 【嵍慰罡澤均劂她傲㈅⊡摽瞥扇┘ 崀佬僥吹㉤墇咦nmnA崀她兟㉤失兟㊦呀侚墠瞥枥こ掙嵍慰咦nm揺ㄴ枛侚她呃nm墆嵛⇑ 佢傎㈅掂俏咋剶偍咕叼⇐偮ダ伐冗優偍峼摯劼咦㈆宕揔㈅儽她ㅓ扉慶呖慹慹┓ 佬她⇑伉庛の┗├宩ㅄ┗ 婶勿墠她▒ 侪瞥劸掂偍峼摯她成μℓ勿侒呖宲慮佡他nm她偍峼摯╥ ┗├勿墠仳换瞥施兑俺剻偍峼摯仗咻㊦偍峼摯佯劼咦咟ン供勿墠儩× 瞥慷╋ 呖矜◆ 嗷吵偍峼摯劼咦崀撣叼⇐偮ダ冗優凬┓ nA傥她伶學┻┆⇑ 矜◆ 伉佡他┨┓▍ 扇徬傚㈅儽她偍峼摯姖忱墠忦佡他瞥╋ ♂曬㊦勿墠仳换她成μℓ瞥壯矜婶偍峼摯┗├勿墠▄ Gy♔危勿墠姖忱瞥宲慮佡他她㈅勿▄ Gy仯ㄸ佢傎㈅掂nA▼ 咍一击慉⇐偮ダ伐冗優偍峼摯┳ 六儩× 瞥咍佷伐咘┤佢傎爈☜⇑

5 建立微信群、公众号加强联系及转诊工作，专家定期下基层指导工作

偍峼摯劼咦庹埘击慉⇐凡X瞥♩劼咦宩ㄵ兟┓ ♬瞥崘嗕懿呖┏ 宩劼咦瞥奏俩侚咕劼咦懿呖仭宩劼咦瞥kℓ呀偍峼摯劼咦呖┆┤┓ nA憓她后侚剻叡× 瞥偍峼她傣媔傤⇐佢兴傎呉噱へ墔嫽堡垱【澤偍峼摯劼咦俏咋叡× ┓ 冶nA崀♂密嵍慰克咾┓ nA岉仯她┤ 扇nm咋⇑ 伶嗔瞥┆┤μℓ哽她佢娘㈅儽偍峼摯佡他┓▍▍ 徔危庬俏⊡冗優偍峼摯瞥慶徔伉ナ勱咦偧弩劻俺搷嗯傚唾僱┓ 崀曬㊦她叡× 徔処姖岐呉瞥媞媔ㄛ忴愰忴瞥┓ 崀妞妛僥崀密嵍慰憤劻宮墔凅中⇑ 矜◆ 伉冗俶佡他墜她kℓ呀瞥╋ ♂咠嫐┗ GHz佢傎㈅掂㈅儽她凡ざ燼瞥吤う佢傎㈅掂击慉⇐咕叼愰忴暻kℓ呀慄慮凡ざ燼偯咟㉤憎偍峼摯妠デ姖忱㊦娍媲ㅈ徾ピ傣瞥兎ㄴ佢傎㈅儽庛撣墠忦嚶兆⇑ 傚┘ 扇垱兎勷她㈆♪瞥劸掂慶♂噈┗ 傻嗷log偯咟ㄸ㈅掂蕄ヨ墇怀兎勷匸偈瞥兎ㄴナ徼リ夐採咕失⇑

6 培训过程中需要改进的地方。

4,/ 咠嫐咕叼她展昬⊡孳㊦㉤捀怟◐

偍峼摯佡他庹埘nA▼ ♔后側扉她墠忦姖忱⇐庛撣佡他▄ Gy她叡× 勱崀瞥♩呖瞥敹┤▄ 她佢傎㊦偕╋ 崀ㅓ兟┓ 妠kℓ瞥鞁咕忞后她慏夕瞥偕Gy丁吃儽呉噱ン娧伐ㄲ叱偕╋ ㊦

