

持续性人文关怀护理在 ICU 患者护理中的应用

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【摘要】: 目的: ICU 方法: 2020
 1 -2020 12 ICU 78 n=39 n=39
 ICU SAS SDS 结果: Braden
 Morse P 0.05 QOL-BREF P 0.05 结论: ICU
 P 0.05

【关键词】: ICU

Application of Continuous Humanistic Care in ICU Patient Care

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Abstract: Objective: To explore the application effect of continuous humanistic care nursing in the nursing of ICU patients. Methods: This study was carried out in our hospital in a controlled manner. 78 ICU patients received from January 2020 to December 2020 were selected as the subjects. They were divided into control group (n=39) and observation group by random alternation method. Group (n=39), the control group applied ICU bed basic nursing, the observation group applied continuous humanistic care nursing, and the application effect of the two nursing methods on ICU patients was compared. Results: The Braden score in the observation group was higher than that in the control group, and the Morse score was lower than that in the control group ($P < 0.05$). group ($P < 0.05$); the QOL-BREF score of quality of life in the observation group was higher than that in the control group ($P < 0.05$). Conclusion: The application of continuous humanistic care in the nursing of ICU patients can help reduce the occurrence of pressure ulcers and prevent patients from falling after long-term bed rest; at the same time, it has a positive effect on the improvement of patients' psychological state and quality of life.

Keywords: ICU patients; Nursing intervention; Continuous humanistic care; Application effect

ICU 2020 1
 - 2020 12 ICU 78
 ICU n=39 n=39
 ICU 21 19 46-83 65.73
 ± 4.37 11 12
 3 4 9
 20 19 48-80 64.28± 4.23
 13 10 3
 3 10
 ICU P 0.05
 ICU 78 1 ICU 3d 2
 ICU ICU 3
 1 2
 1 对象和方法 3 ICU
 1.1 1.2

ICU

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ICU

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Braden

6

6-23

Morse

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SAS

SDS

SAS

SDS

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OOL-BREF

0-20

1.4

ICU

SPSS20.0

$\bar{x} \pm s$

t

%

2

P 0.05

30min ICU

2 结果

2.1

3 ICU

Braden

Morse

P 0.05

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1

$\bar{x} \pm s$

		Braden	Morse
	39	8.12± 1.23	16.53± 2.18
	39	15.47± 1.46	24.76± 2.49
t	-	24.0437	15.5301
P	-	0.0001	0.0001

2.2

SAS SDS

P 0.05

2

2

$\bar{x} \pm s$

4 ICU

		SAS		SDS	
	39	67.73± 3.34	20.18± 2.23	65.84± 3.69	21.85± 2.47

5

ICU

	39	67.92± 3.11	31.56± 2.64	65.59± 3.87	33.28± 2.16
<i>t</i>	-	0.2600	20.5649	0.2920	21.7541
<i>P</i>	-	0.7956	0.0001	0.7711	0.0001

23

QOL-BREF

P 0.05

3

3

$\bar{x} \pm s$

	39	17.64 ± 1.16	16.34 ± 1.23	18.23 ± 1.07	16.95 ± 1.52	17.98 ± 1.12
	39	10.37 ± 1.34	10.05 ± 1.18	11.14 ± 1.56	10.21 ± 1.28	10.75 ± 1.45
<i>t</i>	-	25.6164	23.0456	23.4060	21.1816	24.6434
<i>P</i>	-	0.0001	0.0001	0.0001	0.0001	0.0001

3 讨论

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ICU

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