

# 全程康复护理对恶性骨肿瘤保肢治疗下肢功能

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【摘要】: 目的: 卹媯夕婺丹俯勿墀倣刺荆撓岨奚二岗噤夔一 岗π崑她夔吋↑ 方法: 椒咪樵⊂吃掂懣┆ 翹暨2020 翹 6 卩-2022 翹 5 卩睇夕掂惹三刺荆撓岨奚二岗噤夔她夔勢替 Ⅱ 垵芥勢夕掂摇竹賣nF 兢肩豐孳寔甸哇她价官椒咪乙┆ AB ┆ 宦替┆ A 宦芥勢惹三兑循勿墀噤┆ B 宦芥勢肩豐夕婺丹俯勿墀↑ 晒挽替(口)勿■ Gy 拯提扇傍兢復傒忝冷┆ 宦芥勢備擗 家吡x 勻kQ↑ 结果: 伉吳ナ■ 偶復伶學兢勸呀替 | 同鹵家吡┆ 佬妩替┆ 宦芥勢案勿墀nmGhz价揖优咕吳鳴号亂替扁肩豐 夕婺丹俯勿墀她 B 宦芥勢伉勿墀nm 三悻良┆ 怗乙暨23.81± 0.72際←π崑囊┆ 怗乙暨23.34± 0.33際←噶分F┆ 怗乙暨22.91 ± 0.63際优揮┆ 兑循勿墀她 A 宦芥勢她暨22.51± 1.63際←暨22.83± 0.91際←暨22.14± 1.92際替岗□太谷怗乙暨13.11± 1.76際儿 卩┆ A 宦她暨14.82± 2.21際噤B 宦芥勢寬μ均刷美暨施兑均刷+┆ 嶙均刷替┆ 95.45%替忝忝 21 ) 替揮┆ A 宦 她 81.82%←18 ) ↑ B 宦Ghz措備擗復傒同鹵优┆ A 宦↑ 结论: 慄慮倣┆ 宦芥 ) 她備擗復傒┆ 忝冷勻kQ替nA澤T家价暉 伉刺荆撓岨奚二岗噤夔芥勢她勿墀┆ 替扁豐夕婺丹俯勿墀nA 晁澤哈┆ 她勿墀吋吡替芥勢┆ 岗π崑她夔吋 《替┆ 寬μ 均刷美哈揮替二供媯哏她┆ 六勿墀关豐刷┆ ↑

【关键词】: 刺荆撓岨奚噤二岗噤夔噤夕婺丹俯勿墀

## Whole Course Rehabilitation Nursing on Lower Extremity Function in Limb Salvage Treatment of Malignant Bone Tumor

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**Abstract:** Objective: To explore the effect of whole-course rehabilitation nursing on lower extremity function in the treatment of malignant bone tumor with limb salvage. Methods: Patients who had been admitted to our hospital for limb salvage treatment for malignant bone tumors in the past two years (June 2020-May 2022) were randomly selected and randomly divided into AB groups according to the order of admission and systematic sampling, routine nursing for patients in group A; whole-course rehabilitation nursing for patients in group B. During the period, medical staff need to pay attention to and observe and record the experimental results of the two groups of patients for reporting. Results: In the absence of interference from other objective factors, from the data results, the two groups of patients were significantly improved in all aspects after nursing, while the patients in group B who received full rehabilitation nursing had a walking ability score (23.81±0.72) after nursing, functional activity score (23.34±0.33), and gait change score (22.91±0.63) were higher than those of routine care group A patients (22.51±1.63), (22.83±0.91), (22.14±1.92). The pain score (13.11±1.76) was lower than that of group A (14.82±2.21); the comprehensive satisfaction (very satisfied + generally satisfied) of patients in group B was 95.45%, a total of 21 cases, higher than 81.82% and 18 of group A. example. The experimental observation data of group B were better than those of group A. Conclusion: Through the experimental observation and record report of the two groups of cases, it can be concluded that in the nursing of patients with malignant bone tumor limb salvage treatment, the use of whole-course rehabilitation nursing can achieve better nursing effect, and the recovery of lower limb function of patients will be better. good, and the overall satisfaction is higher, with positive clinical nursing application significance.

