

人性化护理在普外护理中的效果评价

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【摘要】: 目的: 探讨人性化护理在普外护理中的效果。方法: 选取本院 2020 年 218 例普外手术患者, 随机分为对照组和实验组, 各 109 例。对照组采用常规护理方法, 实验组采用人性化护理方法。比较两组患者术后活动、住院时间、饮食时间、睡眠时间、生活质量、遵医行为、护理满意度等方面的差异。结果: 实验组患者在术后活动、住院时间、饮食时间、睡眠时间、生活质量、遵医行为、护理满意度等方面均优于对照组。结论: 人性化护理在普外护理中具有良好的效果, 值得推广应用。

【关键词】: 人性化护理; 普外护理; 效果评价

Effect Evaluation of Humanized Nursing in General Surgery Nursing

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Abstract: The purpose of this study is to study the effect of humanized nursing work on general surgery patients. The main research method is collected in our hospital in the middle period of 2020 218 surgical patients, and these patients into groups at random, control group and experimental group, 109 patients in each group, control group choose ordinary nursing methods, while the experimental group choose the method of humanized nursing, will be human nature to carry out in the whole nursing work. The activity of patients after surgery, length of hospital stays, diet time, sleep time, living standard and quality, the degree of compliance with doctor's orders, nursing satisfaction and other aspects were compared and analyzed. The results showed that the activity, length of hospital stay, diet time and sleep time of all patients in the experimental group were better than those in the control group. Patients in the experimental group also had higher scores of qualities of life after surgery than those in the control group; compared with the control group, the patients in the experimental group follow the doctor's advice better. The satisfaction degree of the patients in the experimental group was higher than that in the control group. According to the above contents, it is concluded that patients need to carry out nursing after general surgery. If humanized nursing work can make the level of overall nursing and the effect is better.

Keywords: General surgery; Patient; Humanized nursing work

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