

心理护理在老年慢阻肺护理中的应用效果

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【摘要】: 目的: 方法: 2019 1 2021 1 86
43 结果:
P<0.05 结论:

【关键词】:

Application Effect of Psychological Nursing in Elderly Patients with Chronic Obstructive Pulmonary Disease

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Abstract: Objective: To explore the effect of psychological nursing in elderly COPD nursing. Methods: A total of 86 elderly patients with COPD admitted to our hospital from January 2019 to January 2021 were selected and randomly divided into observation group (psychological nursing) and control group (routine nursing) with 43 patients in each group. Results: The treatment compliance of the observation group was higher, and the quality of life, independent nursing ability, psychological resilience and sleep quality of the observation group were improved more significantly ($P<0.05$). Conclusion: The application effect of psychological nursing in elderly COPD nursing is very significant.

Keywords: Psychological nursing; Senile COPD; Nursing effect

1.2

[1]

1

[2-3]

2

[4]

1 资料与方法

1.1

3

2019 1 2021 1 86

43

23.20 75.26± 6.13 :

25:18 75.87± 6.19

$P>0.05$

1.3

1

2

SF - 36 [5]

3

ESCA

[6]

4

CD- RIS [7] 5 PSQI [8]

1.4

SPSS22.0 " $\bar{x} \pm s$ " [n %]
" t " " χ^2 " P<0.05

2 结果

2.1

P<0.05 1
1 [n %]

	43	28	13	2	95.35% 41/43
	43	17	18	8	81.40% 35/43
χ^2					14.084
P					<0.05

2.2

P 0.05 2
2 $\bar{x} \pm s$

组别	例数	躯体功能		社会功能		角色功能		认知功能		总体健康
		T前	T后	T前	T后	T前	T后	T前	T后	
观察组	43	74.52 ±5.68	90.11 ±6.35	75.21 ±4.57	91.66 ±6.35	72.23 ±5.16	92.65 ±6.04	73.24 ±6.02	90.57 ±6.35	75.28 ±7.25
对照组	43	74.65 ±5.10	81.84 ±7.07	74.96 ±5.02	80.48 ±6.58	71.98 ±4.98	79.36 ±5.99	74.05 ±5.78	82.64 ±6.21	75.48 ±6.95
t		0.142	8.128	0.398	10.245	0.406	13.071	0.812	7.740	0.251
P		>0.05	<0.05	>0.05	<0.05	>0.05	<0.05	>0.05	<0.05	>0.05

2.3

P 0.05 3
3 $\bar{x} \pm s$

组别	例数	健康知识水平		自我概念		自我责任感		自我护理技能		总评分	
		T前	T后	T前	T后	T前	T后	T前	T后	T前	T后
观察组	43	19.78 ±4.37	39.38 ±6.58	17.10 ±4.12	32.26 ±6.19	14.64 ±3.25	30.25 ±6.02	17.67 ±3.52	36.29 ±6.28	69.50 ±4.58	138.59 ±8.45
对照组	43	19.84 ±4.20	32.21 ±6.20	17.05 ±3.92	24.15 ±5.64	14.68 ±3.50	21.23 ±5.16	17.55 ±3.90	29.58 ±6.02	69.55 ±4.28	106.58 ±8.25
t		0.983	6.633	0.074	7.977	0.070	8.983	0.121	6.433	0.067	22.678
P		>0.05	<0.05	>0.05	<0.05	>0.05	<0.05	>0.05	<0.05	>0.05	<0.05

2.4

P 0.05 4
4 $\bar{x} \pm s$

	4	18.76 ±2.53	45.18 ±1.38	11.19 ±1.25	27.85 ±0.21	7.09± 1.12	14.58 ±1.20
	4	18.75 ±2.52	34.76 ±1.64	11.09 ±1.26	19.56 ±0.24	7.07± 1.13	10.29 ±1.11
t		0.023	40.674	0.471	217.49 2	0.105	21.957
P		0.05	<0.05	0.05	<0.05	0.05	<0.05

2.5

P<0.05 5
5 $\bar{x} \pm s$

		h					
	4	5.28± 1.52	1.21± 0.37	4.25± 0.68	0.29± 0.16	8.12± 1.39	3.29± 1.40
	4	5.32± 1.27	3.60± 1.85	4.24± 0.59	1.61± 0.31	8.10± 1.29	6.37± 1.25
t		1.028	16.652	1.022	12.254	2.658	12.055
P		0.05	<0.05	0.05	<0.05	0.05	<0.05

3 讨论

[9-10]

[11-12]

[13]

95.35%

81.40%

P<0.05

P<0.05

[14-15]

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