

How to Improve Students' Intrinsic Motivation

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Abstract: With the internationalization of the society, the status of English is rising. It is more and more important to communicate in English. However, there are still exist some obstacles in the process of learning English. For most students, the poor foundation of English, low interest is a common problem when learning English. Therefore, for teachers, how to stimulate the intrinsic motivation of students has become one of the important issues.

Key words: intrinsic motivation; strategies

1. Introduction

Learning motivation is a kind of internal self-motivation that directly promotes learners to learn, and it is a kind of self-supervision to motivate and guide learners to learn. The inducement may be various, but the most important is depends on the content enthusiastic degree and the subjective initiative of the learners. Learning motivation can be divided into external motivation and internal motivation. Intrinsic motivation is a motivation caused by people's interest in learning activities, which comes from within the learners and the satisfaction of intrinsic motivation can only be satisfied by learning activities^[1]. The external motivation is produced by the external incentives and can only be satisfied through external incentives to complete. In the process of English learning, once learners find themselves in touch with the most essential parts of English and have a yearning for it from the heart, they will greatly stimulate their own thirst for knowledge and can keep learning enthusiasm for a long time. Compared with these two motivations, the effect of intrinsic motivation on learning behavior is long-term and stable, while the effect of extrinsic motivation on learning behavior is more short-term and results-oriented.

2. Strategies to enhance students' intrinsic motivation.

Intrinsic motivation is one of the leading factors that can influence learners' achievement and interest in learning a second language. So, it is important to stimulate and enhance the learners' intrinsic motivation.

2.1 Strengthen communication with students, build a harmonious environment.

It is self-evident that it is important to strengthen the communication with students and build a harmonious and loose classroom teaching environment. Therefore, it is necessary to build a good teaching environment. Try to keep up the enthusiasm of the students. First of all, teachers should have a caring, understanding, tolerant and considerate attitude towards each student, treat each student fairly, and always maintain a peaceful attitude and a stable mood. Teachers should also use their own teaching skills to resolve the embarrassing situation in the classroom. Then, in the spare time, the teacher should communicate with the student actively^[2], not only must give the student the correct instruction in the study, but also must help them to solve the problems exist in their thought and in the life.

2.2 Student-centered and use a interesting way to teach.

Student-centered and use a interesting way to teach can stimulate students' learning motivation. To make students interested in English, first of all, teachers should make classroom lively and let students feel that English classes are lively and interesting, accepting the learning contents without paying much attention to it. Then students learning process will become easy and pleasant. Therefore, in the teaching, the teaching content of each class, all must ponder over and over again, designs meticulously, diligently seeks for the best teaching method which suits this section teaching content. When teaching, the language is succinct, fluent, humorous. Combine the

teaching content, organize dialogue performance in different ways, appropriate interspersed with some small games, education in fun, let students really participate in teaching, become the owner of the classroom.

2.3 Appropriate reward and punishment, maintaining students' internal motivation

Praise and reward can stimulate students' learning motivation more effectively than criticism and responsibility. Therefore, praise rather than criticism should be given to students in teaching. Only by giving priority to praise and put criticism in the second place can help students to develop healthily in body and mind. In the evaluation of students' academic achievements^[3], we should comprehensively use a variety of evaluation methods, so that every student can be successful happiness.

2.4 Task assigned to students should be in proper complexity and has specific aims.

Teachers should assign appropriate tasks to students according to their present second language level. If the task is too difficult, it will impair the students' enthusiasm. And if the task is too easy, students can't get the feeling of challenging. Besides, teachers should let the students understand the aims of a certain task clearly, since clear aims are helpful for students to stimulate and maintain their intrinsic motives.

3. Conclusion

Intrinsic motivation is vital to students because it plays an important role in improving their enthusiasm and initiative for learning. It is hoped that these teaching methods can be applied to the teaching in the future to improve students' intrinsic motivation and enhance their ability to use English in real contexts.

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