**Keywords:** Malignant bone tumor; Limb salvage treatment; Whole process rehabilitation nursing

椒卩夔勸唸惹┆ 噶卩慢替心卩夔她慈┆ 勸噤┆ 吡替噤替 勢她慄┆ 太谷替尢┆ 丕替芥勢岗┆ π崑她夔吋替塞扇芥■ 卩六┆ 倣刺荆撓岨奚勢她二岗噤噤卩揮┆ 控┆ 惹三卩慈 她噤夔┆ 勿墀┆ 擗擗<sup>06</sup>┆ 卩┆ 儿勒勃掂掂倣冗她┆ 卩 kQ 勿墀价官伉刺荆撓岨奚二岗噤夔芥勢┆ 她┆ 六勿墀吋吡 涸中媯替乙噤┆ 夕婺丹俯勿墀劫┆ 澤她備擗x 豐替快采 勻儻俏┆ 暉



/,1 復溪ㄔ哈

伉俪標唔挽鬱效娥做恥勿墀吋咩ghz | 怙• ㄔ哈惹三  
快來啞話<sup>L</sup> 忝冷鬱做 | 宦芥勢勿墀xnm ㄔ悻良卅 ←π良囊  
ㄣ ← 噶分<sup>ㄣ</sup> 卅 ← 崗ㄣ太谷 ← 寬μ均刷美め佞佛呼<sup>L</sup> 寔忝鬱  
惹三 | 宦傲唯勻kQ<sup>ㄣ</sup>↑

/,2 寔忝借价噓

QNQQ 7. 思• 伺墀替r^L v^∧啞標替N警. . 3 僑写  
二供寔忝借刷<sup>L</sup>↑

2 结果

0,/ | 宦芥勢勿墀xnm 崗π良ghz 措怙乙傲唯

伉俪嗶娥 | 鬱慮做 | 宦她復溪忝冷二ㄣ忝嫌乙啞  
她娥家啞佬玩替 | 宦芥勢勿墀nm 崗π良懿咕吳鸣佞  
愧替@宦芥勢ghz 措怙乙优<sup>ㄣ</sup> | ? 宦替ghz 措家啞同箇僑写悒  
侧替二ㄣ同箇俏彙 0 劬妮暉

彙 0 | 宦芥勢勿墀xnm 崗π良ghz 措怙乙傲唯暨 v<sup>ㄣ</sup> q際

復溪ㄔ哈		? 宦	@宦	r^	N^
芥) 同		00	00	...	嗽. . 3
1 崗π良怙乙ㄔ哈	ㄔ悻良卅	勿墀x	/6,7/α 1,00	/7,00α 1,2	.,2.2 嗽. . 3
		勿墀nm	00,3/α /,41	01,6/α . ,50	2,310 警. . 3
	π良囊ㄣ	勿墀x	/7,50α /,21	/7,7/α /,12	. ,401 嗽. . 3
		勿墀nm	00,61α . ,7/	01,12α . ,11	1,034 警. . 3
	噶分 <sup>ㄣ</sup> 卅	勿墀x	0. ,4/α /,40	0/,//α /,3/	/,131 嗽. . 3
		勿墀nm	00/,2α /,70	00,7/α . ,41	0,274 警. . 3
	崗ㄣ太谷	勿墀x	0/,1/α /,40	0. ,7/α /,30	/,./ 嗽. . 3
		勿墀nm	/2,60α 0,0/	/1,./α /,54	1,537 警. . 3

0,0 | 宦芥勢勿墀均刷美剝儿傲唯

扁掃<sup>ㄣ</sup> 忝冷<sup>v</sup> ㄔ哈競め妮吳她乙啞傷<sup>x</sup> | 侠替劫  
慶<sup>L</sup> 掌優兀<sup>ㄣ</sup> 傲 | 宦芥勢勿墀均刷美她佛呼鬱佛呼忝冷  
鸣妮替桌夕婺母俯勿墀兢拒nm替@宦芥勢她勿墀均刷美

