

# 心理护理用于慢性乙肝患者中的价值

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【摘要】: 目的: 方法: 2019 1 2021 1 86  
43 结果:  
P<0.05 结论:

【关键词】:

## The Value of Psychological Nursing in Patients with Chronic Hepatitis B

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**Abstract:** Objective: To explore the clinical value of psychological nursing in patients with chronic hepatitis B. Methods: A total of 86 patients with chronic hepatitis B who were admitted to our hospital from January 2019 to January 2021 were selected and randomly divided into an observation group (psychological nursing) and a control group (routine nursing), 43 patients in each. Results: The treatment compliance in the observation group was high, and the quality of life, autonomous nursing ability, and psychological resilience were better improved in the observation group (P<0.05). Conclusion: The clinical value of psychological nursing in patients with chronic hepatitis B is very significant.

**Keywords:** Psychological nursing; Chronic hepatitis B; Clinical value

2

[1]

[2-3]

### 1 资料与方法

1.1

2019 1 2021 1 86  
43

25 18 55.26± 6.13 23

P>0.05

1.2

1

1.3

1 2 SF-36 [4]  
3 ESCA [5] 4

CD-RIS [6]

1.4

SPSS22.0

" t " " x<sup>2</sup>"

P<0.05

"  $\bar{x} \pm s$  " [n % ]

### 2 结果

2.1

P<0.05

1

1 [n % ]

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	43	28	13	2	95.35%	41/43
	43	17	18	8	81.40%	35/43
$\chi^2$						14.084

P					<0.05
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2.2

P 0.05 2

2  $\bar{x} \pm s$

	43	74.52 ± 5.68	90.11 ± 6.35	75.21 ± 4.57	91.66± 6.33	72.33 ± 5.16	92.65 ± 6.04	73.24 ± 6.02	90.57 ± 6.33	75.28 ± 5.17	91.58 ± 7.25
	43	74.65 ± 5.10	81.84 ± 5.67	74.96 ± 5.02	80.48 ± 6.58	71.98 ± 4.98	79.36 ± 5.99	74.05 ± 5.78	82.64 ± 6.21	75.48 ± 5.05	83.24 ± 6.95
t		0.142	8.128	0.308	10.245	0.408	13.071	0.812	7.740	0.231	6.948
P		0.05	<0.05	0.05	<0.05	0.05	<0.05	0.05	<0.05	0.05	<0.05

2.3

P 0.05 3

3  $\bar{x} \pm s$

	43	19.78± 4.37	39.38 ± 6.58	17.10± 4.12	32.26 ± 6.19	14.64 ± 3.25	30.25 ± 6.02	17.62± 3.52	36.29± 6.28	69.30± 4.58	138.59± 8.45
	43	19.84± 4.20	32.21 ± 6.20	17.05± 3.92	24.15 ± 5.84	14.68 ± 3.50	21.23 ± 5.86	17.55± 3.30	29.58± 6.02	69.35± 4.28	106.58± 8.25
t		0.083	6.635	0.074	7.973	0.070	8.983	0.121	6.453	0.067	22.678
P		0.05	<0.05	0.05	<0.05	0.05	<0.05	0.05	<0.05	0.05	<0.05

2.4

### 3 讨论

P 0.05 4

4  $\bar{x} \pm s$

	4 3	18.76 ± 2.53	45.18 ± 1.38	11.19 ± 1.25	27.85± 0.21	7.09± 1.12	14.58 ± 1.20
	4 3	18.75 ± 2.52	34.76 ± 1.64	11.09 ± 1.26	19.56± 0.24	7.07± 1.13	10.29 ± 1.11
t		0.023	40.674	0.471	217.492	0.105	21.957
P		0.05	<0.05	0.05	<0.05	0.05	<0.05

[7-8]

[9-10]

[11]

P<0.05

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