

护理干预联合中医定向透药在急性脑梗死患者治疗中的应用效果

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【摘要】: 目的: 方法: 2020 1 2021
6 100
50 结果: Brhtel MMSE
P<0.05 结论:

【关键词】:

Effect of Nursing Intervention Combined with Chinese Medicine Directional Penetration in the Treatment of Patients with Acute Cerebral Infarction

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Abstract: Objective: To explore the application effect of nursing intervention combined with traditional Chinese medicine in the treatment of patients with acute cerebral infarction. Methods: 100 patients with acute cerebral infarction admitted to our hospital from January 2020 to June 2021 were randomly divided into observation group (nursing intervention combined with traditional Chinese medicine directional penetration) and control group (routine nursing and treatment) with 50 patients each. Results: in the observation group, the nursing satisfaction was higher, and the improvement of self-care ability, quality of life and psychological resilience was more obvious. After the intervention, the scores of brhtel index and MMSE scale were higher ($P < 0.05$). Conclusion: the effect of nursing intervention combined with traditional Chinese medicine directional penetration in the treatment of acute cerebral infarction is very significant.

Keywords: Nursing intervention; Directional penetration of traditional Chinese medicine; Acute cerebral infarction

[1-2] 100ml 1 10g 60g

[3] 10 15mm 35 40

1 资料与方法 10 15mm 35 40

1.1 2020 1 2021 6 100 2 30 2

26 24 65.26± 6.13

23 27 65.87± 6.19

P>0.05

1.2

1.3
1 ESCA [4]
2 SF-36 [5]
3 CD-RIS [6]
4 Brhtel
5 MMSE [7]
1.4
SPSS22.0
2 结果
2.1

P<0.05
1 [n %]

	50	28	19	3	94%	47/50
	50	17	22	11	78%	39/50
χ^2						14.084
P						<0.05

2.2

P 0.05
2 $\bar{x} \pm s$

组别	例数	健康知识水平		自我观念		自我责任感		自我护理技能		总评分	
		干预前	干预后								
观察组	50	19.78 ± 4.37	39.38 ± 6.58	17.10 ± 4.12	32.36 ± 6.19	14.54 ± 3.25	30.25 ± 6.02	17.62 ± 3.52	36.29 ± 6.28	69.30 ± 4.58	138.59 ± 8.43
对照组	50	19.84 ± 4.20	32.21 ± 6.20	17.05 ± 3.92	24.15 ± 5.84	14.58 ± 3.20	21.23 ± 5.86	17.55 ± 3.90	29.58 ± 6.02	69.35 ± 4.28	106.58 ± 8.25
t		0.083	6.635	0.074	7.973	0.070	8.983	0.121	6.453	0.067	22.678
P		> 0.05	<0.05	> 0.05	<0.05	> 0.05	<0.05	> 0.05	<0.05	> 0.05	<0.05

2.3

P 0.05
3 $\bar{x} \pm s$

组别	例数	整体功能		社会功能		角色功能		认知功能		总体健康	
		干预前	干预后								
观察组	50	74.52 ± 5.68	91.11 ± 6.35	75.21 ± 4.57	91.66 ± 6.33	72.33 ± 5.16	92.65 ± 6.04	73.26 ± 6.07	91.57 ± 6.33	75.28 ± 5.17	91.58 ± 7.25
对照组	50	74.43 ± 5.10	81.88 ± 5.67	74.96 ± 5.02	81.48 ± 6.58	71.98 ± 4.98	79.26 ± 5.99	74.05 ± 5.78	82.64 ± 6.21	73.48 ± 5.05	83.24 ± 6.95
t		0.142	6.128	0.368	10.245	0.408	13.071	0.812	7.740	0.231	6.948
P		>0.05	<0.05	>0.05	<0.05	>0.05	<0.05	>0.05	<0.05	>0.05	<0.05

2.4

P 0.05
4

		$\bar{x} \pm s$					
		4					
	50	18.76 ± 2.53	45.18 ± 1.38	11.19 ± 1.25	27.85 ± 0.21	7.09 ± 1.12	14.58 ± 1.20
	50	18.75 ± 2.52	34.76 ± 1.64	11.09 ± 1.26	19.56 ± 0.24	7.07 ± 1.13	10.29 ± 1.11
t		0.023	40.674	0.471	217.492	0.105	21.957
P		0.05	<0.05	0.05	<0.05	0.05	<0.05

2.5 Brhtel MMSE

P<0.05
5 $\bar{x} \pm s$

		Brhtel		MMSE	
	50	13.52 ± 4.91	62.33 ± 9.52	19.01 ± 1.02	27.01 ± 1.35
	50	14.06 ± 5.12	50.22 ± 11.06	19.02 ± 1.03	22.58 ± 1.21
t		1.028	16.652	1.022	12.254
P		0.05	<0.05	0.05	<0.05

3 讨论

6

[8-9]

[10-11]

94%

78% P<0.05

P<0.05

Brhtel MMSE

[12-13]

- [14-15]
- [7] , , , .
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