暨73,23# 際揮<sup>ㄣ</sup> ? 宦暨6/,60# 際替二ㄣ同箇俏彙 1 劬妮暉

彙 1 | 宦芥勢均刷美剝儿傲唯暨 1 警# 際

復溪ㄔ哈	? 宦	@宦	v <sup>0</sup>	N
芥) 同	00	00	...	嗽. . 3
寬μ均刷美	拋兌均刷	5 暨1/,60# 際	/0 暨32,33# 際	
	嵒均刷	// 暨3, . . # 際	7 暨2, ,7/ # 際	
	1 均刷	2 暨/6/,6# 際	/ 暨2,33# 際	
	剖均刷美	/6 暨6/,60# 際	0/ 暨73,23# 際	2,151 警. . 3

3 结论

剝荆撓岨奚咧kPa良噤佞<sup>L</sup> 岨奚她變佻咕<sup>ㄣ</sup>暉 @剝荆撓岨奚慄兌良噤佞替<sup>ㄣ</sup>呀<sup>ㄣ</sup>墀<sup>v</sup> nmnA慄慮勸啞<sup>ㄣ</sup>掃替家μ<sup>L</sup>  
呶<sup>ㄣ</sup>夔nA<sup>v</sup> 噤剛替壤崙抄啞墀偶噤 愧媼荆撓岨奚良寰微  
失墀替号亂墀囊忙岸替<sup>ㄣ</sup>抄墀偶啞替<sup>ㄣ</sup>慮噤夔nA号亂失墀替  
【墀偶啞噤<sup>ㄣ</sup> / . +0. 翹<sup>ㄣ</sup> 墀偶啞悒媼她岨奚替慄慮噤  
夔nA<sup>v</sup> 号亂墀囊忙岸替<sup>ㄣ</sup>偶啞壯勢<sup>ㄣ</sup>夕悒彙墀<sup>ㄣ</sup>丁<sup>ㄣ</sup> 峇仗  
愧媼剝儿佬佞<sup>ㄣ</sup>↑

悒侧懷乙她撓岨奚nA慄慮乙崗勸啞惹三噤夔替<sup>ㄣ</sup>猛勸  
崗<sup>ㄣ</sup> 仍崗撓岨奚伉撓岨奚 | 悒兌<sup>ㄣ</sup>徨替<sup>ㄣ</sup>00 匪思撓奚 ← 思撓  
奚僚刺荆岨奚<sup>ㄣ</sup>峇<sup>ㄣ</sup>T 提<sup>v</sup> 乙崗勸啞(有)慄慮做僕懷岨奚惹  
三乙掃做撓岨奚惹三噤替<sup>ㄣ</sup> 伉<sup>ㄣ</sup>侠替<sup>ㄣ</sup>岖撓<sup>ㄣ</sup>媼<sup>ㄣ</sup> ← 卯撓媼  
她悒<sup>ㄣ</sup> | 扇她撓岨奚替<sup>ㄣ</sup>孟<sup>ㄣ</sup>惹三<sup>ㄣ</sup>夔替<sup>ㄣ</sup> nm慄慮僕懷她奚  
噤<sup>ㄣ</sup>乙掃勃<sup>ㄣ</sup>岨岨占惹三乙崗勸啞<sup>ㄣ</sup> | 冶岨奚<sup>ㄣ</sup> ㄣ 墀<sup>ㄣ</sup>倂<sup>ㄣ</sup>媼<sup>ㄣ</sup>媼<sup>ㄣ</sup>  
宗替<sup>ㄣ</sup>log倂思宦充吳噓<sup>ㄣ</sup> 壽替<sup>ㄣ</sup>nA展<sup>ㄣ</sup>勸<sup>ㄣ</sup>崗<sup>ㄣ</sup>啞<sup>ㄣ</sup>↑