卮怦叼咋瞥劸◆ 峹忓伉▼ nm她佡他┩ 瞥杓傚姰咟佡他㊦抄咟蕄そnm偦卵扚傚剻她展昬㊦偕╋ 叼咋怟◐ 瞥俏冢夕偍峼摯㈐怫剻勱崀他宦┗ 嚭忾喤侢瞥f wqrcpmqanmga qi gjjqrp g g e _l b rcqrg e k mbcj瞥F WQRR嚓瞥怟♠劏摯㊦徬扈偯♪勱崀㊦劼妹㈐怫勱崀瞥兎ㄴ偕Gy㊦吃儽傚唾僱勍偕㊦勍忞ピ傣罡澤nA復她怟♠瞥匸偈偕Gy伉佢傎她┳ 六儩× 唻卣唾慏剆ル憔匯μℓ憏她旂︺冗優劼咦瞥敹减唾僱崀ㅓ呉噱傑励她嵍慰崀㊦吹┗┓ 宩㈅掂噓慄㈐뜰⇑

咠嫐㉤捀咪ㄹ瞥慄慮墇怀挷㉡怫呼⇐凡ざ傤婁节勵娖怫呼嫽吤㝉瞥志偕Gy傚吃偕ピ傣⇐卮怦冽㝉⇐怦婁峹忓⇐┳ 忞吃儽㊦偳惪ㄴ吃妮儽嫽蕄ヨ㉤捀怟◐ 瞥枥兎ㄴ矜◆ 傚佡他冽㝉㊦ピ傣蕄┆ 嗕号蕄瞥 う吵nm冗優咍咕ㄴ╝ 偕Gy她佡他墜⇑

4,0 佡他喤㝉nA卽全崟好侠㊦循佡♭掂㈅儽

壯╝ 伐佚她捼ㄹ㊦惼葙咾毹剐她凅中瞥㊣—佡他她偕Gy┳ 偍▼ 揞健好ピ佢傎㈅掂她㈅儽┳┳ 瞥侠好偕Gy慆傥瞥佢伐揺偍蕄┆ 嗕—側佡他墜她偷♔ㅓ奐瞥哆—┗ 侠好log慧佢傎㈅夔咪响她μℓ× 瞥咍俩伐懈怟份ピ侠二咕┗├凅中ㅓ她┗ 傻蕄ヨ客┐ ⇐客┐ 卮怦瞥mV冢咍俩她佢傎㈅儽⇑ 㐂侠瞥× ┳ 健ㅐ懹好宩寘μℓ剻┏ 宩声嫽㈅掂瞥劸◆ 揞健好▄ 嘎㈅掂偑、婶╋ 呖♭掂㈅儽循嶤ㅄ佡他她T ☞婔♭佡他伐ソ 瞥慄慮偍峼摯佡他墜她宲摽媔孳瞥劸◆ ╋ 伉衃擘憏μℓ偑、婶♭掂㈅儽循嶤ㅄ佡他┨ 偍峼摯她吃偕喤㝉瞥兎ㄴ循佡♭掂㈅儽庛撣偍峼摯她墠忦㊦┳ 六叡× 勱崀瞥【┻ 循佡家咻nm崀咍佷伐倣偍峼摯勱咦傅豐╝ ┳ 六儩× ⇑

7 结束语

剀┻ 瞥伉偍峼摯儲呮懸关豐她▒ 侪瞥佢傎㈅儽┳ 六㈅墔卻㎉偍峼摯勱咦孳寁⇐循嶤ㅄ她佡他呖—冱佢傎㈅夔㈦墔咘┤⊡孳咠峹⇐偞亂ㄛ宩忴夔⇐囸ㅄ㈅夔号揘她扇徔┸ 卿瞥nA▼ 蕄┆ 嗕庛撣佢傎㈅掂她忴夔嚶兆⇑┓ 叱衃擘⇐☞ㅄ⇐偞亂偍峼摯寈盗吃岡循嶤ㅄ佡他喤㝉崀佬兎ㄴ佢傎㈅儽咍一击慉⇐咕叼危庬T 偍峼摯ソ 慷┆ 扇徔嗖仗瞥兎ㄴ佢傎奸俐咍一う卨伐劼岷旂擁⇑

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