

重症脓毒症并发急性肾损伤患者采用康复护理的效果

刘蕙宁

上海中医药大学附属龙华医院 上海 200032

【摘要】: 目的:

100

50

方法:

50

结果:

P 0.05

P 0.05 结论:

【关键词】:

Effect of Rehabilitation Nursing on Patients with Severe Sepsis Complicated with Acute Renal Injury

Huining Liu

Longhua Hospital Shanghai University of Traditional Chinese Medicine Shanghai 200032

Abstract: Objective: To discuss the application of rehabilitation nursing in patients with severe sepsis complicated with acute kidney injury. Methods: A total of 100 patients with severe sepsis complicated with acute kidney injury treated in our hospital were randomly selected and divided into two groups, including 50 cases of routine nursing (control group) and the other 50 cases of rehabilitation nursing (observation group). Conclusions were drawn by observation and comparison. Results: For the comparison of various data, the nursing method of the observation group was more advantageous, and the difference was statistically significant ($P < 0.05$). After nursing, the clinical efficacy, incidence of complications, urine volume, serum albumin, total protein, procalcitonin levels, sleep quality score, systolic blood pressure and heart rate of the observation group were significantly better than those of the control group, and the differences were statistically significant ($P < 0.05$). Conclusion: The use of this study method for nursing, the effect value is exact, worthy of clinical application.

Keywords: Rehabilitation nursing; Acute renal injury; Severe sepsis

[1-2]

27- 78 51.50± 2.21
50
1
2 3 3
4
1 2
3 4
P>0.05
1.2

1 资料及方法

1.1

2022 1 - 2022 7

100

26- 77

51.34± 2.79

50

ICU

$$\frac{2 \times 3 \times 2 \times 1}{1} = + / \times 100\%$$

1

PSQI

18

30min

1.4

SPSS 24.0

n % t

PSQI

$\bar{x} \pm s$ P<0.05

2

2 结果

2.1

² 2

P<0.05

1

1 [n %]

3

QQ

	n					
	50	21 42.00	25 50.00	4 8.00	46 92.00	
	50	6 12.00	28 56.00	16 32.00	34 68.00	
²	-	-	-	-	18.000	
P	-	-	-	-	0.000	

2.2

²

4

2

P<0.05

5

2

2 [n %]

6

1.3

	n					
	50	1 2.00	0 0.00	1 2.00	1 2.00	3 6.00
	50	6 12.00	6 12.00	3 6.00	2 4.00	17 34.00
²	-	-	-	-	-	24.500
P	-	-	-	-	-	0.000

23

P 0.05

3

[3-5]

3

$\bar{x} \pm s$

[6-8]

	n	mL/h	g/L	g/L	ng/mL
	5	28.53±	61.49±	113.95±	2.90±
	0	4.40	6.69	8.37	0.73
	5	20.52±	46.70±	78.76±	5.88±
	0	3.78	5.20	9.53	1.57
t	-	9.764	12.342	19.618	12.170
P	-	0.000	0.000	0.000	0.000

[9-10]

P 0.05

24

P 0.05

4

4

$\bar{x} \pm s$

	n						
	5	0.79±	0.45±	1.83±	0.94±	0.48±	0.33±
	0	0.43	0.51	0.85	0.42	0.18	0.81
	5	1.55±	1.61±	1.20±	1.36±	1.39±	1.35±
	0	0.57	0.30	1.26	0.53	0.97	0.57
t	-	7.526	13.862	2.931	4.391	6.522	7.282
P	-	0.000	0.000	0.004	0.000	0.000	0.000

25

P 0.05

5

5

$\bar{x} \pm s$

	n	mmHg	/min
	50	119.72± 5.36	75.33± 4.45
	50	128.73± 5.23	87.88± 4.57
t	-	8.507	13.912
P	-	0.000	0.000

3 讨论

参考文献:

[1] . [J]. ,2020,001(021):110-112.

[2] , . [J]. ,2020,036(010):1481-1484.

[3] , , , , , . [J]. (),2020,051(005):708-713.

[4] , , , , , , . [J]. ,2022,034(003):250-254.

[5] , , , , , . miR-107-5p miR-210 [J]. ,2021,042(011):1327-1332.

[6] , , , , , , . [J]. ,2020,029(009):1178-1183.

[7] , , , , , , . [J]. ,2021,031(020):3078-3081.

[8] , , , , , . NGAL PCT [J]. ,2020,020(005):371-376.

[9] . (ICU) [J]. ,2020,002(005):89-90.

[10] . ICU [J]. ,2019,028(005):954-955.