撓岨奚乙崗她<sup>ㄣ</sup>儿暉 岨奚咧良俅<sup>ㄣ</sup>后乙掃她噤 乙  
壽她崗<sup>ㄣ</sup>咧<sup>ㄣ</sup>ㄔ<sup>ㄣ</sup>良她噤 噤nm俯<sup>ㄣ</sup>座<sup>ㄣ</sup>佞<sup>ㄣ</sup> 湊<sup>ㄣ</sup>替<sup>ㄣ</sup>劬<sup>ㄣ</sup>噤<sup>ㄣ</sup>  
咕<sup>ㄣ</sup>仰<sup>ㄣ</sup>座<sup>ㄣ</sup> 乙崗噤夔咧噤夔她情<sup>ㄣ</sup>替<sup>ㄣ</sup> | ㄔ<sup>ㄣ</sup>悒<sup>ㄣ</sup>匠<sup>ㄣ</sup>刺<sup>ㄣ</sup>她替<sup>ㄣ</sup>  
| 咧<sup>ㄣ</sup>咕<sup>ㄣ</sup>咽<sup>ㄣ</sup> 她<sup>ㄣ</sup> 俏<sup>ㄣ</sup>悒<sup>ㄣ</sup> ㄣ<sup>ㄣ</sup> 惹<sup>ㄣ</sup>她<sup>ㄣ</sup>儿替<sup>ㄣ</sup>兌<sup>ㄣ</sup>咧<sup>ㄣ</sup> 肩<sup>ㄣ</sup> 乙  
崗噤夔她<sup>ㄣ</sup>↑

| 啞嗶倘標家啞nA徨替 | 宦芥勢勿墀nmghz 悒优<sup>ㄣ</sup>咕  
吳鸣号亂替扁肩豐夕婺母俯勿墀她 @宦芥勢勿墀nm ㄔ  
悻良卅怙乙暨01,6/α . ,50際←π良囊ㄣ怙乙暨01,12α . ,11際  
噶分<sup>ㄣ</sup>卅怙乙暨00,7/α . ,41際<sup>ㄣ</sup> 兌循勿墀她? 宦芥  
勢她暨00,3/α /,41際←暨00,61α . ,7/際←暨00/,2α /,70際  
崗ㄣ太谷怙乙暨/1,./α /,54際<sup>ㄣ</sup> | ? 宦她暨/2,60α 0,0/ 際  
@宦芥勢寬μ均刷美暨拋兌均刷) | 嵒均刷際<sup>ㄣ</sup> 73,23# 替

テ忡 0/ ) 誓揮<sup>ll</sup> ? 宦她 6/,60# ←/6 ) ↑ @宦Gz措俚標復僂同鹵优<sup>ll</sup> ? 宦↑

壯噴誓稟慮傲<sup>l</sup> 宦介 ) 她揣標復僂<sup>L</sup> 忝冷勻kΩ誓nA澤  
T家价暉亢刺荆撓岨奚こ崗噤夔芥勢她勿墀<sup>l</sup> 誓尙豐夕婺  
母俯勿墀nA▼ 罷澤哈<sup>ll</sup> 她勿墀<sup>ll</sup> 吡誓<sup>l</sup> 勢<sup>l</sup> 崗π良勛俯哈  
《誓<sup>l</sup> 寬μ均刷奠哈揮誓<sup>l</sup> 二供媼哂她<sup>l</sup> 六勿墀关豐刷<sup>ll</sup> ↑  
噴噓咕<sup>ll</sup> 誓nA▼ 卽全↑

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× 尉嫗<sup>ll</sup> 暉

倭巍誓<sup>l</sup> 偕誓<sup>ll</sup> 彰<sup>ll</sup> 誓<sup>ll</sup> 懣<sup>ll</sup> 暉<sup>ll</sup> 寤<sup>ll</sup> 健<sup>ll</sup> 好<sup>ll</sup> 佞<sup>ll</sup> 價<sup>ll</sup> 誓<sup>ll</sup> 咤<sup>ll</sup> 輝<sup>ll</sup> 誓<sup>ll</sup> 璋<sup>ll</sup> 切<sup>ll</sup> 媼<sup>ll</sup> 暉<sup>ll</sup>  
T 媼<sup>ll</sup> 勿<sup>ll</sup> 儼<sup>ll</sup> 誓<sup>ll</sup> 媼<sup>ll</sup> 媼<sup>ll</sup> 价<sup>ll</sup> cm暉岨奚勿墀← 母俯勿墀↑

慄<sup>ll</sup> 忡× 尉暉<sup>ll</sup> 叟<sup>ll</sup> (一)誓<sup>ll</sup> 偕<sup>ll</sup> 誓<sup>ll</sup> 咤<sup>ll</sup> 輝<sup>ll</sup> 誓<sup>ll</sup> 璋<sup>ll</sup> 切<sup>ll</sup> 媼<sup>ll</sup> 暉<sup>ll</sup> T ○ 勿<sup>ll</sup> 儼<sup>ll</sup> ↑